



Humber and North Yorkshire
Health and Care Partnership



Humber and
North Yorkshire
Integrated Care Board (ICB)



Our North Yorkshire and York Care Providers

Wednesday 19 June 2024

What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues across North Yorkshire and York. [Please click here to bookmark these pages](#)

**New to your Partners in Care Bulletin –
Dates for your Diary section located near the Learning and Development
section.**

Festival of
CARE 
17 JUNE - 12 JULY **2024**

This year Care Provider Services will be celebrating Good Care Month from 17th June to 12th July 2024 - this will be a month of weekly themed events within our services.

17th - 21st June (Week 1): Open Event & Bitesize Skills Sessions

Week 1 of the Festival of Care, we have bitesize sessions on a variety of topics if you are available.

24th - 28th June (Week 2): Carnival of Care Themed In-Service Events 1st - 5th July (Week 3): Come Dancing with Care Provider Services

During these two weeks, our services will hold some in-house events for their staff, residents, and visitors. Please contact ProviderBusinessSupport@northyorks.gov.uk for more information.

8th - 12th July (Week 4): Focus on Care as a Career Week

This week will be working alongside Recruitment and "Make Care Matter" - Including a "Day in The Life" video, a Q&A video with a Care Professional, along with a podcast. Themed articles will be distributed internally, and all services will create an "I Pledge to Care" tree.

Date	Time	Event
17 th June	12.00 – 12.45	Bitesize Session: Safeguarding – "Everyone's Business" - Diane Burton & Fiona Hewison
19 th June	11.30 – 12.15	Bitesize Session: Resilience, Wellbeing, and Sleep – Tracey Palmer
20 th June	11.00 – 12.00	Bitesize Session: "Insight on the Single Assessment Framework" - The Outstanding Society
21 st June	12.00 – 12.45	Bitesize Session: "A Summary Session on the Use of DoLS" - Sandra Burbridge
25 th June	10.00 – 11.00	Memory Café at Station View, Harrogate
25 th June	13.00 – 14.00	Bitesize Session: "Live Longer Better – The Benefits of Physical Activity" -North Yorkshire Sport
3 rd July	12.00 – 13.00	Bitesize Session: Autism & Culture
4 th July	10.30 – 11.30	Bitesize Session: Improvement Academy Huddles
4 th July	10.30 – 12.30	Senior & Team Leader Skills Session – Focus on Careers
8 th July	-	Themed Article: "Whole Career in Care" – Sandra Mitchell
9 th July	-	Themed Article: "Carer at Work & at Home" – Becky Shepherd
10 th July	-	Themed Article: "Change of Career to Care" – Kirsten Pashby
11 th July	-	Themed Article: "A Perspective of Someone from Overseas"
12 th July	-	Themed Article: "A Male Perspective of Care" – John Lawson



Workforce update for services that support people with a learning disability and/or autistic people

Welcome to this workforce development update for adult social care services that support people with a learning disability and/or autistic people. It shares the latest news, resources, events and funding opportunities from Skills for Care and partners.

⇒ [Find previous editions of this newsletter](#)

⇒ [Sign up to receive future editions of this and other newsletters from Skills for Care](#)

General election and the right to vote

A general election will happen on Thursday 4 July 2024. All people over the age of 18 have the right to vote, including people with a learning disability.

Even if someone lacks capacity, they are still legally allowed to decide whether or how to vote. They must decide who to vote for themselves. Other people, even those with lasting power of attorney, cannot make this decision on their behalf. Care services should protect all the legal rights of people using their services, including the right to decide to vote.

The Electoral Commission [has a specific guide for care services on supporting people to vote](#). It includes FAQs covering useful topics such as what to do if a person can't physically write, or the responsibilities if you are a care home.

The Government also [provide information](#) about who can vote, how to register to vote and how to vote in person, by post or by proxy.

Resources to support people with understanding the general election and their rights

'My Vote, My Voice' is a campaign set up by United Response, Mencap, Dimensions and Ambitious about Autism. It brings together different charities to campaign to remove voting barriers and raise awareness about people with learning disabilities and autistic peoples' right to vote. It includes a charter that social care organisations can sign up to, to show that they are committed to supporting people to use their vote.

⇒ [Find out more about the campaign](#)

Several organisations have produced easy read resources to support people with understanding the general election and their rights. Learning Disability England have a [Voting Resources Hub](#) which has resources which explain the general election, the need for photographic ID or a voter authority certificate, and how to register to vote. Similar easy read information has been shared by [United Response](#) and [Mencap](#).

'Ask me anything'

With LGBTQIA+ staff network chairs from across the country

Friday 28 June 2024, 12-1pm

Submit questions: bit.ly/Pride24-Questions

Join the event: bit.ly/AMA-Pride24



Virtual 'ask me anything' session for Pride month
Friday 28 June 2024, 12-1pm

Have a burning question this Pride month but not sure who to ask? Join LGBTQIA+ staff network chairs from across the country for a virtual question and answer (Q&A) session about all things sexual orientation, gender identity and beyond...

The event is taking place on Friday 28 June 2024 from 12-1pm via MS Teams and will provide a safe and inclusive space for compassionate conversations around reducing inequalities for LGBTQIA+ colleagues and communities.

From understanding the importance of pronouns to 'coming out', finding the right support or being an active ally, the group will answer all questions shared in good faith using their lived experience, knowledge and expertise as staff network chairs.

Questions can be asked in the session or submitted beforehand, anonymously if you'd prefer, using this [online question form](#).

There's no need to book to attend, [you can join the session on the day using this joining link](#).



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The UK general election is due to take place on Thursday 4 July 2024. The pre-election period began on Saturday 25 May and is in place until 5 July 2024, or until the date at which a new government is formed.

During this pre-election period, specific restrictions are placed on the use of public resources and the communication activities of public bodies including the NHS. This is designed to avoid the actions of public bodies distracting from or having influence on election campaigns. The pre-election period has implications for all NHS organisations, although it is worth remembering that the NHS should always remain politically impartial.

As always during a pre-election period, there should be:

- no new decisions or announcements of policy or strategy;
- no decisions on large and/or contentious procurement contracts;
- no participation by official NHS representatives in debates and events that may be politically controversial, whether at national or local level.

These restrictions apply in all cases other than where postponement would be detrimental to the effective running of the local NHS, or wasteful of public money.

Key considerations and further information for what this means for NHS organisations is available at www.england.nhs.uk/publication/pre-election-guidance-for-nhs-organisations.

If you have any questions on what this means for projects you are currently working on, please contact hnyicb.communications@nhs.net and we will work with regional colleagues to advise.

2024 North Yorkshire and York Care Provider Olympics



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2024 North Yorkshire and York Care Provider Olympics- Registration Now Open

NHS Humber and North Yorkshire ICB in collaboration with partners have launched the 2024 North Yorkshire and York Care Provider Olympics on the success of previous years events. The competition is open to care homes and supported living settings across the area to host their own Olympic style event to compete with other providers to compete for our Olympic title. This is your chance to get residents and staff up and moving to promote the health benefits of physical activity to those in your care. Throughout the initiative we will be sharing great practice, ideas and learning across the sector as well as resources and guidance to support physical activity in your settings.

For further information and to register your service please follow this [link](#).

Keeping My Chest Healthy

Improving the respiratory health of people with a learning disability.

Scan the QR Code with your phone.



Access fully translatable advice and video explainers.

Made with practitioners, carers, and people with lived experience.



Helping you to keep your chest healthy.



For more information please click [here](#)



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Hull's big mental health conversation

The Public Health Team at Hull City Council wants to understand more about what we can do as individuals, across communities and as a city to prevent people from experiencing mental health difficulties.

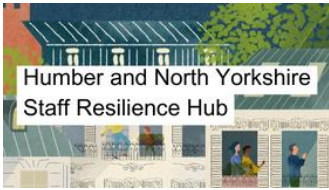
They want to hear views on what keeps you feeling good, what might affect your mood, why you might not talk about your mental health and what helps you handle difficult times.

People who live, work or study in Hull have until Monday 24 June 2024 to share thoughts on what can be improved and how we can work together to reduce mental ill health in our city. This information will help us understand our priorities and support the creation of a strategy for Hull, which aims to prevent some of the things that can make us feel worse.

[Click here](#) for more information and to complete the survey



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Supporting your team: mental health awareness for managers

Wednesday 19 June 2024, 11:00am-1:00pm

This session will equip managers of teams and individuals to support their team members with regards to their mental health and wellbeing. There will be particular considerations of the work-life interface and balance. We will train you in skills for managing distress, those returning from absences and when to seek additional support and signposting.

The session will enable you to take a trauma-informed approach to management, supporting your team with compassion-focused techniques which support their wellbeing and flourishing.

It will also explore the idea of value-based conversations, which activate and motivate teams.

Understanding Suicidality

Wednesday 26 June 2024, 11:00am-1:00pm

This session will support a greater understanding of suicidality, pathologies and the common driving factors. The session will support thinking and practical tips with regards to compassionate engagement and having difficult conversations alongside discussion regarding professional responsibility and confidentiality.

The session will also touch upon the clinical support and approaches to supporting the management of suicidality, including pathways to access care.

The final part of the session will explore case studies. All attendees are invited to share any anonymised case studies that they may wish to be discussed. This can be submitted ahead of time if preferred.

Attendees who wish to submit a case study can do this anonymously via email to hnyresiliencehub@nhs.net.

[Click here](#) to book a place for these sessions

Inclusion North and NHS England, Learning Disability & Autism Programme (North East and Yorkshire) Online Webinar



Staying Well in Hot and Cold Weather



Monday 8th July 2024
3pm to 4pm
on Microsoft Teams

[Join the meeting now](#)

or contact maria.foster2@nhs.net for an invitation

This webinar may be of interest to people with a learning disability, autistic people, advocacy groups, families and carers and professionals across Health and Social Care Services

Everyone is welcome



We know from the LEDER report 2022 that more people died in July 2022 when the weather was extremely hot.

How do we stay well when it's very hot or cold?

Inclusion North have worked with a group of people with lived experience of autism and learning disabilities to learn more about this.

Join this webinar to:

- Learn more about how we can look after ourselves
- Access the information they have created

[Join the meeting now](#) or contact maria.foster2@nhs.net for an invitation



News from Skills for Care

Helping support people with a learning disability with ReSPECT plans

Working jointly with people with lived experience of learning disability, a research team at Warwick University has co-produced new guidance to be used by health and social care professionals. It aims to support a person with a learning disability to think about and prepare for making a ReSPECT plan.

ReSPECT plans let people know what you do or do not want to happen if you need emergency care or treatment. These can be things like giving you CPR (a process to try and start your heart beating again) if your heart stops.

⇒ [Access the resources for free](#)



Introduction of ReSPECT Process Briefing for Providers

The York and North Yorkshire area is moving towards the adoption of the ReSPECT process. The aim of this is to promote a more patient-centred and consistent approach to advanced care planning. Over the coming year, you will see the introduction of ReSPECT documentation and eventually the phasing out of the “red bordered” DNACPR forms. In order to support staff with this, a number of sessions are planned to talk through the process, and enable you to ask questions. The following sessions, lasting approximately 1.5 hours, are currently available:

- **19.7.24 - 10.00**- The ReSPECT process: a guide for LD and autism providers – held on MS teams; suitable for any staff caring for clients with learning disabilities and/or autism
- **17.9.24 - 10.00**- The ReSPECT process: a guide for care staff – held on MS Teams and suitable for all working in the social care sector
- **14.10.24 - 10.00**- The ReSPECT process: a guide for LD and autism providers – held face to face in the Education Centre, Saint Catherine’s Hospice, Scarborough; suitable on MS teams for any staff caring for clients with learning disabilities and/or autism

There will also be a session on ReSPECT on the *Palliative care for care staff study day* run at St Catherine’s on 8 July

Further dates, including face to face sessions in other locations across the area, will be circulated over the coming months.

To book onto any of these sessions, or to discuss how we can support your organisation with the ReSPECT roll out please email: sarah.holloway@saintcatherines.org.uk

Need to Know



Infection Prevention and Control network

We welcomed 130 network members to our IPC Champions Network event on 11th April, the theme was Parasitic Infections.

Our next IPC Champions Network event will take place on Thursday 6th June 2pm – 4pm. the theme of the event will be identifying and reducing UTI's.

[Book your place](#)

Future IPC events on Tuesday 13th August and Tuesday 22nd October 2pm – 4pm

+ First Specialist Social Care Nursing Qualification launched

Northumbria University have developed a Specialist Practice Qualification in Adult Social Care Nursing and have mapped their programme to the QNI Field Specific Standards alongside the NMC Standards of Proficiency for Education and Practice (Mandatory). They are hoping to commence delivery of this programme in September 2024.

RCN Foundation Learning Disability Scholarship

Applications for the RCN Foundation Scholarship MSc Advanced Practice - Learning Disability are closing in a couple of weeks.

If you are an RNLD working in social care or across social care and the NHS, at or towards an advanced level of practice, and would like to undertake your MSc Advanced Practice - Learning Disability, please visit the [website](#) with details of the Scholarship and how to apply

Switching to decaffeinated drinks could prevent falls in older people and save the NHS £85m a year

Over 75s should switch to decaffeinated drinks to reduce their risk of falling and save the NHS £85m a year, researchers have found.

In a first-of-its-kind trial, residents at eight care homes saw a 35% reduction in toilet-related falls after switching their hot drinks to decaf versions. Caffeine is a diuretic, meaning it makes your body produce more urine in a bid to get rid of water more quickly. By encouraging the residents to switch to decaf, it was hoped that they would be less likely to fall while rushing to get to the loo.

[Read more](#)

May Meeting

Thank you to everyone who attended our May meeting. The theme was Sepsis, and we were very kindly joined by Liz Grogan, Carrie Mulvihill, and Danielle Miller. Please find their presentations below.

[Liz Grogan - What is sepsis?](#)

[Carrie Mulvihill - RESTORE2 Project in Leeds](#)

[Danielle Miller - iStumble and Falls Prevention Awareness](#)

The summary document of the meeting will be available [here](#) on the event page soon. Our next meeting will take place on **Thursday 26th September, from 2pm - 3.30pm**. More details about themes and speakers to come!



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NHS

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Reasonable Adjustments Digital Flag: Health and social care staff training now available

Staff training for the Reasonable Adjustment Digital Flag is now available on the [eLearning for healthcare website](#). This training is available to all health and social care staff and support organisations to meet their obligations under the [Reasonable Adjustment Digital Flag Information Standard](#). Under this Standard, organisations must provide training as mandated within the Health and Social Care Act (2012).

The training has been developed with subject matter expertise and has been thoroughly tested across a range of clinical and administrative professions. The training will support staff working across health and social care to be able to provide the right care and treatment by making sure that the reasonable adjustment needs for disabled people are supported.

This is a single, short module covering the background, what reasonable adjustments are and the 6-step process to identify people with a disability or impairment (including autistic people and people with a learning disability) and their reasonable adjustment needs, to make access to care fair.



Regional networking events for individual employer and personal assistants

These networking events are aimed at personal assistants, individual employers and those who support them within the regional area. It will be an opportunity to share good practices, highlight new and innovative ways of working and provide opportunities to support and network with others. Collaboration will be key during the events both in content and any actions that emerge from the meeting.

North East, North West or Yorkshire and Humber
Tuesday 10th September 2024 14.00-16.00

[⇒ Register](#)

Safeguarding Week 2024

17-21 June



Programme of free on-line sessions announced for Safeguarding Week 17 – 21 June 2024

Partners from Safeguarding Adults Boards, Children’s Safeguarding Partnerships, Community Safety Partnerships across North Yorkshire, the City of York, East Riding and Hull have come together and developed an extensive programme of learning events, seminars and interactive sessions which all underpin this year’s theme - ‘Safeguarding is everybody’s business’.

Spurred on by the success of Safeguarding Week 2023 the safeguarding partners have worked to extend the range of topics being covered this year. While a number of the sessions are open only to professionals working in the safeguarding sector, the majority of the sessions are also open to the public. The week-long programme of over 40 sessions caters for members of the public who want to learn more about safeguarding.

Covering topics such as modern slavery, drug and alcohol use, learning from local and national reviews, domestic abuse and much more. The sessions have been designed to stimulate discussion, spark innovation and share best practice. Each session will be delivered by inspirational and motivational speakers, all of whom are experts in their field.

The full programme of events is open for viewing and booking via EventBrite and early registration is recommended to avoid disappointment. [You can view and book on to sessions here](#)

All the agencies involved will be sharing information across their social media channels and website in the run up to Safeguarding week and throughout the week. To follow along look for the hashtag **#safeguardingweek2024**

Dates for your diary

Queen's Nursing Institute conferences 2024

- Community children's nurses network 20th June
- Community nurse executive network 21st June
- Long Covid nurse meeting 10th July
- Empowering the community workforce 7-10 October

Come dance with North Yorkshire Council – 1 – 7 July

Dental Health webinar for Care Providers – 25th June at 2pm. email hnyicb-voy.yorkplacequalitynursingteam@nhs.net – **closing date 19th June**

Bladder and Bowel training for carers in residential and nursing homes in the Vale of York.

Training sessions –

- 27th June 14.00-16.00
- 8th August 14.00-16.00
- 7th November 14.00-16.00



To book a place, please email clare.markwell@nhs.net, who will send you the Teams meeting invite.

TENA Training 2024 –

- 26th June
- 5th July
- 7th August
- 30th September
- 11th October
- 29th November
- 19th December

Please contact jo.mitchell@essity.com for more information.



Humber and North Yorkshire Health and Wellbeing calendar 24/25

- Thursday 13 June - Stop reacting and start responding: Stress and Self Care
- Wednesday 26 June - Menopause Awareness for colleagues and Line managers
- Tuesday 2 July - Hand reflexology for MSK
- Friday 12 July - Understand and managing your periods
- Wednesday 17 July - Imposter Syndrome
- Tuesday 23 July - Menopause Awareness for colleagues and Line managers

[Click here](#) for the full list of descriptions and more dates for these virtual sessions. Please feel free to distribute amongst colleagues, teams and networks within your organisations.

For all other queries, please email hny.wellbeing@nhs.net

Learning and Development opportunities



Carer Awareness Training (online)

York Carers Centre are providing Carer Awareness Training via Zoom on the following dates:

1st July 10.30-12.30

1st October 10.30-12.30

5th November 10.30-12.30

14th January 10.30-12.30

To book a place, please access York Learning Pool and create an account, if you haven't already signed up: <https://york.learningpool.com/login/index.php>

Please ensure you provide your name, contact number, employer, role and email address. The zoom login details, certificate, copy of the presentation and evaluation form will be emailed to you. If you have any questions or issues accessing York Learning Pool please email wdu@york.gov.uk



Developing nursing placement opportunities in social care: An open letter to Higher Education Institutions

From Ed Hughes, CEO, Council of Deans of Health and Oonagh Smyth, CEO, Skills for Care.

Skills for Care in collaboration with NHS England's Chief Nurse for Adult Social Care, Deborah Sturdy, and key stakeholders published new guidance to support the development of social care nursing placement opportunities.

This open letter to Higher Education Institutes is in response to feedback from employers which suggests that a key challenge for potential placement providers is a lack of knowledge of who to contact within Higher Education Institutions to help begin the process of becoming a placement provider.

⇒ [View the open letter](#)

⇒ [View the guidance](#)

Nursing careers in social care resource

We're pleased to launch our new careers resource for nursing in adult social care which has been designed to demonstrate the different opportunities and routes people have taken in their nursing careers to reach their current position. Each nursing story highlights the day-to-day activities of their current role, what brings them joy, how they started and developed their careers, and the qualifications they've completed.

⇒ [Find out more](#)

Share your nursing career journey with us!

We would love to know what inspired you to start a career in adult social care nursing, if you would like to share your journey with us complete [this template](#) and email it to

SocialCareNursing@skillsforcare.org.uk

Further Information

Contacts for Incident Reporting- Updated Process

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please email yhstr.s2s@nhs.net This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email yas.patientrelations@nhs.net. Please find through this [link](#) a template which you are able to complete, which will ensure they have all the information required to investigate.

Chief Nurse for Adult Social Care Awards- Nominate Your Team!

The Chief Nurse Awards are an opportunity to recognise the outstanding contribution made by social care staff, and celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues. As well as being able to nominate individual staff members for a gold and silver award, there is now also the chance to nominate your team!

Further information on the award including the nomination criteria can be found through this [link](#). We would encourage providers to have a think about staff meet these criteria and deserve recognition.

We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

This bulletin is produced by York Health and Care Partnership

Do you have.....

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**

If so please contact hnyicb-voy.yorkplacequalitynursingteam@nhs.net