

# Have we missed anything?

How many days since our last fall, what have we learnt?



Who are we worried about today?

**R**

Review medical history and physical health

Pain	Unwell/Infection	Medication risks
Diet and fluid intake		Recent falls/Fractures

**E**

Environment and Equipment

Use of Sensors/Alarms	Flooring & Doorways	Clutter
Lighting	Footwear & Foot care	Transfers & Stairs

**A**

Activity

Altered gait	Stumble & trip	Walking aids
Sleep	Mobilisation	Dizziness/loss of Balance

**C**

Communication and Understanding

Cognition/risk awareness	Communication difficulties		
Vision	Hearing	Mood	Communication aids

**T**

Toileting and Continence

Frequency/urgency	Constipation	Change of habits	
Assessment	Assistance/aids	Clothing	Signage

**?**

What are we going to do as a team to reduce the risk of falling?

Further info at: <http://www.reactto.co.uk>