

Wednesday 15th May 2024

- **Social Care Market Updates**
- **Come Dance with North Yorkshire – Victoria Wareham NYC Service Manager**
- **Dates for your Diary**

Capacity Tracker are always looking at ways to develop Capacity Tracker to ensure it continues to be a useful and effective tool for Adult Social Care data and continues to add meaningful insight for the wider local teams, DHSC and NHSE colleagues.

We are undertaking a survey to understand what, if any, impact the proposed changes to **Visiting Questions (Care Home only) & the cessation of collecting Covid Data (both Care Home & Home Care)** might have on your service.

We truly value your opinion and feedback and would appreciate if you could spare 10 minutes of your time to complete the Survey before a final decision is made.

The short survey consists of 12 questions and it ***will remain open until Midday Friday 17th May 2024.***

To access the Survey, [please click here](#)



Come Dance with NYC

1ST - 7TH JULY 2024



- Group dancing**
- Lip syncing**
- Group sing-along**



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NORTH YORKSHIRE COUNCIL**

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Come Dance with NYC

- July 2023 is Good Care Month and we want to celebrate this by getting everyone moving whilst have a jolly good time.
- We have asked all our care services to hold a party, dance session or disco between 1st July – 7th July.
- We are taking photos and videos of events as great evidence and to use in recruitment.
- Click [Come Dancing with Care Provider Services 2023 – YouTube](#) to see a video of last year's event.



We're asking you to get involved

- Hold your own event and take pictures or short videos and send into us at hasquality@northyorks.gov.uk Deadline for pictures and videos is Friday 19th July 2024. We will show the best ones in care connected and your service could be a 'Come dance with NYC' winner. All participating services get a certificate.
- Please ensure you gain consent from a staff member before filming, and you review your publicity consent forms for the individuals who use your services in regard to filming. Keep any videos to a 10-15 second length so they can be sent via e-mail.
- There are physical and mental health benefits associated with dance and singing, it's also a great way to celebrate and shift focus back onto the great care we all deliver.
- If you want to get some more exercise to music ideas, take a look at [Join the Movement | Sport England](#) there are some great exercise ideas and free classes to join including NHS sitting exercises.
- There's also more ideas on 'ways to move' on [Home - We Are Undefeatable](#).



We're asking you to get involved

- Please have a think about what songs you would like to play, think about what songs your individuals you support would like, songs that are easy to dance and sing to, are uplifting and positive. Please include or introduce some traditional music from individuals or staff members from different ethnic backgrounds.
- Consider local schools or groups who may want to come and join in and support your event such as scouts or brownies.
- Get creative, Mexican waves, armchair dancing, learning a routine, t-shirt painting, ribbons. Print lyrics to songs you'll play so you can have a sing along.
- Let's showcase to the world what fantastic care we provide in North Yorkshire.



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Feel free to use the poster below to advertise your event



1ST - 7TH JULY 2024



- ... Group dancing
- ... Lip syncing
- ... Group sing-along

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Cyber Security in Domiciliary Care Webinar

This webinar will give small homecare providers top tips on how to implement good practices that will support you to effectively manage the data you hold.

Who should attend?

This webinar is for small domiciliary care providers who are in charge of making decisions about data protection and cyber security. This might include:

- Owners
- Registered managers
- Senior care staff
- IT manager
- Quality and compliance leads

Date – Thursday 23rd May 2024 at 12:00pm – 13:30pm

Book your place via: [Cyber Security in Homecare: what do small providers need to know? Tickets, Thu 23 May 2024 at 12:00 | Eventbrite](#)

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New Courses! Language Skills for Health & Social Care

Would you like to develop your language skills to prepare you to work in or support you in your current role in the Adult Health and Social care sector?

Are you an independent care provider who would like to develop the ESOL skills of your employees with courses developed for and contextualised to care?

Two brand-new courses have been developed by North Yorkshire Council and Adult Learning to help you understand various terms and phrases that you, or your employees, may come across while providing care across the North Yorkshire region.

New Courses! Language Skills for Health & Social Care

Language Skills for Health & Social care will support you or your employees to build the language skills needed to communicate with service users and staff and understand the various terms and phrases that you may come across while providing care across the North Yorkshire region.

Attendees will explore various commonly used terms and phrases for parts of the body, explore popular sayings and phrases, discover alternative terms for pain and comfort and look at weights and measures for meals, medicines, healthy diets and hydration.

New Courses! Language Skills for Health & Social Care

Stepping into Adult Health & Social care provides an opportunity to develop language and communication skills to enable further progression onto a full Introduction to Adult Health & Social Care course.

Attendees will use and understand specific care terminology referenced by the CQC, learn about effective communication and appropriate vocabulary and learn to define terms related to risks and hazards.

New Courses! Language Skills for Health & Social Care

Both courses are offered **free of charge** for those currently working for an independent care provider within the North Yorkshire region, aged 19 or over on 01.08.23 whose first language is not English. Eligibility will be confirmed with Adult Learning & Skills on registration for the course.

The courses will be delivered face to face across North Yorkshire. Exact dates, times and locations will be scheduled once expressions of interest have been received and attendee numbers and locations are known.

To express an interest in either course, please contact Jo Holland, HR Manager, North Yorkshire Council at joanne.holland@northyorks.gov.uk or at 01748 901021.

Mental Health Awareness Week – 13th to 19th May 2024

- This week is Mental Health Awareness Week – in which the aim is for the UK to focus on getting good mental health. Each May, millions of people from every part of society take part. They include people in schools and further education; private, public and charity sectors; families and individuals.
- ‘Moving more for our Mental Health’ is the theme of Mental Health Awareness Week 2024
- One of the most important things we can do to help protect our mental health is regular movement. Our bodies and our minds are connected. Looking after ourselves physically also helps us prevent problems with our mental health.
- Movement is a great way to enhance our wellbeing. Even a short burst of 10 minutes’ brisk walking can boost our mood and increase our mental alertness and energy. Movement helps us feel better about our bodies and improve self-esteem. It can also help reduce stress and anxiety and help us to sleep better.
- Use the resources to get involved in the week: [Resources for Mental Health Awareness Week 2024 | Mental Health Foundation](#)

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Dementia Action Week Event

SAVE THE DATE - Ryedale Community Connect – Making Connections Dementia Forum – All Welcome

Free Online Teams Workshop (link below). [Click here to join the meeting](#)

As part of **Dementia Action Week** on **May 16th 2:00-3:30pm** we are facilitating a session showcasing existing and exciting new services for people with dementia and their carers.

The session will include information from:

- Dementia Forward services including their information around Young Onset Dementia, the new Ryedale Brain Health Café, and new day service
- Libraries Services: Annette Mircic Outreach Librarian will be talking about access and activity in Libraries
- Carers advice and support
- North Yorkshire Council: Adult Social Care and Stronger Communities will talk about support and funding
- NRS Healthcare will be attending to showcase assisted health care offers
- North Yorkshire Music Therapy

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More Dementia Action Week Events

16th May : Selby Awareness Event, Selby Park - 1.30pm - 3pm

16th May : Online Ryedale Dementia Information Event - 2pm

17th May : Market Stall - Richmond - 9:30am - 12:30pm

17th May : Information stall at York Hospital - 10am - 12pm

17th May : Information stall at Malton Library - 10am - 12pm

17th May : Pocklington Coffee Morning - 10.30am - 12:30pm

17th May : The Ripon Inn Quiz - 6.30pm

17th May: Dementia Drop in Cafe - Skipton - 1pm - 3pm

For further information visit: www.dementiaforward.org.uk/events

or email: amy.senior@dementiaforward.org.uk



Your North Yorkshire Charity
Care and Support for Life



Registered Manager Webinar: Workforce Wellbeing - Practical and cost-effective ways to support your team

Thursday 16 May 2024 | 10:00 – 11:00 | Zoom

Delivered in partnership with The Outstanding Society, this webinar will look at simple and effective ways to best support your workforce, helping them manage the latest pressures and workload. It will explore how you can offer meaningful wellbeing initiatives which won't break the bank, whilst convincing others – including the CQC - of the value this brings to your service.

[⇒ Register now](#)

Care Home Nurses Network Meeting

Due to unforeseen circumstances, the next meeting has been changed to **Tuesday 21st May at 2pm.**

[Book your free place here](#)

Save The Dates for future meetings: 26th September 2024



Bladder and Bowel Training .

Residential/Nursing Homes and Domiciliary Carers in the Vale of York

All training via MS Teams and will cover 'promoting continence and managing incontinence' and session includes:

- Updating carers in residential homes/nursing homes and domiciliary carers on the necessary skills to promote continence and manage incontinence within their work environment.
- This training is aimed at non-registered staff from residential homes and nursing homes and all domiciliary carers.
- These are the objectives of the session:-
 - List the possible causes of incontinence;
 - Know main functions of the healthy bladder and bowel;
 - Understand the impact of incontinence on quality of life;
 - Have an awareness of types of incontinence;
 - Examine various management options;
 - Look at how to care for a urinary catheter;
 - Help within your work environment.

Bladder and Bowel Training . Residential/Nursing Homes and Domiciliary Carers in the Vale of York - Timetable

All sessions via MS Teams

Date	Time	Training Provider
Tuesday, 14 May 2024	1400 – 1600	Ellie Gow
Thursday, 27 June 2024	1400 – 1600	Ellie Gow
Thursday, 8 August 2024	1400 – 1600	Ellie Gow
Thursday, 7 November 2024	1400 – 1600	Ellie Gow

- To make these sessions interactive, we have limited the amount of bookable spaces to 20 per session, and therefore there is a limit of 2 spaces available per care home/per care agency.

- We recommend and encourage ‘train the trainer’, so once this session has been attended, the attendee can update their colleagues with what has been discussed.

- To book a place, please email clare.markwell@nhs.net, who will send you the Teams meeting invite.

ReSPECT Introduction of ReSPECT Process Briefing for Providers

The York and North Yorkshire area is moving towards the adoption of the ReSPECT process. The aim of this is to promote a more patient-centred and consistent approach to advanced care planning. Over the coming year, you will see the introduction of ReSPECT documentation and eventually the phasing out of the “red bordered” DNACPR forms. In order to support staff with this, a number of sessions are planned to talk through the process, and enable you to ask questions. The following sessions, lasting approximately 1.5 hours, are currently available:

- **17/05/2024 10.00am** - The ReSPECT process: a guide for care staff – held on MS Teams; suitable for all working in the social care sector
- **06/06/2024 10.00am** - The ReSPECT process: a guide for care staff – held face to face in the Education Centre, Saint Catherine’s Hospice, Scarborough; suitable for all working in the social care sector
- **19/07/2024 10.00am** - The ReSPECT process: a guide for LD and autism providers – held on MS teams; suitable for any staff caring for clients with learning disabilities and/or autism
- **17/09/2024 10.00am** - The ReSPECT process: a guide for care staff – held on MS Teams and suitable for all working in the social care sector
- **14/10/2024 10.00am** - The ReSPECT process: a guide for LD and autism providers – held face to face in the Education Centre, Saint Catherine’s Hospice, Scarborough; suitable on MS teams for any staff caring for clients with learning disabilities and/or autism

There will also be a session on ReSPECT on the *Palliative care for care staff study day* run at St Catherine’s on 8 July. Further dates, including face to face sessions in other locations across the area, will be circulated over the coming months. To book onto any of these sessions, or to discuss how we can support your organisation with the ReSPECT roll out please email: sarah.holloway@saintcatherines.org.uk.



Payments in Advance Discussion

- The Council is embarking on a consultation with non-residential providers to understand the benefits and risks associated with reverting to payments in arrears. This is in direct response to mixed feedback from providers about challenges associated with the reconciliation process.
- The purpose of these sessions is to directly engage with non-residential Providers about Payments in Advance.
- Opportunity for Providers to share their views on payment processes.
- There are three remaining sessions available to book on as follows:
 - Tuesday 21st May – 4.30pm to 5pm
 - Wednesday 22nd May – 4pm to 4.30pm
 - Friday 24th May – 10am to 10.30am
- If you wish to attend, please send your interest to HASservicedevelopment@northyorks.gov.uk with details of who to send the invite to.

Time For You: Carer Spotlight on General Practice

- This series of monthly hour-long webinars has been designed for those working within the Independent Health and Social Care (IHSC) sectors, to provide you with a dedicated time for uninterrupted updates, discussions, and networking opportunities with likeminded professionals working within the Northern and Yorkshire & Humber regions.
- To find out more and to book a place go to: [Time for you: career spotlight on general practice | Royal College of Nursing \(rcn.org.uk\)](https://www.rcn.org.uk/time-for-you-career-spotlight-on-general-practice)



21 May 2024

Time for you: career spotlight on general practice

Nursing can take you in so many directions. This webinar for independent health and social care sector RCN members will shine a spotlight on general practice nursing as a career possibility.



Immedicare Clinical Virtual Training - May Timetable

Training features:

- Monthly training sessions for all staff working in homes with Immedicare service
- Wide range of topics covered
- Post training evaluation available for delegates to submit feedback on the sessions
- Certificates sent to all delegates who complete a full session
- 2-3pm Tuesdays, Wednesdays and Thursdays
- Free of charge
- Easy to access via web page
- Accessible on any device

Accessing the Training

Head to <https://involve.moodlecloud.com/> or click the link below. You must create an account, and once you have an account you can register for the courses you would like to attend.

For any queries relating to training, contact acuningham@immedicare.co.uk



Immedicare Training Timetable – May 2024

May 2024

Date	Session Topic
<i>1st May 2024</i>	<i>Nutrition and Hydration</i>
<i>2nd May 2024</i>	<i>Top to Toe</i>
<i>7th May 2024</i>	<i>Leg Ulcers</i>
<i>8th May 2024</i>	<i>Catheter Care</i>
<i>9th May 2024</i>	<i>Diabetes</i>
<i>14th May 2024</i>	<i>React to Red</i>
15 th May 2024	End of Life Care
16 th May 2024	Falls
21 st May 2024	UTI's
22 nd May 2024	Virtual Verification of Expected Death
23 rd May 2024	Restore 2
28 th May 2024	MSK
29 th May 2024	Behavioural Symptoms in Dementia

Call for Carer of the Year 2024 Nominations!

York Press runs a once-a-year event in association with City of York Council, to celebrate the best of the city.

It includes recognising an individual care worker, who strives to improve the delivery of care and makes a real difference.

This person must demonstrate outstanding levels of commitment to care and put the person being cared for at the heart of what they do.

It only takes a moment to make a nomination for Carer of the Year 2024 before Friday 24 May, so please do so and simply [click the link](#)

There are 11 other categories, including:

- Education Hero
- Volunteer of the Year
- Health Service Hero
- Best Community Project
- School of the Year
- Public Sector Hero



Webinars for the new Organisational Safeguarding procedure - working with Care and Support Providers across North Yorkshire

For all Registered Managers, Nominated Individuals in Provider services and Designated Safeguarding Leads in all organisations

The webinars will provide you with an overview of the new North Yorkshire Safeguarding Adults Board Organisational Safeguarding procedure for working with care and support Providers across North Yorkshire, which will be launched on **1st October 2024**.

Registration for the sessions will open shortly and we wanted to be sure that you had the dates set aside in your diary.

Webinars will take place on the following dates and will be hosted online on Microsoft Teams.

- **Wednesday 18th September 12:30-14:30**
- **Monday 23rd September 10:00-12:00**
- **Tuesday 24th September 10:30-12:30**
- **Thursday 26th September 10:00-12:00**

Follow the North Yorkshire Safeguarding Adults Board on Twitter at <https://twitter.com/NYSAB1>

Dates for your Diary

- ReSPECT process support sessions being held from May to October.
Contact: sarah.holloway@saintcatherines.org.uk
- Immedicare Clinical Virtual Training - May Timetable in slides above
- 13th to 19th May 2024 - Mental Health Awareness Week
- 15th May, 2pm – 4pm – Dementia Network Invitation
- 16th May, 2:00-3:30pm - Dementia Action Week [Click here to join the meeting](#)
- 16th May, 10am – 11am – Skills 4 Care: Registered Manager Webinar: Workforce Wellbeing [⇒ Register now](#)
- 21st May at 2pm - Care Home Nurses Network Meeting. [Book your free place here](#)

Key Contacts – North Yorkshire Council

North Yorkshire Council website [Home | North Yorkshire Council](#)

Quality Team: HASQuality@northyorks.gov.uk

NYV HAS Contract Team: HASContracting@northyorks.gov.uk

North Yorkshire Partnership website: [Care Connected | North Yorkshire Partnerships \(nypartnerships.org.uk\)](#)

NYC Approved Provider Lists for Adult Social Care – FAQs, Webinars can be found [here](#)

Public Health dph@northyorks.gov.uk

Service Development: HASservicedevelopment@northyorks.gov.uk

Jo Holland - joanne.holland@northyorks.gov.uk

Training available NYC, PHE & NYSAB:

<https://safeguardingadults.co.uk/> & <https://www.nypartnerships.org.uk/phtraining>

Workforce

Make Care Matter www.makecarematter.co.uk



Key Contacts and Information – City of York Council

City York Council website - <https://www.york.gov.uk/AdultSocialCare>

Dedicated email address for care providers:

Commissioning and Contracts: AllAgeCommissioning@york.gov.uk - If you require further assistance, please contact All Age Commissioning on Tel: 01904 55 4661

Transformation and Service Improvement: asctransformationteam@york.gov.uk

<https://www.york.gov.uk/ShapingCare> - Market Position Statement for all providers to view

City of York Council Individual Provider Bulletin is circulated regularly to providers and as/when there is important information to share.



Key Contacts – Health and Adult Social Care

NHS Humber and North Yorkshire ICB: hnyicb-voy.yorkplacequalitynursingteam@nhs.net

iCG: John Pattinson johnpattinson@independentcaregroup.co.uk To join the iCG [click here](#)

Heather Bygrave- Relationship Team Manager Immedicare hbygrave@immedicare.co.uk

Dreams Team - dreamsteam@eastriding.gov.uk

Skills for Care: [Home - Skills for Care](#)

Training available

IPC [Home - Infection Prevention Control](#)

NHS Humber and North Yorkshire ICB- [Training and Development Opportunities](#)

Digital Update Newsletter sign up - [Newsletter Signup - Digital Social Care](#)

Workforce

Skills for Care <https://www.skillsforcare.org.uk/Recruitment-retention/Recruitment-and-retention.aspx>

Department of Health & Social Care <https://www.adultsocialcare.co.uk/home.aspx>

The DHSC social care reform [Homepage](#) -

Workforce wellbeing resource finder: [Wellbeing resource finder](#)

