



Humber and North Yorkshire  
Health and Care Partnership



Humber and  
North Yorkshire  
Integrated Care Board (ICB)



## Our North Yorkshire and York Care Providers

Monday 20 May 2024

### What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues across North Yorkshire and York. [Please click here to bookmark these pages](#)

# 2024 North Yorkshire and York Care Provider Olympics



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**2024 North Yorkshire and York Care Provider Olympics- Registration Now Open**

NHS Humber and North Yorkshire ICB in collaboration with partners have launched the 2024 North Yorkshire and York Care Provider Olympics on the success of previous years events. The competition is open to care homes and supported living settings across the area to host their own Olympic style event to compete with other providers to compete for our Olympic title. This is your chance to get residents and staff up and moving to promote the health benefits of physical activity to those in your care. Throughout the initiative we will be sharing great practice, ideas and learning across the sector as well as resources and guidance to support physical activity in your settings.

For further information and to register your service please follow this [link](#).



# Keeping My Chest Healthy

Improving the respiratory health of people with a learning disability.

Scan the QR Code with your phone.



Access fully translatable advice and video explainers.



Made with practitioners, carers, and people with lived experience.



Helping you to keep your chest healthy.



better lives, together

W: [www.bdct.nhs.uk](http://www.bdct.nhs.uk) T: @BDCT

- Respiratory disease is one of the most common causes of death for people with a learning disability.
- Many of these deaths are avoidable.
- **Keeping My Chest Healthy** is an innovative respiratory health education digital resource.



An online, fully translatable resource with 4 key sections:



A health promotion section with information about how to stay well.

Resources and education about risk factors for respiratory health.

Bite sized information, video guidance and equipment demonstrations.

Guidance to help you recognise when you, or a person that you care for are becoming unwell.



For more information please click [here](#)

# 25 years of NICE

Improving lives through evidence-based health and care guidance

For 25 years, NICE has helped practitioners and commissioners get the best care to people fast, while ensuring value to the taxpayer.

In our [in-depth feature article](#), we celebrate the wide-ranging impact we've had in the UK. We also explore how we're transforming the way we work to ensure we continue to add value to health and care.

In this short [video](#), our chief executive, Dr Sam Roberts, reflects on our journey. She acknowledges key milestones and outlines how we'll continually adapt to meet the needs of the health and care system over the next 25 years.



[Listen to NICE 25 podcast](#)



## Care workforce pathway: Survey on the registered manager and deputy manager draft role categories

Following release of part 1 of the Care workforce pathway, we've continued to work in partnership with the Department of Health and Social Care (DHSC) on phase 2. This has included developing additional role categories for deputy managers and registered managers. We'd like to hear from you about some of the content we've developed, including the behaviours they should show, how

we've described these roles, and on the knowledge and skills we think people working in these roles should have. The survey should take 30 minutes to complete and will close on **Monday 20 May at 23:59**.

⇒ **Access the survey**

## **Nursing recruitment and retention toolkit webinar series**

**Wednesday 12 June | 13:00 – 13:45 | Online**

Recruiting and retaining the nursing workforce within social care is now more important than ever. We have two webinars covering opportunities for restorative clinical supervision and developing the nursing associate role in social care. These webinars are designed for those invested in the social care nursing workforce and with input from key stakeholders will explore best practices in both topics.

⇒ [Register now](#)



# **TENA Training 2024**

To the staff at «Email»  
We would like to invite your staff to attend the following virtual training,  
which we are providing on behalf of  
York and Selby Continence Service

These sessions cover:

Technology of TENA Products  
TENA Product assessment  
TENA Product range  
Correct fitting of TENA Products  
How to get the best of the TENA Products

All sessions timings are 2pm - 3pm

8th March 2024

3rd April 2024

1st May 2024

26th June 2024

5th July 2024

7th August 2024

30th September 2024

11th October 2024

29th November 2024

19th December 2024

The training is done via TEAMS with Jo Mitchell

If you are interested in the session please contact  
jo.mitchell @Essity.com and the link will be sent out





## Humber and North Yorkshire Health and Care Partnership

### Dates for your Wellbeing calendar

We're delighted to announce Humber and North Yorkshire's Health and Wellbeing calendar for 2024/25 is now live!

Take advantage of these free virtual sessions available to all volunteers and staff working within health and social care including NHS, non-NHS, community care, social care, local authority and VCSE.

#### What's coming up?

##### May 2024

- Wednesday 15 May - Mental Health within the workplace
- Tuesday 21 May - Desk based movement and mobilisation
- Thursday 30 May - Menopause Awareness for colleagues and Line managers

##### June 2024

- Thursday 13 June - Stop reacting and start responding: Stress and Self Care
- Wednesday 26 June - Menopause Awareness for colleagues and Line managers

##### July 2024

- Tuesday 2 July - Hand reflexology for MSK
- Friday 12 July - Understand and managing your periods
- Wednesday 17 July - Imposter Syndrome
- Tuesday 23 July - Menopause Awareness for colleagues and Line managers

[Click here](#) for the full list of descriptions and more dates for these virtual sessions. Please feel free to distribute amongst colleagues, teams and networks within your organisations.

For all other queries, please email [hny.wellbeing@nhs.net](mailto:hny.wellbeing@nhs.net)



## Oxmoor Care Consultancy

### Care Conference, Wetherby Racecourse, 18 June

A full day conference, embracing a broad spread of care related topics, organised by Oxmoor Care Consultancy, is being held on 18 June 2024, 9am to 4pm, at Wetherby Racecourse.

Aimed at both Health and Care professionals and Legal/Financial professionals, experienced speakers from the NHS, Social Services, Dementia Forward, the Continuing Healthcare office and Oxmoor Care Consultancy Mental Capacity, will be covering the following subjects:

The Care sector – Where now? Where next?
Finding Care – The Challenges and Latest Developments
The Role of Social Services in Funding Care for individuals
Enhancing the Quality of Care – New Initiatives
Dementia – ‘Mind the Gap’
The Secret Service of the NHS - Continuing Healthcare Funding
What Benefits are available and Who could qualify for them
Capacity Assessments and their role in LPAs and Court Deputyships

There will be much to learn and take away from the day, with plenty of opportunities to network and make new contacts with other delegates.

**The price for the event is £125. To book your place, simply send an email to Holly Bainbridge ([oxmoorcareconsultancy@outlook.com](mailto:oxmoorcareconsultancy@outlook.com)), indicating you would like to attend. Following which, confirmation and payment details will be sent to you.**





## **Carers Week 2024**

Carers Week (10 – 16 June) is an annual campaign to raise awareness of caring, highlight the challenges unpaid carers face and recognise the contribution they make to families and communities throughout the UK.

It also helps people who don't think of themselves as having caring responsibilities to identify as carers and access much-needed support.

This year's theme for Carers Week is 'Putting carers on the map'.

## **Get Involved**

Our activities calendar is jam-packed this Carers Week including a celebration event on Wednesday 12 June in Museum Gardens. Join us from 10 am, bring a picnic and get involved with our fundraising activities and games.

This is a great opportunity to talk to a Carer Support Worker and other local carers with shared experiences and to find out more about our work.

We've got something for everyone including a Carer Hub, School drop-ins, Independent Financial Advice, Legal Clinic and Wellbeing Workshops.

Visit <https://yorkcarerscentre.co.uk/calendar/> to find your activity.

The York Carers Centre team will be on hand to support anyone feeling nervous or worried about coming along to an activity for the first time. We hope to see you there.

## **'We See You'**

We have launched an exciting new project for Carers Week called '**WE SEE YOU**'.

We are asking carers to collect a small cardboard mirror from Explore Centres and any Carers Week activity, and write a word, phrase or drawing on it, then post it back to us in one of the boxes provided.

We are using mirrors to symbolise reflection, recognition and the unseen efforts of carers and will be creating a piece of art to showcase at our AGM.

We would love you to be a part of it.

## **Contact information:**

hayley.johnson@yorkcarerscentre.co.uk  
07864 728186



## News from Skills for Care

### **Recognising Behaviour as Distress in Practice – a discussion paper**

With the National Autistic Taskforce, we've developed a discussion paper that examines approaches to supporting people at risk of distressed or challenging behaviour. Skills for Care is delighted that this paper is written from an autistic perspective.

While the discussion paper is fully supported by Skills for Care, it does not necessarily represent Skills for Care's position and should not be considered guidance or advice from Skills for Care.

⇒ [Find the discussion paper](#)

### **New NHS guidance on meeting the needs of autistic adults in mental health services**

The NHS has published guidance for integrated care boards (ICBs) and system partners on how to improve the quality, accessibility and acceptability of care and support for autistic adults to meet their mental health needs. It sets out ten key principles and provides practical examples of how the principles can be applied in both community and inpatient settings.

System partners can use the guidance to think strategically about the inter-relationship between different services to inform commissioning decisions. The guidance supports the [recently published national guidance](#) aimed at all mental health services.

⇒ [Read 'Meeting the needs of autistic adults in mental health services'](#)

### **Helping support people with a learning disability with ReSPECT plans**

Working jointly with people with lived experience of learning disability, a research team at Warwick University has co-produced new guidance to be used by health and social care professionals. It aims to support a person with a learning disability to think about and prepare for making a ReSPECT plan.

ReSPECT plans let people know what you do or do not want to happen if you need emergency care or treatment. These can be things like giving you CPR (a process to try and start your heart beating again) if your heart stops.

⇒ [Access the resources for free](#)



## Population Health Management event

**Wednesday 22 May 2024, 11:00am-12:00pm – MS Teams**

Are you interested in learning more about population health management (PHM) and the achievements made by the PHM programme to improve the health of local populations across Humber and North Yorkshire?

If so, we would like to invite you to this virtual PHM End of Programme event. The event is open to anyone who is interested in PHM across the Humber and North Yorkshire health and social care system, and will provide:

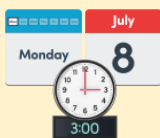
- An overview of the importance of taking a PHM approach.
- An outline of the achievements of the HNY NECS PHM programme.
- An opportunity to hear from local leads and other health and social care professionals about their experience of the programme and work that has been undertaken to address health inequalities in their communities.
- Information on the future plan for PHM in HNY.

Click [here](#) to reserve a place. For any queries, please contact [necsu.hny-phm@nhs.net](mailto:necsu.hny-phm@nhs.net)

**Inclusion North** and **NHS England**, Learning Disability & Autism Programme (North East and Yorkshire) Online Webinar



### Staying Well in Hot and Cold Weather



**Monday 8<sup>th</sup> July 2024**  
3pm to 4pm  
on Microsoft Teams

[Join the meeting now](#)

or contact [maria.foster2@nhs.net](mailto:maria.foster2@nhs.net)  
for an invitation

This webinar may be of interest to people with a learning disability, autistic people, advocacy groups, families and carers and professionals across Health and Social Care Services

**Everyone is welcome**



We know from the LEDER report 2022 that more people died in July 2022 when the weather was extremely hot.

#### How do we stay well when it's very hot or cold?

Inclusion North have worked with a group of people with lived experience of autism and learning disabilities to learn more about this.

Join this webinar to:

- Learn more about how we can look after ourselves
- Access the information they have created

[Join the meeting now](#) or contact [maria.foster2@nhs.net](mailto:maria.foster2@nhs.net) for an invitation



**York and Scarborough  
Teaching Hospitals**  
NHS Foundation Trust

**BLADDER & BOWEL TRAINING FOR CARERS IN RESIDENTIAL AND NURSING HOMES IN  
THE VALE OF YORK**

**Residential/Nursing Homes and Domiciliary Carers Bladder and Bowel Training Dates 2024  
All sessions via MS Teams**

This training will cover:

‘promoting continence and managing incontinence’.

Session includes:

updating carers in residential homes/nursing homes and domiciliary carers on the necessary skills to promote continence and manage incontinence within their work environment.

This training is aimed at non-registered staff from residential homes and nursing homes and all domiciliary carers.

These are the objectives of the session:-

- List the possible causes of incontinence;
- Know main functions of the healthy bladder and bowel;
- Understand the impact of incontinence on quality of life;
- Have an awareness of types of incontinence;
- Examine various management options;
- Look at how to care for a urinary catheter;
- Help within your work environment.

<b>Date</b>	<b>Time</b>	<b>Training Provider</b>
Thursday, 27 June 2024	1400 – 1600	Ellie Gow
Thursday, 8 August 2024	1400 – 1600	Ellie Gow
Thursday, 7 November 2024	1400 – 1600	Ellie Gow

To make these sessions interactive, we have limited the amount of bookable spaces to 20 per session, and therefore there is a limit of 2 spaces available per care home/per care agency. We recommend and encourage ‘train the trainer’, so once this session has been attended, the attendee can update their colleagues with what has been discussed.

To book a place, please email [clare.markwell@nhs.net](mailto:clare.markwell@nhs.net), who will send you the Teams meeting invite.



## Introduction of ReSPECT Process Briefing for Providers

The York and North Yorkshire area is moving towards the adoption of the ReSPECT process. The aim of this is to promote a more patient-centred and consistent approach to advanced care planning. Over the coming year, you will see the introduction of ReSPECT documentation and eventually the phasing out of the “red bordered” DNACPR forms. In order to support staff with this, a number of sessions are planned to talk through the process, and enable you to ask questions. The following sessions, lasting approximately 1.5 hours, are currently available:

- **6.6.24 - 10.00**- The ReSPECT process: a guide for care staff – held face to face in the Education Centre, Saint Catherine’s Hospice, Scarborough; suitable for all working in the social care sector
- **19.7.24 - 10.00**- The ReSPECT process: a guide for LD and autism providers – held on MS teams; suitable for any staff caring for clients with learning disabilities and/or autism
- **17.9.24 - 10.00**- The ReSPECT process: a guide for care staff – held on MS Teams and suitable for all working in the social care sector
- **14.10.24 - 10.00**- The ReSPECT process: a guide for LD and autism providers – held face to face in the Education Centre, Saint Catherine’s Hospice, Scarborough; suitable on MS teams for any staff caring for clients with learning disabilities and/or autism

There will also be a session on ReSPECT on the *Palliative care for care staff study day* run at St Catherine’s on 8 July

Further dates, including face to face sessions in other locations across the area, will be circulated over the coming months.

To book onto any of these sessions, or to discuss how we can support your organisation with the ReSPECT roll out please email: [sarah.holloway@saintcatherines.org.uk](mailto:sarah.holloway@saintcatherines.org.uk)



## Care Connected- Your North Yorkshire and York Care Provider Forum

Thank you to all those who joined us at our previous Care Connected session. The slides from the meeting can be found through this [link](#) along with slides from all previous meetings. Care Connected is open to all care providers and partner organisations from across North Yorkshire and York. The group is facilitated jointly by City of York Council, North Yorkshire Council and NHS Humber and North Yorkshire ICB and designed to help you access the updates relevant to you and your teams from across health and social care in one single place. The meeting takes place through Microsoft Teams every two weeks and the next session will take place on **Wednesday 29 May 10.30-11.30am**.

## Need to Know



### + Care Home Nurses Network meeting

Due to unforeseen circumstances, the next meeting has been changed to **Tuesday 21<sup>st</sup> May at 2pm.**

[Book your free place here](#)

**Save The Dates for future meetings: 26th September 2024**



### Infection Prevention and Control network

We welcomed 130 network members to our IPC Champions Network event on 11<sup>th</sup> April, the theme was Parasitic Infections.

Our next IPC Champions Network event will take place on Thursday 6<sup>th</sup> June 2pm – 4pm. the theme of the event will be identifying and reducing UTI's.

[Book your place](#)

**Future IPC events on Tuesday 13<sup>th</sup> August and Tuesday 22<sup>nd</sup> October 2pm – 4pm**

#### *Other QNI events*

Care Home Nurse Network event Tuesday 21<sup>st</sup> May at 2pm. The theme is sepsis and frailty.

Long Covid Nurse Network meeting on Tuesday 21<sup>st</sup> May at 10am. The theme is cognitive linguistic difficulties in Long Covid.

[View all QNI events](#)

## The National Care Awards

By nominating a colleague you will be supporting their dedication and commitment whilst also helping to raise the profile of the care sector as a whole.

Entry deadline: TBC

<https://nationalcareawards.com/>



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### **Reasonable Adjustments Digital Flag: Health and social care staff training now available**

Staff training for the Reasonable Adjustment Digital Flag is now available on the [eLearning for healthcare website](#). This training is available to all health and social care staff and support organisations to meet their obligations under the [Reasonable Adjustment Digital Flag Information Standard](#). Under this Standard, organisations must provide training as mandated within the Health and Social Care Act (2012).

The training has been developed with subject matter expertise and has been thoroughly tested across a range of clinical and administrative professions. The training will support staff working across health and social care to be able to provide the right care and treatment by making sure that the reasonable adjustment needs for disabled people are supported.

This is a single, short module covering the background, what reasonable adjustments are and the 6-step process to identify people with a disability or impairment (including autistic people and people with a learning disability) and their reasonable adjustment needs, to make access to care fair.



## **Events**

### **Nursing recruitment and retention toolkit webinar series**

**Wednesday 12 June | 13:00 – 13:45 | Online**

Recruiting and retaining the nursing workforce within social care is now more important than ever. We have two webinars covering opportunities for restorative clinical supervision and developing the nursing associate role in social care. These webinars are designed for those invested in the social care nursing workforce and with input from key stakeholders will explore best practices in both topics.

[⇒ Register now](#)

## **Delivering outstanding care seminar**

**Wednesday 5 June 2024 | 10:00 - 15:30 | Online**

This interactive seminar is for services who want to understand what Outstanding care looks like and how to deliver and evidence this. It's primarily aimed at services currently rated Good but who want to progress to Outstanding, as well as newer services hoping to achieve this accolade in their first inspection.

⇒ [Register now](#)



## **Skills for Care want to hear from you**

Are you a provider employing Nursing Associates? If so we'd love to hear from you to share your developments at our Nursing Associate Forum

We're looking for provider representatives to sit on the forum and help shape this work. If you would like to be involved, please email [SocialCareNursing@skillsforcare.org.uk](mailto:SocialCareNursing@skillsforcare.org.uk).

We're receiving lots of interest about where the nursing associate role is being developed outside of nursing care home settings. If you are a provider, nurse, or student/qualified nursing associate involved in this and willing to share your experience please contact

[lucy.gillespie@skillsforcare.org.uk](mailto:lucy.gillespie@skillsforcare.org.uk)





Royal College  
of Nursing

**'Time for you' webinar series:  
Career spotlight on  
general practice**



**21 May 2024**

**Time for you: career spotlight on  
general practice**

Nursing can take you in so many directions. This webinar for independent health and social care sector RCN members will shine a spotlight on general practice nursing as a career possibility.

This series of monthly hour-long webinars has been designed for those working within the Independent Health and Social Care (IHSC) sectors, to provide you with a dedicated time for uninterrupted updates, discussions, and networking opportunities with likeminded professionals working within the Northern and Yorkshire & Humber regions.

To find out more and to book a place click [here](#).

## Further Information

### Contacts for Incident Reporting- Updated Process

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please email [yhstr.s2s@nhs.net](mailto:yhstr.s2s@nhs.net) This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email [yas.patientrelations@nhs.net](mailto:yas.patientrelations@nhs.net). Please find through this [link](#) a template which you are able to complete, which will ensure they have all the information required to investigate.

### Chief Nurse for Adult Social Care Awards- Nominate Your Team!

The Chief Nurse Awards are an opportunity to recognise the outstanding contribution made by social care staff, and celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues. As well as being able to nominate individual staff members for a gold and silver award, there is now also the chance to nominate your team!

Further information on the award including the nomination criteria can be found through this [link](#). We would encourage providers to have a think about staff meet these criteria and deserve recognition.

We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

**This bulletin is produced by York Health and Care Partnership**

### **Do you have.....**

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**

If so please contact [hnyicb-voy.yorkplacequalitynursingteam@nhs.net](mailto:hnyicb-voy.yorkplacequalitynursingteam@nhs.net)