

# **Rapid Diagnostic Centre - Non-Specific Symptoms Pathway**

Information for patients, relatives and carers

① For more information, please contact:

Rapid Diagnostic Centre  
York Hospital, Wigginton Road, York YO31 8HE  
Telephone: 07929 184 933

[www.yorkhospitals.nhs.uk](http://www.yorkhospitals.nhs.uk)

## **Why have I been referred to the Rapid Diagnostic Centre (RDC)?**

You have been referred as the symptoms you are experiencing may be a sign of an underlying cancer. You will be contacted by a hospital specialist, who will triage your symptoms and decide the best way to tailor your care. This may involve rapid investigations to ensure a timely diagnosis is made.

## **What will happen next?**

A member of the Rapid Diagnostic Centre team will contact you by phone. The Specialist Nurse will need to ask you a few questions to help with the referral. This will usually take place within the next four working days. It is important that you are available to be contacted in the days after your referral.

Following this conversation, investigations will then be arranged. The Rapid Diagnostic Centre Pathway Navigator will be in touch to discuss these tests with you and give appointment dates and times. These tests may include a computerised tomography (CT) scan and/or endoscopy.

## **Before your appointment**

You will need to have blood, urine and stool sample tests. The results of these tests will be sent directly to us with a referral of your symptoms. Sometimes further tests are required, you will be contacted by your GP or the RDC team for these to be carried out.

## **Can I bring someone with me to my test appointments?**

A relative or friend can accompany you to the hospital should you need to attend for a CT, but they will usually not be allowed into the room when you have your test.

If you are required to attend for an Endoscopy examination, the department specify that you should not bring dependents with you for your appointment. If you have specific access requirements you would like to discuss, please call the Pre-Assessment Team on 01904 724527 to speak to them.

## **Clinic appointments and results**

The results of tests and scans will be discussed with you during a clinic appointment with a consultant or specialist nurse. You are welcome to bring a loved one, friend or carer with you to your appointment.

If your test results suggest you may have a condition that isn't cancer, we will refer you to a specialist in that area. We will discuss this in detail at your clinic appointment and you will be contacted by that specialist team on a separate day.

If you are diagnosed with cancer, you will be referred to the appropriate clinical team and you will receive support and details of all information you may need.

Please let us know if you need an interpreter and we will ensure one is booked for all your appointments if needed.

## **The Rapid Diagnostic Centre team includes:**

- Consultants, GPs, Radiologists
- Specialist Nurses
- Pathway Navigator
- Medical Secretary

**Your appointment is important, and you should always try to keep it.**

To request to reschedule or cancel your appointment please contact the Rapid Diagnostic Centre Pathway Navigator on 07929184933. **Please make sure that your surgery has your correct contact details, including home and mobile telephone numbers.**

## **Tell us what you think of this leaflet**

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact:

Rapid Diagnostic Centre, York Hospital, Wigginton Road, York YO31 8HE

Telephone: 07929 184 933

Email: [yhs-tr.rapiddiagnosticcentre-vaguesymptoms@nhs.net](mailto:yhs-tr.rapiddiagnosticcentre-vaguesymptoms@nhs.net)

## **Patient Advice and Liaison Service (PALS)**

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email [yhs-tr.patientexperienceteam@nhs.net](mailto:yhs-tr.patientexperienceteam@nhs.net)

An answer phone is available out of hours.

## **Teaching, training and research**

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

# Leaflets in alternative languages or formats

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website:  
[www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/](http://www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/)

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