

# What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues across North Yorkshire and York. <u>Please click here to bookmark these pages</u>



Do you want to share something in the Partners in Care bulletin? Then, we want to hear from you!

Has something exciting happened you'd like to share? Or perhaps an event you'd like to spread the word about. Achievements, activities or news you'd like others to know about.

Please get in touch hnyicb-voy.yorkplacequalitynursingteam@nhs.net

# Updates from Humber and North Yorkshire Integrated Care Board



# **Employee Assistance Programme**

Humber and North Yorkshire Health and Care Partnership has negotiated an employee assistance programme on behalf of health and social care organisations in our region.

#### The offer

Employees can call the confidential care line which is available 24 hours a day, 7 days a week, 365 days a year and is accessed by calling a freephone number to discuss issues they would like support with, for example;

- Managing pressure
- Bullying and harassment
- Performance at work
- Marital, family and relationship difficulties
- Stress, anxiety and depression
- Alcohol/substance misuse and addictive behaviour
- Bereavement
- Work/life balance issues

A referral for up to a maximum of x 6 counselling sessions can be provided at no extra cost. If after 6 sessions further counselling is required, alternative support will be signposted.

In addition to emotional support, employees can receive practical support in a number of specialist areas, such as;

- Debt management advice
- Legal and tax advice
- · Child, elder and disability care issues
- Everyday matters (Family and general information and support services)

#### See the attached flyer for more information.



Your next Care Connected meeting is on **Wednesday 11<sup>th</sup> December at 1030am – 1130am.** If you would like to be adding to the mailing list to attend the meeting, please email. <u>hnyicb-voy.yorkplacequalitynursingteam@nhs.net</u>





# LIVING WELL NEWSLETTER

North Yorkshire and York

Humber and North Yorkshire Living Well Newsletters can be found online <u>here</u> along with more information about Learning Disabilities and SEND.

**Updates from Skills for Care** 



# **Recruit to retain**

Are you struggling with staff retention? Do you want to attract and keep top talent? Our 'Recruit to retain' programme offers practical, values-based strategies to strengthen recruitment, support staff development, and reduce turnover. This three-day programme, beginning in February 2025, will help you build a valuesdriven, supportive workplace that enhances staff wellbeing, reduces turnover and associated costs and attracts high-quality candidates. It's designed to support you to meet Care Quality Commission (CQC) standards, deliver high quality care and build a strong, loyal workforce.

Book your place on the 'Recruit to retain ' programme

Ten public health tips for social care workers elearning module

A new, free learning module tailored specifically for people who work in adult social care has an underlying theme of prevention and is designed to build on the knowledge you already have. It offers practical guidance on how your practice relates to public health approaches and how to further integrate these approaches into your day-to-day work with people who have a learning disability and/or autisic people.

Key topics include preventing illness, promoting wellbeing and mental health, and supporting healthy aging. Completing the module will enhance the quality of care for those you support and deepen your understanding of public health.

#### Find out more

# **Updates from Care Quality Commission**



The independent regulator of health and social care in England

# Bed rails safety alert

Profiling, adjustable or medical beds (beds) are used extensively in hospitals, care homes and people's own homes. It is essential that these beds and associated equipment are used correctly and safely to minimize the risk of injury or death to bed occupants.

The Medicines and Healthcare products Regulatory Agency (MHRA) continue to receive reports of adverse incidents involving beds and equipment, the most serious leading to injury and death. The following guidance, published by the MHRA sets out good practice, aimed at anyone with responsibility for the provision, prescription, use, maintenance, and fitting of beds and associated equipment. This includes the importance of appropriate staff training, correctly following manufacturers' instructions and adequate service and maintenance of beds and equipment.

- MHRA NPSA (relating to beds and equipment)
- MHRA bedrails guidance
- MHRA medical device guidance
- MHRA medical device checklist

It may not be immediately obvious to consider a bed as a medical device and it is worth noting although <u>the medical device guidance</u> doesn't list profiling/adjustable beds as a medical device, <u>the accompanying checklist does</u>.

#### Read the MHRA bedrails guidance

Throughout November and December, we're shining our spotlight on building digital confidence in adult social care. We want to simplify digital technology for the sector, showcasing its benefits for both professionals and those drawing on care and support.

<u>Visit our #BuildingDigitalConfidence web page</u> where you'll find learning and development opportunities that build digital skills and confidence and resources which showcase how digital solutions can improve the quality of social care. We'll be sharing blogs and articles including real-life case studies, as well as signposting to further resources and other support.

Next week tickets will go on sale for the Managers Conference 2025. The popular annual event will take place on Monday 10 – Tuesday 11 March 2025 at Wyboston Lakes Resort, Bedfordshire. Join us to share, learn and network with other care and support managers. There will be a packed programme of plenaries, panels and workshops to bring you right up to date with everything from developments in AI,

CQC updates, the new political environment, Workforce Strategy and digital leadership in social care. More information on early bird tickets and booking details will be available next week but get the date in your diary now!

# Updates from The Queen's Nursing Institute



The next Care Home Nurse Network meeting is **Thursday 12th December 2024** 2:00 -3:30pm, the speaker is Caroline Crump, Clinical Nurse Specialist Continence Urology and Colorectal Service (CUCS) will be speaking about 'Best Practice in Catheter Care'. <u>You can register for this event here.</u>

# **Updates from Infection Prevention Control**



#### Updated

Viral gastroenteritis outbreak management Pack for Care Homes <u>www.infectionpreventioncontrol.co.uk/resources/viral-gastroenteritis-outbreak-</u> management-pack-for-care-homes/

This Pack is available electronically free of charge to Care Homes within North Yorkshire and York – to receive a copy, please e-mail <u>infectionprevention.control@nhs.net</u> requesting a copy of the NYY Outbreak management Pack for Care Homes.

#### New

Viral gastroenteritis in a supported living or sheltered housing complex: Outbreak management Pack for Domiciliary Care

www.infectionpreventioncontrol.co.uk/resources/viral-gastroenteritis-outbreakmanagement-pack-for-domiciliary-care/

This Pack is available electronically free of charge to Domiciliary Care providers within North Yorkshire and York – to receive a copy, please e-mail <u>infectionprevention.control@nhs.net</u> requesting a copy of the NYY Outbreak management Pack for Domiciliary Care.

#### New

Supporting safer visiting in care homes during outbreaks of infection www.infectionpreventioncontrol.co.uk/news/supporting-safer-visiting-in-care-homesduring-outbreaks-of-infection-leaflet/ Available free to download directly from the website.

The latest Bulletin from the Community Infection Prevention and Control Team focuses on: **'Preparing for the winter season'**.

We would be grateful if you would share this information with colleagues as appropriate.

Please follow the link below to view the Bulletin:

https://www.infectionpreventioncontrol.co.uk/news/ipc-bulletin-for-gp-practice-staff/

https://www.infectionpreventioncontrol.co.uk/news/ipc-bulletin-for-care-homes/

https://www.infectionpreventioncontrol.co.uk/news/ipc-bulletin-for-domiciliary-care/

# Other updates and important information

# PATH

# Professional Accredited Training for Healthcare Professionals

Brand new from Essity **PATH** is a gold standard education platform with a diverse selection of therapy areas and learning styles, to help you provide the best possible patient care.

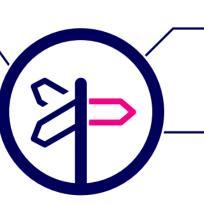
# You choose the educational journey that suits you

#### Therapy Areas -

#### Select from the following:

- Continence Care
- Lower Limb Management
- Lymphoedema Care\*
- Wound Management
- Orthopaedics\*
- Sprains and Strains\*
- Animal Healthcare

\*Coming soon



#### Topics

#### Then choose...

...from the available topics within each therapy area and the different learning styles

#### **Learning Styles**

- e-Learning
- Webcast
- Bitesize Learning
- Masterclasses and Events

See the attached flyer for more information

# **Social Care Workforce Support Hub**



Have you joined up?

Scan the QR code to complete the registration form or, contact Nichola.Greenwood1@nhs.net

The workforce support hub provides you with a onestop-shop giving you access to a wide range of resources to support you and your workforce *It's Free and its for you!* 



# Dementia and OAMH lunch and learn sessions

North East and Yorkshire Regional Mental Health Team are pleased to announce the 2024-25 'Lunch and Learn' education series people with an interest in dementia and older adult's mental health. All with an interest in North-East and North Cumbria Region are invited to attend.

For joining details, propose future topics or any other info please email David.newman7@nhs.net

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21/11/2024	12:30 - 13:30	Dementia and physical health: how can we address frailty? Speaker: Prof Alison Yarnall
12/12/2024	12:30 - 13:30	Admiral nursing and opportunities for post-diagnostic dementia care Speaker: Kirsty de Bono-Hume & Sue Gilbertson
23/01/2025	12:30 - 13:30	YouTube as a tool to enhance public education and promote health in dementia Speaker: Dr James O'Donovan
13/02/2025	12:30 - 13:30	Dementia Research: regional opportunities for patient and staff participation Speaker: Prof John-Paul Taylor
20/03/2025	12:30 - 13:30	Pan North Dementia Education Meeting: National Adult of Dementia: Key findings from the Memory Services Spotlight report Speaker: Dr Jeremy Isaacs

Each session will begin with a short presentation followed by a facilitated interactive discussion for everyone to join in. These sessions are intended to be informal and interactive so that people from different backgrounds across NEY with an interest in the subject have the chance to share their experiences, ideas, and positive practice. You're welcome to talk about challenges, share successes or just come and listen and provide and receive some peer support. The session will be led by the NEY Clinical Lead, Dr Charlotte Deasy

# Tissue Viability Skills Workshop Training

This is free to attend. The day will consist of 30-minute repeated skill stations which clinicians can drop in to at the most convenient time for them and attend relevant stations. Company representatives will be in attendance to discuss formulary products at your leisure.

Book your place today using the QR code below

Please note this is available to NH trained staff and practice nurse staff from Whitby, Scarborough and Ryedale only.

- Dopplers studies
- PU categorisation
- Wound bed preparation
- Dressing / formulary
- Actico / hosiery
- K-TWO / K-FOUR

Date – 26<sup>th</sup> February 2025 Time – 9.30 – 16.30 Location – Malton and Norton RUFC, The Gannock, Old Malton Road, Malton, YO17 7EY

# Dates for your diary

# DECEMBER

Health and Social Care: Achieving Excellence Together Conference – 6<sup>th</sup> December 2024 at The Milner Hotel York (previously The Principal Hotel)

CQC Supporting people to live healthier lives – practical ways to empower people and your teams –  $12^{th}$  December 10 - 11 Register now

# JANUARY

**Carer Awareness Training (online) 14<sup>th</sup> January 10.30-12.30** To book a place, please access York Learning Pool and create an account, if you haven't already signed up: <u>https://york.learningpool.com/login/index.php</u>



# Training and Resources

# The Quality and Nursing Team Training Packages

The Quality and Nursing Team offer the following training packages to all providers across York and North Yorkshire.

- Improving Hydration in Care Home Residents
- Recognising and Responding to Deterioration in Residents
- React to Red Pressure Ulcer Prevention
- React to Falls Prevention
- Hand Hygiene and PPE
- Oral health
- Nutrition

If you would like further information or to request training, email the team <u>Hnyicb-voy.yorkplacequalitynursingteam@nhs.net</u>

Please visit our <u>website</u> to view our training packages, Partners in Care bulletins, Care Connected slides and documents and a variety of resources available.

## Learning and Development opportunities

## Frailty elearning course

Course overview

This is a comprehensive in-depth resource on frailty in older people. It is aimed at health and social care professionals who provide care and services for older people living with frailty. This elearning course is funded by NHS England and is free until the end of June 2026.

Frailty elearning course | British Geriatrics Society

## **MDTea Hearing Aid Podcast**

MDTea podcast is a free open access series of podcasts for all healthcare professionals working with older adults. We will present the evidence base, recent advances and established best practice/wisdom in healthcare for older adults. Each episode will review an aspect of caring for older adults from the perspective of our MDT faculty.

MDTea Podcast – The Hearing Aid Podcasts

# Digital skills eLearning modules

We've developed a suite of free-to-access 'bitesize' digital skills eLearning modules, in line with the Digital Skills Framework. The modules are designed to support

people working in adult social care to gain knowledge and understanding on how digital, data and technology is used in the sector. The titles and themes of these seven modules are:

- using technology to support person-centred care
- technical skills in using technology
- communicating through technology
- using and managing data
- being safe and secure online
- ethical use of technology
- digital learning, development and wellbeing.

⇒ Find out more about the modules

# The Workforce Development Fund 2024-25 is now open

The Workforce Development Fund (WDF) is now open to organisations that provide adult social care services and directly employ care staff within England. The fund is being scaled down in 2024-25 and it will only be possible to claim WDF for qualifications and apprenticeships which started on or before 31 March 2024 and which will complete by 31 March 2025. This year, WDF will be distributed exclusively by Skills for Care.

⇒ Find out more about WDF



Carer Awareness Training - Identifying and supporting carers: introducing York Carers Centre

Here are the future dates to choose from all 1030-1230:

Tues 14 January 2025 Weds 30th April 2025 Weds 23rd July 2025 Tues 21st Oct 2025 Tues 20th Jan 2026

To book a place, please access York Learning Pool and create an account, if you haven't already signed up: <u>https://york.learningpool.com/login/index.php</u>

# **Further Information**

#### **Contacts for Incident Reporting - Updated Process**

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please email <u>yhs-tr.s2s.york@nhs.net</u> This will allow the Trust to continuously receipt, acknowledge, and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email <u>yas.patientrelations@nhs.net</u>. Please find through this <u>link</u> a template which you are able to complete, which will ensure they have all the information required to investigate.

#### Chief Nurse for Adult Social Care Awards - Nominate Your Team!

The Chief Nurse Awards are an opportunity to recognise the outstanding contribution made by social care staff and celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues. As well as being able to nominate individual staff members for a gold and silver award, there is now also the chance to nominate your team!

Further information on the award including the nomination criteria can be found through this <u>link</u>. We would encourage providers to have a think about staff meet these criteria and deserve recognition.

We're happy to support with any nominations, if you submit an application, please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

#### This bulletin is produced by York Health and Care Partnership

# Do you have...

- thoughts or comments to share?
- news that you would like to feature in the bulletin?

If so please contact hnyicb-voy.yorkplacequalitynursingteam@nhs.net