



*Approved: April 2024*

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## **MSK Exclusion Criteria**

Patients with **Red Flags** should be referred by their GP straight to secondary care. Patients who are found to have red flags, once within the service, should be referred back to their GP or elsewhere if clinically urgent and appropriate.

Exclusion criteria:

- Suspected cancer;
- Existing Rheumatoid or other known inflammatory arthritis unless recommended by Rheumatology team;
- Active psychiatric condition which would significantly interfere with assessment or treatment process and minimise likely benefit;
- Immediate life threatening condition;
- Dupuytron's Contracture
- Spinal scoliosis
- Suspected fracture and/or unreduced dislocation;
- Suspected infection caused by an MSK complaint;
- MSK or any other conditions in children (aged 17 and under);
- Patients not registered with a NHS Vale of York Clinical Commissioning Group GP Practice;
- Any non-related MSK conditions;
- 'Red flag' symptoms (e.g. severe/constant pain, systemically unwell (fever, malaise, rigors), significant weight loss suggestive of serious infection or malignancy as declared in the GP letter of referral, or discovered at first consultation in the service – this is not an exhaustive list;
- Non mechanical pain – constant, progressive, unrelated to posture/activity;
- Undiagnosed neurological symptoms unless recommended by Neurology team;
- Pregnancy related MSK condition;
- Immediate post-operative rehabilitation;
- Gynaecology related physiotherapy;
- Suspected cauda equina signs and symptoms;
- Post-operative complications, i.e. loose prosthesis.
- Soft tissue lumps and bumps e.g. ganglions