







## Week 3 of the 2024 Care Provider Olympics

So far Cauwood Day Service, Kirkwood Hall, New Lodge, Sycamore Hall, The Hall Care Home, Osborne House, The Manor House, Gladstone House and Marina Lodge have held their Olympics events, competing for this years trophy. The Quality and Nursing team have been visiting some of our providers to join in the fun and get involved with the residents.

Take a look at some of the photos from their events below.



# **Osborne House**



## **The Hall Care Home**



# The Manor House



# **Cauwood Day Service**



## **Our 2024 Olympics challengers are**

OLDER ADULTS	
Sycamore Hall Extra Care	St Bernadette's
Benkhill Lodge EPH	Treetops nursing home
Filey Fields Court	George Edward Smart Home - Combe Hay
Silver Birches	Gladstone House
Fry Court	Eagle View
Berwick Grange	Abbey Lea Care Home
Pinfold Lodge Nursing Home	Carentan House
The Manor House Knaresborough	Tudor House
Kirkwood Hall	Westwood Care Home
Ashfield Malton	Osborne House
Leeming Bar Grange	Hilltop Manor Care Home
The Hall Care Home	Hambleton Grange
5 Whitby Road	Sowerby House
Riccall House Care Home	Mossdale Residence
Greyfriars	RMBI Connaught Court
Nightingale Hall - Wellburn	New Lodge
Milewood Healthcare	St Cecilia's Care Group
Rambla Nursing Home	Mayfield Care home - Cromwell Care
YOUNGER ADULTS AND LD	
Harrogate Home Support & Harrogate Day Services	Kingfisher Place Day Service
The Lodge	Caedmon House
Cauwood Day Service	Hudson House
Sherbutt House	United Response
Marina Lodge	Jubilee Lodge

#### Competing for the Olympics trophy next week

Fry Court	Mossdale Residence
Ashfield	Connaught Court
Greyfriars	St Cecilia's
Nightingale Hall	Kingfisher Place Day Service
Eagle View	Jubilee Lodge
Carentan House	Harrogate Home Support & Day services

Wishing everyone the best of luck in their upcoming events.

Don't forget to send your photos, anything you'd like to share and your scores to add to the leaderboard.

If you have not registered for this year's Olympics and would like to, please complete a registration form and send it to <u>hnyicb-voy.yorkplacequalitynursingteam@nhs.net</u>

You can find more information about the Olympics, competitors guide and recent bulletins on our <u>website</u>

## 2024 Olympics Events

Most steps by resident Balloon volleyball Paper plate discus Hoopla/quoits Chair basketball Beanbag/ball catch Straw blow challenge Staff 100m race

# North Yorkshire Sport

# Want to Know More About Local Opportunities to Get Active in Your Area?

We're excited to be working with North Yorkshire Sport as part of this year's competition, who work across North Yorkshire and York to promote participation in Sport & Active Recreation for all those in our region. They have a wide range of information and resources available through their website on opportunities to get active near you. Would you like to learn more about what opportunities may be open to your providers, as well as further support and development opportunities around physical activity for your team to assist the support you are able to provide to those in your care? For further information please contact Simon Pierce by emailing: simon@northyorkshiresport.co.uk. He is happy to get involved at your event for those providers taking part in the competition.



We would love to hear what you are doing in your setting, big or small to keep those in your care active and moving. What do you find works for you and would you like to share with fellow providers in our area.

We know Physical activity is just one element of preventing falls in settings, and understanding physical health, environment and equipment, and communication and understanding are all vital. Remember the React to Falls Prevention package is available to support you in preventing falls, please see our <u>website</u> for more information.



# **Closing ceremony**

The closing ceremony will be held week commencing 16<sup>th</sup> September – more information to follow.

Please submit all your events and scores by 31<sup>st</sup> August to <u>hnyicb-</u> voy.yorkplacequalitynursingteam@nhs.net