



Humber and North Yorkshire
Health and Care Partnership



**Humber and
North Yorkshire**
Integrated Care Board (ICB)

Referral Support Service Gateway & e-RS Booking Help Guide

0300 303 8676

hnyicb.voy.rsservice@nhs.net

[RSS website](#)

e-Referral Service - [Select your login method](#)

e-Referral Service support website - [Referrers - NHS England Digital](#)

Gateway helpdesk – support@accenda.co.uk / 0161 274 9730



Urgent Suspected Cancer

USC Brain - AutoRoute enabled

There is no USC Brain Cancer Service at York & Scarborough Teaching Hospitals. The nearest service providers are Leeds Teaching Hospitals NHS Trust (0113 2432 799) or Hull and East Yorkshire Hospitals NHS Trusts (01482 875 875). Please ensure a USC Brain referral proforma is completed (**Hull only**) and attached to allow onward referral to secondary care

- The required USC referral proforma for Hull can be located here [ERS Referral Forms | Hull University Teaching Hospitals NHS Trust \(hey.nhs.uk\)](#)
- Book into the following clinic on e-RS (USC Brain Neurology- Hull University Teaching Hospitals)
- Guidance on how to refer to Leeds can be located here [Brain Tumours \(leedsth.nhs.uk\)](#)

USC Cancer of Unknown Primary - AutoRoute enabled

- Complete pathway questionnaire
 - Service available at York Hospital only
 - *USC* Malignancy of Unknown Origin (MUO) (York) - York & Scarborough Hospitals – has dates and time available

USC Lower GI

- Complete USC pathway questionnaire
- FIT result is **required** to process the referral, unless selecting one of the following where a FIT is requested. A referral can be made without the result attached
 - Palpable Anorectal Mass or ulceration
 - Abdominal Mass (request FIT but do not delay referral)
 - NEW IDA and >60 (request FIT but do not delay referral)
- Please see Gateway or [RSS website](#) for criteria information
- York Hospital, Harrogate Hospital, Leeds LGI, Scarborough Hospital, Bridlington Hospital – All RAS clinics

USC Lung - AutoRoute enabled

- Complete pathway questionnaire
 - Service available at York or Scarborough Hospital – All RAS clinics



Urgent & Routine first outpatient pathways

Allergy

Allergy

No local service – available services include Castle Hill Hospital (16+ age)

Patients can also be seen at St James, Leeds (Treats all Clinical Immunological and Allergic disorder conditions) – please see Immunology section of this guide

RAS Clinic

Cardiology

There are no requirements for the following clinic types. All can be booked to General Cardiology services: [York Hospital](#), [Malton community Hospital](#), [Scarborough general Hospital](#), [Bridlington hospital](#)- all RAS clinics

Arrhythmia

Hypertension

Ischaemic Heart Disease

Not Otherwise Specified – referrals querying potential POTS diagnosis can be directed to York Hospital

Valve Disorders

Heart Failure - **AutoRoute enabled** [NHS Vale of York Clinical Commissioning Group - Heart Failure](#)

York Hospital only

- Complete Integrated Pathway Questionnaire on Gateway
 - Requires ECG and BNP result attached
 - If BNP over 2000 urgent referral required (can still send as urgent if BNP below if GP concerned)
- No proforma needed for Scarborough registered patients unless patient wishes to be seen in York then attach York proforma as an attachment (If no proforma they can still be sent to general cardiology – Scarborough, Bridlington and Malton)
- [Can be booked direct to RAS clinic without contacting patient](#)

Rapid Access Chest Pain - **AutoRoute enabled**

- Urgent pathway only
- Complete Integrated questionnaire on Gateway
 - Requires ECG to be less than 4 weeks old
 - Patient's aged 30+
 - If <30, please submit an A&G via e-RS for further consideration. If agreement to see patient is obtained, please refer via Gateway as normal and de-select age restrictions on Gateway booking screen
- [York Hospital, Scarborough Hospital, Bridlington Hospital – All RAS clinics](#)
- For Leeds border patients, a Leeds Teaching Hospital proforma is required

Congenital Heart Disease

- No York & Scarborough Trust service (System will bring up general local clinics which do not deal with this issue)



- o Available services include Castle Hill Hospital (Hull) or Leeds General Infirmary (Both RAS clinics)

Cardiology Genetics

- No York & Scarborough Trust service (System will bring up general local clinics)
 - o Available services include LGI (*Inherited Cardiac Conditions* service) (RAS Clinic)

Lipid

- There is no service, see Endocrinology for this pathway

Dietetics Weight Management

Tier 2 - AutoRoute enabled

- Requires attached Tier 2 proforma
- Criteria:
 - o As per the information on the proforma to be eligible for the service, the individual must satisfy ALL the following criteria:
 - o Age \geq 18 years
 - o Diagnosed with Diabetes (any type) AND / OR Hypertension
 - o Latest BMI \geq 30 (or \geq 27.5 if from Black, Asian and ethnic minority backgrounds) BMI must be within last 24 months.

and MUST NOT have any of the following characteristics:

- o Moderate or severe frailty
 - o Currently pregnant
 - o Have an active eating disorder
 - o Bariatric surgery in the last two years
 - o A weight management programme is considered to pose greater risk of harm than benefit for this individual
- To find clinic change post code to ST4 4LX to bring up the following: [NHSE/I WEIGHT MANAGEMENT SERVICE NHS Digital Weight Management Programme - NHS England Version 2](#)
 - [Can be booked direct to clinic without contacting patient.](#)

Tier 3 - AutoRoute enabled

- [VOY service only \(only available to VOY GP practices\)](#)
- Change speciality/ clinic type to GI & Liver/ Upper GI to bring up the weight management clinic.
- The service is available to patients aged 18 years of age and over, who are registered with a Vale of York CCG GP practice, have a BMI of 35 or over, AND who have maximised primary care and community conservative management
- Requires 3 BMI results
- Patients with a BMI \geq 50 will be automatically eligible to access the service.
- See website for more information: [NHS Vale of York Clinical Commissioning Group - Tier 3 Obesity Management Service](#)



- SR patients being referred for Tier 3 is done via the Humber direct not through e-RS.
- Can be booked direct to clinic without contacting patient

Diagnostic Endoscopy

Gastroscopy - **AutoRoute enabled**

- Complete Integrated questionnaire on Gateway
- Routine pathway only – or consider a 2WW Upper GI referral if criteria is met
 - Service available at York or Scarborough Hospital only
- Can be booked direct to clinic without contacting patient

Diagnostic Physiological Measurement

Audiology

- Hearing assessment prior to referral to ENT
 - Exclusions to general audiology clinic: Unilateral Tinnitus, asymmetric hearing loss, sudden onset of hearing loss (for less than 3 months), obvious infection - refer directly to the ENT Service
- York Hospital, Malton Hospital, Selby war Memorial, Whitby Hospital, Scarborough Hospital, Thirsk Health Centre – All RAS clinics
 - There is a specialised York clinic on e-RS for patients with Dementia (autoroute override if standard audiology clinics shortlisted)
 - There is a specialised York tinnitus clinic under this pathway which deals with Long standing bilateral tinnitus only
 - For Scarborough registered patients there is a specialised clinic for Tinnitus at Spring Hill House which deals with *Long Standing Bilateral Tinnitus* only
- Patient requesting batteries for their hearing aids do not require a referral to the hospital :
 - Please contact Audiology directly on 01904 726741 and select option 1 for the postal service. Alternatively, you can email them at yhs-tr.hearingaid.repairs@nhs.net and they will be able to post them out to the patient.

Endocrinology and Metabolic medicine

There are no requirements for the following clinic types.

- General Endocrine services: York Hospital, Scarborough Hospital, Selby War Memorial, Bridlington Hospital - all RAS clinic
 - Adrenal Disorders
 - Gynaecological Endocrinology
 - Not Otherwise Specified
 - Pituitary & Hypothalamic
 - Thyroid/Parathyroid
- Metabolic Disorder Clinic: Service available at York or Scarborough Hospital only
 - Lipid Disorders - [Familial Hypercholesterolaemia](#)
 - Metabolic Bone Disorders



- Scarborough registered patients non chronic pain if they meet criteria for CHCP if not only York Hospital

Respiratory Medicine

There are no requirements for the following clinic types. All can be booked to General Respiratory services: (York Hospital, Malton Community Hospital, Scarborough General Hospital, Bridlington Hospital - all RAS clinics)

Allergy

Asthma

COPD

Cystic Fibrosis

Interstitial Lung Disease

Occupational Lung Disease

Tuberculosis

- Not Otherwise Specified – For Long Covid clinic - requires GP Proforma & Patient Questionnaire as hardcopy attachments (York Hospital only RAS clinic) - **AutoRoute enabled**
- Pulmonary Rehabilitation referrals are sent via the AHP pathway to respiratory physiotherapy along with the Pulmonary Rehabilitation proforma which can be found on the website: [NHS Vale of York Clinical Commissioning Group - Respiratory](#)
- Home oxygen is not referred through gateway please see link on how to refer [NHS Vale of York Clinical Commissioning Group - Home Oxygen](#)

Surgery Not Otherwise Specified

Hernia (York Hospital, Malton Community Hospital, Scarborough General Hospital, Bridlington Hospital, Selby War Memorial- all RAS clinics – no Direct Booking available)

- Hernia repair for cosmetic reasons or for asymptomatic or minimally symptomatic hernias in adults is NOT routinely commissioned
 - VBC Check required
- Repair of suspected femoral hernias, inguinal hernias in women, or any irreducible hernias is commissioned and should be referred urgently due to the increased risk of incarceration/strangulation
 - These hernia referrals DO NOT require a PAT code
 - Required to be processed as urgent

Lumps and bumps: (York Hospital, Malton community Hospital, Scarborough general Hospital, Bridlington hospital- All RAS clinics)

- Large Lipomas requires PAT code / IFR if does not meet criteria for PAT
- Sebaceous Cysts requires PAT code/ IFR if does not meet criteria for PAT
- Consultation any hospital, surgery would be at York Scarborough or Bridlington Hospital

Endocrine Surgery

- There is no local service – please see Endocrinology section of this guide



Urology

Malton is the one stop clinic for the York/Scarborough area. Initial appointment will be here. Patient will be there for a couple of hours, have any tests done at the time and get results. Follow up appointments may be done at York or Scarborough Hospital. (All RAS clinics)

Circumcision

- Requires a PAT otherwise, funding will **ONLY** be considered where criteria are met.
- Humber and North Yorkshire ICB does **NOT** routinely commission male circumcision for cultural or religious reasons; the procedure will only be considered where medically necessary.
- Humber and North Yorkshire ICB routinely commission circumcision IF there is evidence of one of the following clinical indications:
 - Lichen sclerosus (chronic inflammation leading to a rigid fibrous foreskin) in males aged 9 years and over
 - Potentially malignant lesions of the prepuce or those causing diagnostic uncertainty
 - Congenital abnormalities with functional impairment
 - Distal scarring of the preputial orifice (a short course of topical corticosteroids might help with mild scarring)
 - Painful erections secondary to a tight foreskin
 - Recurrent bouts of infection (balanitis/balanoposthitis)
 - Redundant prepuce, phimosis (inability to retract the foreskin due to a narrow prepuce ring) sufficient to cause ballooning of the foreskin on micturition; and paraphimosis (inability to pull forward a retracted foreskin)
 - Traumatic injury eg zipper damage
 - Congenital urological abnormalities when skin is required for grafting

(In) Continence

- Female Urinary Problems (Malton) Triage Service -
 - All females with continence issues and associated lower urinary symptoms
- Male Lower Urinary Symptoms (Malton) Triage Service
 - Men > 40 years with lower urinary tract symptoms
 - If <40 years book to general urology clinic
- Can offer The James cook hospital as a choice:
 - Functional urology is female clinic
 - General urology is male clinic

Erectile Dysfunction/Andrology

- One stop ED service; Erectile dysfunction all causes: primary ED, diabetic, pelvic surgery Peyronies disease Premature Ejaculation Low testosterone/ primary hypogonadism (if low FSH and LH and secondary hypogonadism then refer to endocrinology)



Haematuria (not 2WW)

- VISIBLE HAEMATURIA - Referral Criteria: Painless; after one episode WHATEVER age Painful; Over 40 years old male and female
- NON-VISIBLE HAEMATURIA - NB risk of cancer <3% Referral Criteria: Refer all Remember non-visible haematuria is normal with a UTI, therefore only refer if it fulfils the criteria for UTI
- If clinic doesn't appear due to patients age please book to general urology clinic.

Male Infertility

- Normally processed through via Partners GP
- If the issue is the male change to Gynaecology/infertility and send to Seacroft hospital

Not Otherwise Specified (NOS)

- Chronic Scrotal Pain
- UTI
- Circumcision Requires a PAT
- Exclusions to clinic:
 - Cases of suspected cancer should be referred under the 2 week rule. General paediatric urology - please refer to Paediatric Urology Service Erectile Dysfunction - Refer to the Andrology Service Visible & non visible Haematuria - Refer to the Haematuria Service Raised PSA - Refer to the PSA Service Lower Urinary tract infections - Refer to the Male LUTS Service Females with continence issues- Refer to the Female Urinary Service

Prostate

- Process to the NOS clinic type this will bring up two options depending on age book to either:
 - Male Lower Urinary Symptoms
 - General urology clinic

Urinary Calculus

- Stone - Urology (Malton) Triage Service
 - Known recurrent stone disease previously discharged. Loin pain ? typical of ureteric colic. +/- non-visible haematuria +/- visible haematuria Persistent UTIs with stones on plain film.
 - Exclusions - New loin pain >55 yrs (exclude AAA first) Loin pain not typical of ureteric colic.

Vasectomy

- Any hospital if had previous surgery & needs to be General Anaesthetic / needs PAT but no proforma
- **Marie stopes Leeds** - e-RS with proforma.
 - Provider of vasectomy services in Leeds and Wakefield for Vale of York CCG patients.
 - [Patient information leaflet for Marie Stopes service](#)



- Marie Stopes do not have a BMI limit but they do have weight limits for their couches. In Leeds the limit is 25 stone and in Wakefield the limit is 20 stone. The decision to undertake any operation is that of the surgeon on the day.
- *Haxby Group Practice*
 - Provide vasectomy services under LA for Vale of York CCG patients.
To refer: please send the signed proforma directly to Haxby Group Practice. They will be contacted directly by the practice with an appointment.
- Humber and North Yorkshire ICB do commission vasectomies under General Anaesthetic in secondary care **only** in the following circumstances:
 - Previous documented adverse reaction to LA
 - Scarring or deformity from previous scrotal surgery or trauma that makes vasectomy under LA difficult to achieve
 - History of coagulation disorder, inguinal scrotal hernia or cryptorchidism
 - Large varicocele or hydrocele
 - Where patients have previously had vasectomy on the NHS, have subsequently had a reversal of vasectomy (privately or on the NHS) and again wish to undergo vasectomy
 - Please clearly detail which of these your patient has in order for them to have a secondary care procedure.
 - Fear of the procedure, or patient choice are not adequate reasons for requesting vasectomy under GA, unless supporting mitigating factors are submitted to the IFR panel by the requesting clinician.

Haematospermia

- Book to general Urology clinic (NOS)