

York and Scarborough Trust Community Diagnostics Centre GP Update

York and Scarborough Teaching Hospitals Foundation Trust has now opened two Community Diagnostic Centre (CDC) 'Spokes' at Askham Bar in York and Selby War Memorial Hospital. These centres offer a wide range of diagnostics that can be accessed directly via GP practices, or as part of a pathway. The next stage in the programme is the opening of the Main CDC in Scarborough that is on track to be completed by the end of March 2025. In the meantime, some services will be operational in Bridlington and Malton.

The CDCs are live now and are available for GP practices to refer into now. The next stage is to maximise their use for the benefit of our patients. As we develop the capability and align referral pathways, we are faced with a number of referral methods but as this capability is refined, we will seek to adjust those and simplify where we can. An example is the current work on a Breathlessness and Heart-failure pathway which is on-going.

To help us develop further, the programme team are keen for feedback to understand what is working and what needs to be improved so please get in touch through the group mailbox here: yhs-tr.programmeteam@nhs.net

Detailed below is the range of diagnostic modalities available, and some advice and guidance on the referral pathways and the process of receiving the results and a summary table at the end for easy reference.

Askham Bar is providing:

1. CT – mobile
2. MRI – mobile
3. Dexa
4. NOUS
5. ECHO
6. Phlebotomy (via Nimbuscare)
7. Spirometry / Feno (via Nimbuscare)
8. ECG (via Nimbuscare)
9. ABPM (via Nimbuscare)
10. Holter Fitting and monitoring

Selby Community Hospital is providing:

1. CT – mobile
2. MRI – mobile
3. X-ray
4. NOUS
5. ECHO
6. Phlebotomy
7. Lung Function
8. Spirometry / Feno
9. ECG
10. ABPM
11. Holter Fitting and monitoring

Bridlington

1. NOUS
2. X-ray
3. Phlebotomy
4. Spirometry / Feno - start date TBC

Malton

1. Phlebotomy

IMAGING

Trust referrals: For all imaging from primary care, refer as usual electronically and the Trust will allocate to the main site or CDC, dependent on the information provided in the referral. and the closest suitable site to the patient's home address (unless requested otherwise). **Please put in up-to-date contact details for the patient.** Results will be returned electronically to the surgery of the referring clinician.

Nimbuscare Provided Modalities: Referrals for the modalities being provided by Nimbuscare in Askham Bar CDC can be made via email to nimbuscare.cdc@nhs.net **Referral information should include: Referral Modality, NHS Number and preferred contact number for patient.** Results will be sent back via S1 or EMIS to the patient's registered GP practice.

PHLEBOTOMY

Selby War Memorial Hospital offers a Drop In blood taking service. Patients should attend with a printed ICE blood summary request form if they are able but an NHS number can be used in extremis or the form can be printed on-site if required. All bloods collected are returned to the hospital, analysed, and results reported back the same day via ICE. Service hours are 7.45am to 5pm Monday to Friday

Askham Bar. This service is for all patients that require blood testing. GP requires to complete the form on ICE send it to the patient. There is no need to collect blood forms in advance. An appointment can then be booked at the CDC by calling 01904 943690. Service hours are Monday to Friday 8:00-18:00.

Bridlington Hospital offers blood taking services by appointment only which can be booked by calling 01262 423044. The blood taking department can be found in the outpatient department and there is ample free parking.

Malton Hospital offers a Drop In blood taking service. Patients should attend with a printed ICE blood summary request form. We will soon have the capability to print the form on site or use an NHS number but in the meantime a form is required. All bloods collected are returned to the hospital, analysed, and results reported back the same day via ICE. Service hours are 9am to 3pm Tuesday to Thursday.

PHYSIOLOGICAL MEDICINE:

ECHO for patients who require it can be referred directly through eRS to either Askham Bar or Selby CDCs.

Lung Function/Spiro/FeNo₂ for primary care in SWM will form part of the new Breathlessness and Heart Failure that is being developed. Once the pilot is complete the intent is that it is included on eRS for direct referral.

Holter Monitoring fitting is provided directly through eRS and the Palpitations Pathway.

ECG. Referral direct into Askham Bar as per the detail above from Nimbuscare. Referral into SWM is in development.

APBM. Referral direct into Askham Bar as per the detail above from Nimbuscare. Referral into SWM is in development.

Summary. The YSHT CDCs are very much open for business and with a range of diagnostics available they are a valuable and capable asset that will not only provide quick and effective access for your patients but also provide the opportunity to reduce waiting lists significantly.

	Modality	Location	Referral	Results	Comments
1	Phlebotomy	Askham Bar	nimbuscare.cdc@nhs.net ICE. Patient attends with blood form	Results returned electronically to the surgery of the referring clinician. Any significantly abnormal blood results will, as is usually the case, be phoned through to the practice ASAP.	System 1 for Nimbuscare GP Federation
		Selby	ICE. Patients attends with blood form		Drop in service
		Malton			Drop in service
		Bridlington	Call 01262 423044 to book an appointment		Drop in service
2	Imaging – CT, MRI, X-ray, NOUS, Dexa*	Askham Bar	Direct to YSHT	Returned electronically	*Dexa only available for GP referral from Nov 24
		Selby			X-ray and NOUS
		Bridlington			X-ray and NOUS
3	ECHO	Askham Bar	ERS Direct referral	Report transmitted to GP	
		Selby		Report transmitted to GP	
4	Spiro/ FeNo	Askham Bar	nimbuscare.cdc@nhs.net		
		Selby	ERS Breathlessness Pathway	Letter transmitted to GP	Under development
		Bridlington	Start date TBC		
5	Lung Function	Askham Bar	ERS Breathlessness Pathway	Letter transmitted to GP	Under development
		Selby	ERS Breathlessness Pathway	Letter transmitted to GP	Under development
6	ECG	Askham Bar	nimbuscare.cdc@nhs.net		
		Selby	yhs-tr.cardiorespadminoffice.sharedmailbox@nhs.net	ECG emailed to GP and uploaded to CPD	
7	Holter Monitoring	Askham Bar	eRS Palpitations Pathway	Letter to GP or escalated to Consultant if needed	
		Selby		Letter to GP or escalated to Consultant if needed	
8	ABPM	Askham Bar	nimbuscare.cdc@nhs.net		
		Selby	yhs-tr.cardiorespadminoffice.sharedmailbox@nhs.net	Report emailed to GP and uploaded to CPD	

