



Humber and North Yorkshire
Health and Care Partnership



NORTH
YORKSHIRE
COUNCIL



CITY OF
YORK
COUNCIL



Humber and
North Yorkshire
Integrated Care Board (ICB)

North Yorkshire and York Care Provider Olympics 2025

SAVE THE DATE

14TH JULY - 24TH AUGUST



2025 welcomes the fourth North Yorkshire and York Care Provider Olympics. The competition will be running from 14th July to 24th August.

So far, 1900 individuals across York and North Yorkshire have competed in the Olympics. Can we make this year's Olympics bigger and better than before?

Whether you're a care home, supported living, extra care or domiciliary service, it's time to add your name to the 2025 competition.

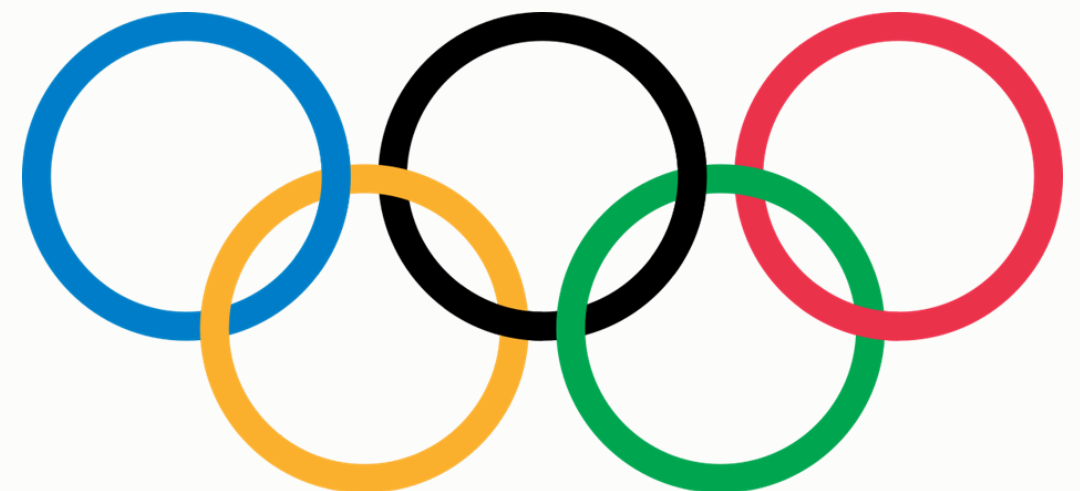
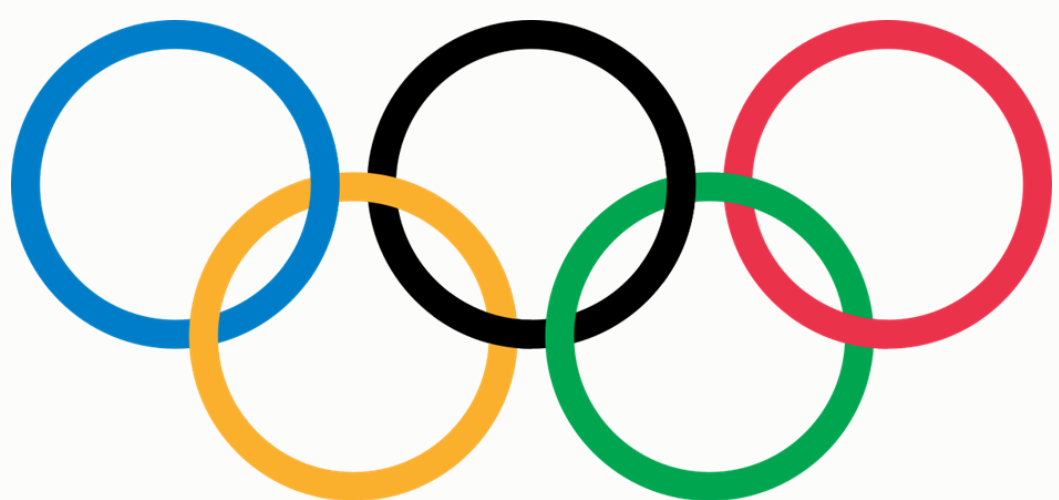
The aim of the Olympics is to:

- Fight deconditioning
- Reduce the risk of major illness
- Improve self-esteem and mental health
- Reduce the risk of dementia
- Improve mobility and reduce the risk of falls

We are encouraging providers to fill their day (or multiple days) with as many different activities as possible, personalised to the needs of those in your care.

More information will be sent out in due course, including a competitors guide, registration form and scoring spreadsheet.

If you would like any information please contact the Team via email hnyicb-voy.yorkplacequalitynursingteam@nhs.net



Registration opens 1st June 2025