

York Hospital
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New Hepatology Service New Simple & Highly Effective Hepatitis C Treatment

basic fact sheet

The New Hepatitis C treatment Services are based at York, Scarborough, Selby and Malton Hospitals. Friendly and Local.

New Hepatitis C Treatment Therapies;

- New Direct Acting Antivirals (DAA's) are quick simple & effective therapies.
- Treatment often consists of one tablet daily for 8-16 weeks.
- Clearance (cure rates) are as high as 99%
- Side effects are minimal. Many patients have no side effects at all, some patients may get occasional headache, slight fatigue or nausea
- Fibroscan (non-invasive, painless assessment of liver condition) has replaced liver biopsy pre treatment.
- We aim where possible to complete a 'One Stop' appointment pre treatment to complete all investigations & review in one appointment
- The old Interferon & Ribavirin therapies that caused poor compliance/early withdrawal are no longer given to any patients.

Hepatitis C Incidence

- It is estimated that globally 71 million people have chronic hepatitis C infection.
- At least 160,000 of these people live in England.
- The risk of liver cirrhosis and hepatocellular carcinoma is increased to between 15–30% within 20 years for these patients.
- Diagnosis is easy. Early diagnosis not only prevents health problems resulting from Hepatitis C infection, it also prevents transmission of the virus to others.
- ****Well over half of those infected are unaware they have hepatitis C. Some will be registered at your GP Practice****

How You Can Make a Difference;

- Look for both diagnosed but untreated, and undiagnosed Hepatitis C patients in your Practice.
- Refer to Hepatology. A simple request for review is sufficient (see below)
- Screening programmes – Hepatitis C not only kills marginalised patients. Blood products were not screened in the UK until 1991, anyone who had a transfusion before that date is at risk. More patients travel, both in and out of the country, have medical treatment, tattoo's, piercings abroad etc increasing their risk of infection.
- Please promote the new treatment options, and the new more local treatment centres

- Educate. Make sure patients know that liver biopsy's are very rarely needed now, that cure rates are high, treatment is simple with minimal side effects

The World Health Organisation 2016 - *has a vision of eliminating viral hepatitis as a public health problem, this is encapsulated in the global targets of reducing new viral hepatitis infections by 90% and reducing deaths due to viral hepatitis by 65% by 2030*

Please help to make a difference

Thank you for your time.

If you need any further information, or would like to discuss a patient please contact;

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Or

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Or

Ring 01904 725037 , where you can leave a message if needed and we will return your call