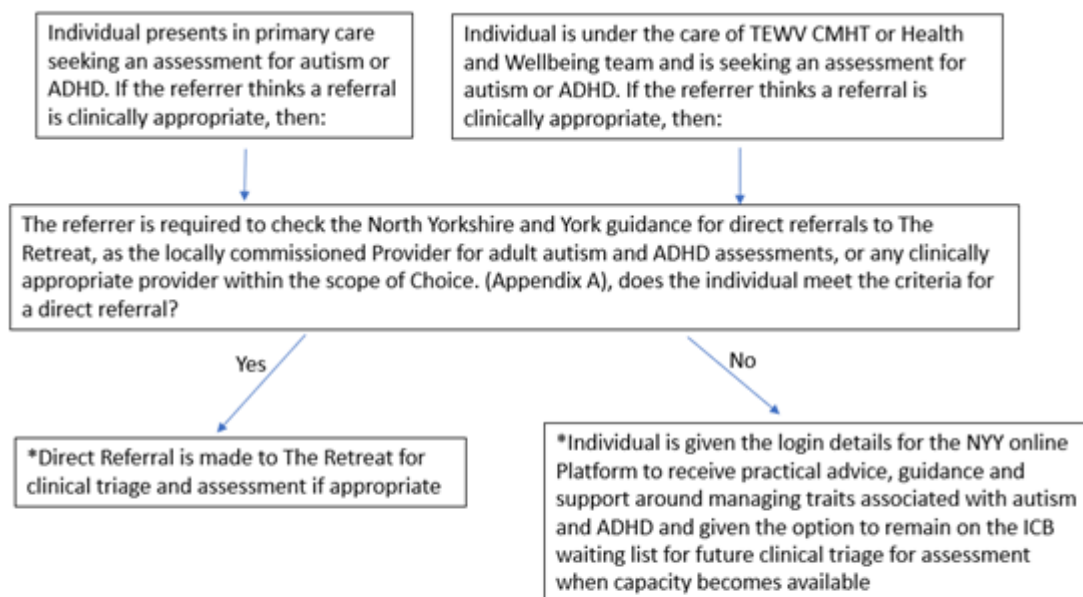


In response to feedback received around the pilot for the Adult Autism and ADHD assessment pathway in North Yorkshire and York, Humber and North Yorkshire ICB have agreed a revised pathway for referrals to be implemented from Wednesday 04 December 2024.

Details of the revised pathway are below and the associated referral forms are attached in Appendix A. The new URL for the online support platform is;

<https://doitprofiler.net//account/clientlogin/aa73218c-7caa-4b81-93fc-c7f5da0691be?a=Register>



*\* If a patient is seeking to exercise their right to choice to be referred to a provider that a GP is not familiar with for their adult autism or ADHD assessment, the GP should consider if this is a clinically appropriate referral considering information set out in the NICE guidance for appropriate referrals. If a referral is clinically appropriate, then GP's should ensure that the provider of choice holds a current NHS Standard Contract for adult autism and/or ADHD assessments. If they are not sure then they must contact the ICB Contracting team ([hnyicb.contracts@nhs.net](mailto:hnyicb.contracts@nhs.net)) to confirm before making the referral.*

It is important to note that the only Shared Care Arrangements in place in North Yorkshire and York for prescribing and medication reviews for adult ADHD medication are with The Retreat as the locally commissioned specialist provider. Before making a referral to an alternative provider under Right to Choose, the ICB would strongly encourage referrers to explain the post diagnostic implications to individuals who may receive a diagnosis through an alternative Provider - and ensure that the individual is aware that on-going local prescribing of ADHD medications will be subject to a review of their diagnosis by The Retreat (and there is a waiting list for these reviews) and that any ongoing or retrospective prescribing of medication without an SCA in place will be at the expense of the patient.