

15th November 2023

- Learning, Environments, Assessment and Placement (LEAP) Team Update
- Beetle Bank Social Farm: Cognitive Rehabilitation Approaches to Dementia
- VIVALDI Infections in Care Homes Study- Your Chance to Get Involved
- International Mens Day- Recruitment and Movember
- National Recruitment Campaign Update

National Recruitment Campaign Update

The next phase of the national recruitment campaign is live and your brand-new [campaign resources](#) are now ready to download and use. These resources enable you to use assets from the national advertising to signpost potential applicants to your job vacancies. Following feedback from care providers, they feature new imagery designed to reflect more accurately the typical daily routines for care workers in both care homes and domiciliary settings.

You can add your logo and details to the assets – simply visit the [Campaign Resource Centre](#) or campaign page to get started.

New for this year, there's also a Skills for Care webinar available to [download and watch](#). This provides useful background on the campaign, how to get involved with it and how it can support your recruitment.



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Suicide Prevention in Care Homes- Webinar and Resources

The Office for Health Improvement and Disparities and Yorkshire and Humber Clinical Networks recently held a webinar to launch the publication ["Promoting Emotional Health and Wellbeing and Preventing Suicide: A Resource for Care Home Settings"](#). The resource has been developed to offer further information and best practice advice around prevention of suicide, intervention with those at risk and action to take following a suicide (postvention).

A recording of the webinar is available [here](#)- Please note: there is a content warning for this recording.

Additional resources which were shared in the chat during the session are listed below:

- [Zero Suicide Alliance training](#)
- [HEE self-harm and suicide prevention resources](#)
- [Staying Safe](#)



VIVALDI Infections in Care Homes Study- Your Chance to Get Involved



The UK Health Security Agency (UKHSA) has announced funding for a pilot scheme to monitor infections in care homes in England. The pilot builds on the Vivaldi study which began during the pandemic to monitor Covid-19 infections. The Vivaldi social care project is in collaboration with University College London, The Outstanding Society, Care England, and NHS England. It will work with over 500 care homes in England to monitor infections such as Covid-19, flu, norovirus and urinary tract infections. The anonymised results will be analysed to help reduce infections in care homes for older adults. To get involved please follow this [link](#).



Influenza Management Packs for Care Homes

In order to support preparations for the forthcoming influenza season (including early detection and notification of influenza outbreaks by care home managers), the Yorkshire and Humber Health Protection Team organised webinars for care homes across the region in mid-October. These webinars were attended by over 120 staff from care homes, local infection control teams and local authority public health teams. In addition to these webinars they have produced an influenza resource pack for care homes. They hope this will help care homes detect outbreaks of influenza-like illness quickly, and enable prompt notification and implementation of infection control measures. The pack contains the following

- [A poster describing how to detect outbreaks of influenza-like illness in care homes, and the steps to take to minimise transmission within the care home](#)
- [A visitors' poster from NHS England](#)
- [An information sheet on how to collect nasal swabs from residents with symptoms of influenza](#)
- [A flu request form](#)



Multi-professional
learning environments



NHS

Health Education England



**Humber and North Yorkshire
Health and Care Partnership**

Role Emerging Placements (REP) Clare Pemberton

Placement Coordinator





Agenda

- **Introducing the LEAP team**
- **What are Role Emerging Placements?**
- **What is Practice Based Learning?**
- **What can students learn?**
- **How are they supervised?**
- **What can students do for you?**
- **Tariff**



Humber and North Yorkshire Integrated Care Board (ICB)

Voluntary, Community and Social Enterprise (VCSE)

The VCSE sector is an important partner for statutory health and social care organisations and plays a key role in improving health and care outcomes for its communities, not only by delivering services but also by shaping their design and advocating for, representing and amplifying the voice of service users, patients and carers.



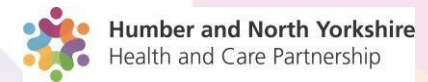
caring for people with a life limiting illness



Neighbourhood Network - Hull



Mind Hull and East Yorkshire





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Hanan Harb
Project Manager
hanan.harb1@nhs.net

Learning Environments Assessment and Placements (LEAP)

The LEAP programme is about creating a healthier region where every learner on a clinical work placement has the opportunity, the support, and the infrastructure to thrive in their chosen health or care career.



VISION

Together, we're creating a healthier Humber & North Yorkshire, where every learner has the opportunity, the support and the infrastructure to thrive in their chosen health or care career.



York University

York St John University

University of Hull

Coventry University Scarborough

Nursing

- [Adult](#)
- [Mental Health](#)
- [Learning Disability](#)
- [Childrens](#)



[Occupational Therapy](#)

[Physiotherapy](#)

[Nutrition and Dietetics](#)

[Midwifery](#)

[Department Operating Practitioners](#)

[Paramedics](#)

[Radiography](#)



What is Practice Based Learning?



Periods of time usually between 3-12 weeks



Students spend time in a variety of practice-based settings



PBL offers a range of learning opportunities for student development

[Youtube](#)

Role Emerging Placements (REP)

FACT

To pass their studies each student needs 1000- 2300 hours of Practice Based Learning (PBL) spread over the course of their programme.

3.5k+ of our future Health and social care staff **are in training now** in Humber and North Yorkshire - **and that number is growing!**

But what is a REP?

REPs are PBL opportunities for students, in variable settings where there isn't a registered health or care professional (e.g a Physiotherapist, Nurse or Social Worker)

So What?

Voluntary organisations, charities, schools and social care offer our future workforce a rich experience in diverse settings....

...exposing them to environments that give a more meaningful context - they can better apply what they have learned...

...our learners will take this experience with them wherever they choose to work...

1. Students bring up to date knowledge, skills and experience to you...

2. ...they can lead projects to improve your services, offering a new perspective...

3. ...they will connect you to new networks, ideas and innovation...

4. ...while they learn and add value to your team, you will be paid to host them!

What's in it for us?

Want to know more?

Read our Guide

Contact university

What is a Role Emerging Placement?

REP Infographic



What will a Role Emerging Placement look like for you?



Students generally come in 2's



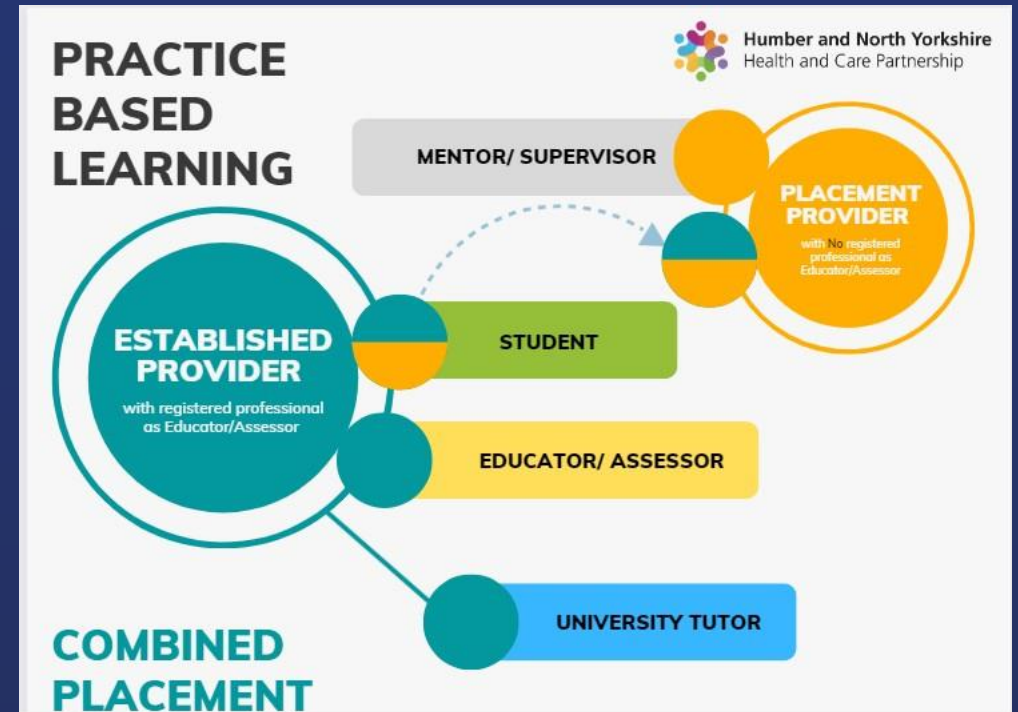
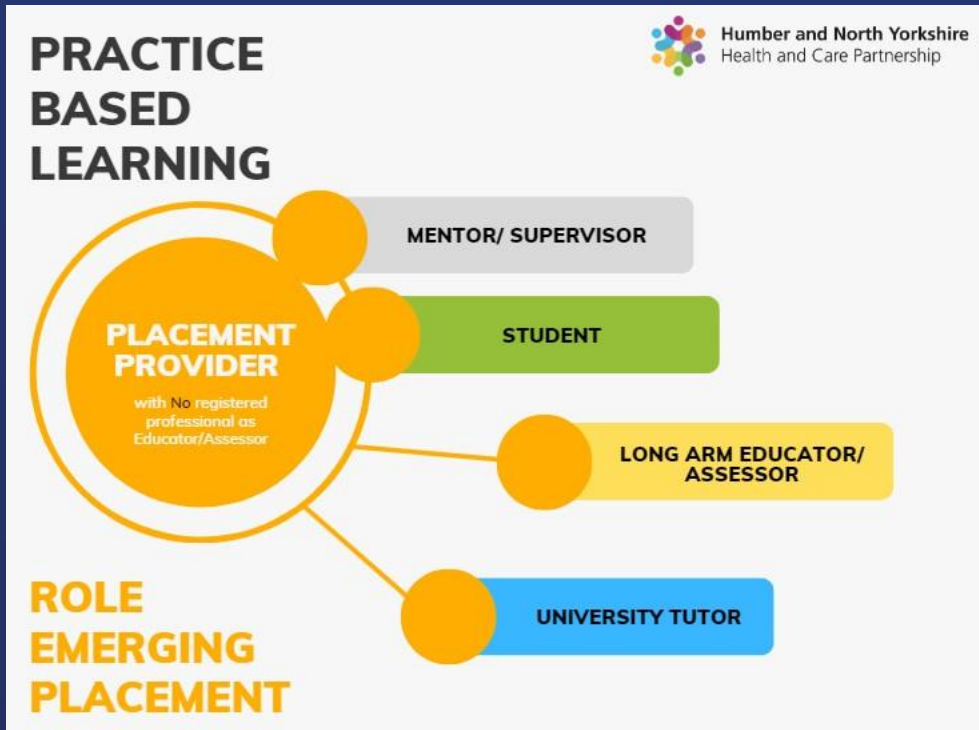
Project based/peer group learning



Students establish the types of assessments and potential interventions, sourcing their own evidence.



Alternate REP Models







Student Benefits

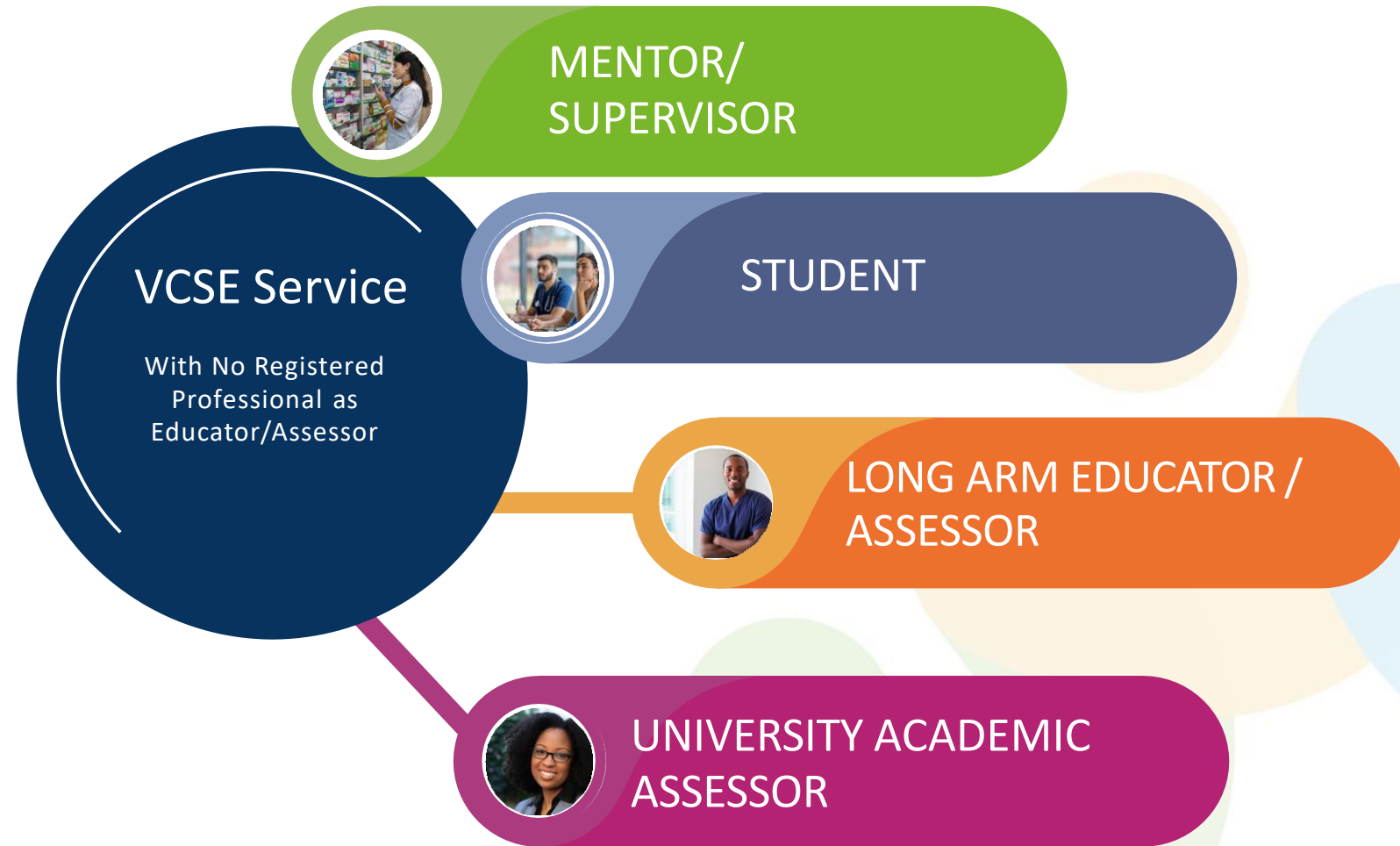
- ✦ Helps students develop skills in autonomous, self directed learning with minimal face to face supervision.
- ✦ Students become more confident and creative.
- ✦ Develop leadership skills.
- ✦ Gives students a sense of self belief.
- ✦ Develop evidence based services.
- ✦ Employability



So, what benefits does this have for you as a service?

-  A new perspective
-  A person-centered approach
-  Services can be developed and improved.
-  Your potential future workforce

How will the students be supported/supervised?





Tariff



£5193 for every 1530 learning hours they provide

£127 per week or £3.39 per hour

Placement providers will receive 80% of the tariff income they generate

[Education and training tariff guidance 2023 to 2024](#)





Why REP?

- ★ It will increase the number of students we can provide placements for
- ★ Not all students want placements in a hospital setting
- ★ Increases the national focus on population health
- ★★★ Collaborating with local organisations



[REP in Dietetics Webinar](#)

[REP-A New Lens](#)

[Long Arm Supervision](#)

[REP Webinar](#)



[Rep GUIDE](#)



Humber and North Yorkshire Health and Care Partnership

Multi-professional
learning environments



Thank You



Movember Cancer Awareness Sessions

Humber and North Yorkshire Cancer Alliance are supporting Movember this November. We are offering short online awareness sessions about prostate and testicular cancers for anyone living or working in Humber and North Yorkshire.

Prostate cancer is the most commonly diagnosed cancer in men, with over 50,000 new cases being diagnosed each year

Please come and join one of our free 15-minute sessions and learn more about;

- Why Movember?
- The signs and symptoms of prostate cancer
- The signs and symptoms of testicular cancer
- How to do a testicular check

We have a number of online sessions available throughout November. These are just 15 minutes in length and are available on a variety of days and times to suit all.

Sessions are open to anyone living or working in Humber and North Yorkshire. To reserve your place, visit our [Eventbrite booking page](#).





Recruiting Men into Social Care

Men only account for 18% of the adult social care workforce in England. It's important to encourage more men to consider a career in social care to ensure diversity in our teams to reflect the residents we care for.

Skills for Care have recently published a series of [accounts](#) from male staff working in our sector discussing why they are passionate about their roles, as well as an [article](#) discussing how one provider has approached recruitment to try and attract male staff to work in their setting through engagement and promoting male role models within the sector.



Young Onset Dementia- THRIVE Group and DYNAMIC Study



Dementia Forward in partnership with Orchard House will be launching THRIVE a weekly session open to individuals with young onset dementia in the Scarborough, Whitby and Ryedale area. They will be holding an introductory session as your chance to find out more at Orchard House on Thursday 23rd November 4.00-7.30. For more information please email info@orchardhouse.co.uk.

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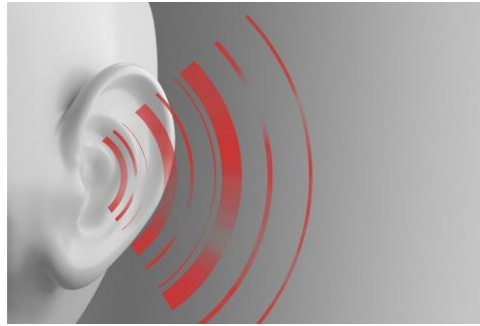
The DYNAMIC Study: Improving social care for people with Young Onset Dementia and their families.

Social care provides support for day-to-day living for people who have additional needs due to a condition such as young onset dementia.



If you are living with young onset dementia or providing support to someone with young onset dementia and would be interested in telling us about your experiences of social care, please call Helen Young on Tel: 07584 368525 or email h.young@bradford.ac.uk or scan the QR code





"Hear, hear!" For This Year's 'Nursing in Social Care' Award Winners

This year's Nursing Times Awards winners in the Nursing in Social Care Category, were a nurse-led research project, funded by care provider Care UK and The Queen's Nursing Institute (QNI) in collaboration with Tympana Health, researched ways to identify and treat hearing loss and reversible hearing loss for people living in care homes.²

Further information on the project can be found through this [article](#), which provides useful guidance for providers on supporting access to audiology for those in their care and usage of hearing aid and loop systems.

Research from Leeds NHS Teaching Hospitals found “links between hearing loss and dementia are growing. The risk of getting dementia almost doubles if you have an untreated mild hearing loss. With a moderate hearing loss, the risk of dementia triples. With a severe untreated hearing loss, you are five times more likely to develop dementia.”

Skills and Learning- Scarborough Care Provider Forum

When: 22nd November in Scarborough - Castle House, 10-14 Elder's Street Scarborough YO11 1DZ .

Yorkshire Learning Providers are partnering with local Colleges and training providers to identify the needs for the Health & Social Care sector for North Yorkshire to seek to address the skills need – immediate and in the future. This is for the Local Skills Improvement Fund which follow on from the Local Skills Plan which was created for York & North Yorkshire

They will be holding an open forum to enable organisations to come forward and share their challenges and barriers whether this be a specific skill need, recruitment or retention of staff so we can seek solutions. The forum is open to all HSC businesses, stakeholders, and training organisations and is an opportunity to discuss & explore the skills needs and opportunities across York & North Yorkshire. This information will help shape current & future curriculum offer for HSC.

[North Yorkshire Health & Social Care Skills Forum - Scarborough \(Morning\) Tickets, Wed 22 Nov 2023 at 09:00 | Eventbrite](#)

[North Yorkshire Health & Social Care Skills Forum - Scarborough \(Afternoon\) Tickets, Wed 22 Nov 2023 at 12:00 | Eventbrite](#)

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Legacy Mentor Projects

supported by the York and North Yorkshire Health and Care Partnership

It's Not too late to apply for your staff to be supported by the Legacy Nurse Mentor and Legacy Registered manager Mentor.

This is a rolling programme- Please email: yhs-tr.legacymentoring.socialcare@nhs.net



York Disability Week 2023

25th November to 3rd December

York Disability Week is now in its 7th year - promoting an equal, inclusive and accessible York.

The event includes a week-long programme of activities and celebrates the [United Nations International Day of Persons with Disabilities](#) (3rd December) and [Disability History Month](#).

Activities include social events, talks, music, sport, information and advice sessions and more.

Interested? Check out the [programme brochure](#) for events, which are aimed at disabled and non-disabled people.

For more details, head over to the [York Disability Week website](#) or call 01904 702060.

To join the mailing list or to help with future events, contact [York Human Rights City Network](#) at: disability@yorkhumanrights.org

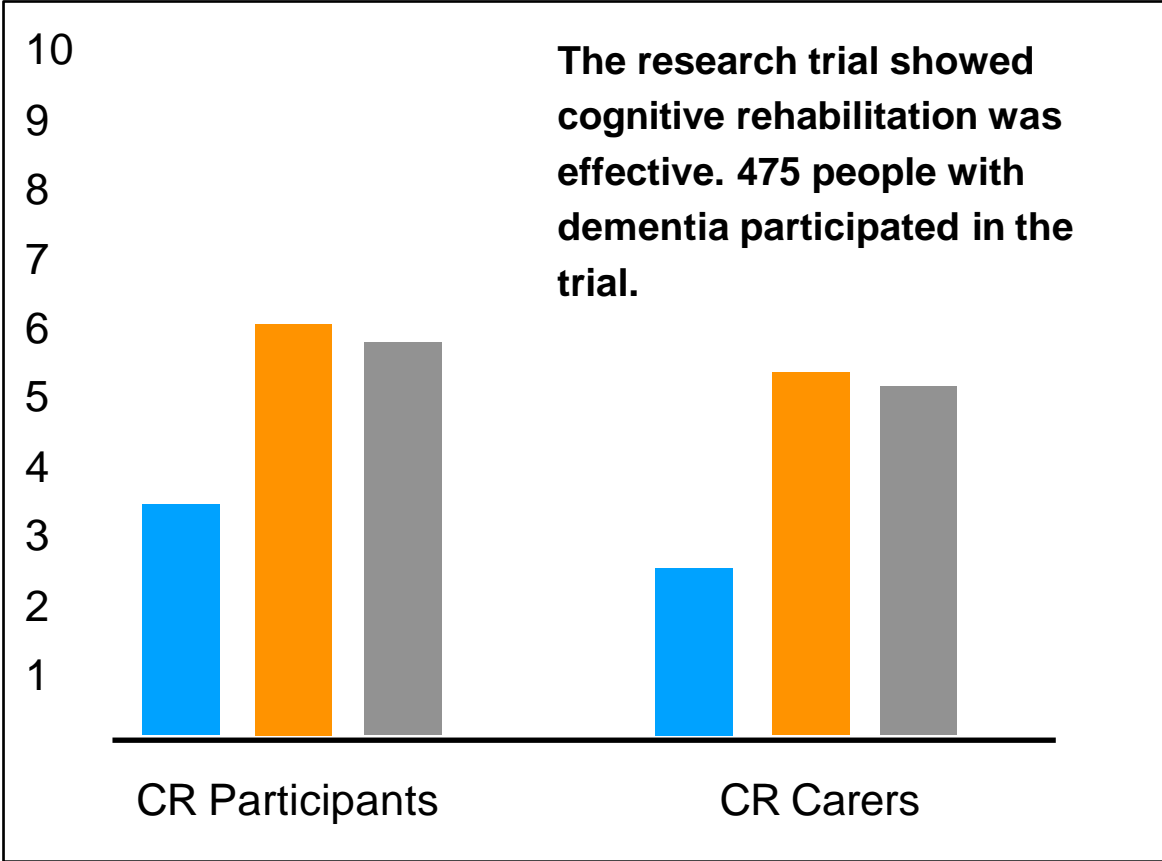


Introduction to cognitive rehabilitation for people with dementia

The GREAT randomised controlled trial

Is CR beneficial for people with early-stage Alzheimers disease, Vascular dementia or mixed dementia?

Participants: 475 people with mild- to-moderate dementia, each with a family member as study partner.



Goal attainment



Baseline



3 months

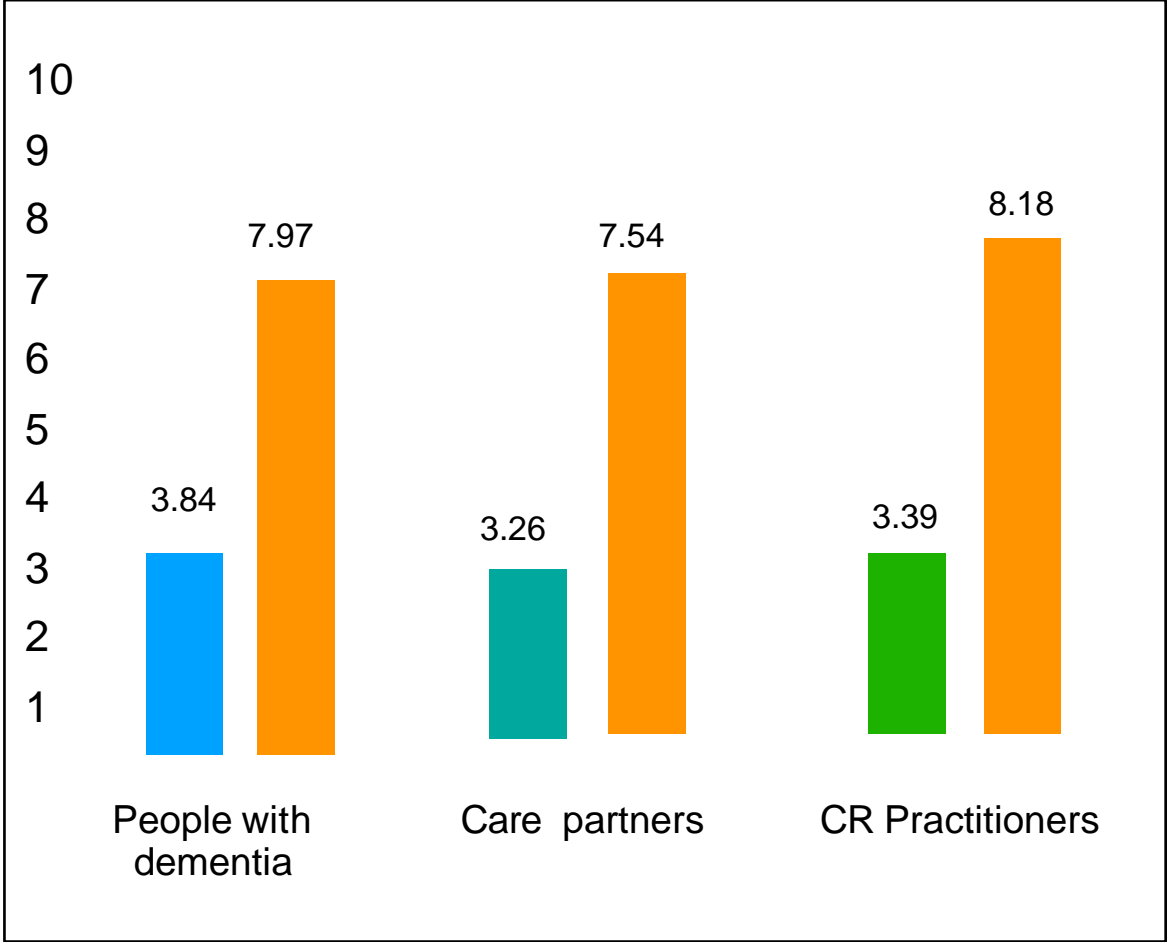



9 months

Cognitive rehabilitation in practice (GREAT into Practice) results in community health services

Researchers at the university of Exeter trained staff in 9 National Health Service teams to offer Cognitive Rehabilitation.

49 people with dementia each had an average of 6 home visits from a GREAT CR practitioner



 Initial attainment

 Post intervention attainment

Goals chosen by people with dementia in the Great Trail

I will know what day it is without having to rely on my wife

I will be able to call my grandchildren and great grandchildren by their right names

I will be able to cook myself a meal without being distracted and burning the food

I will learn how to make calls from my mobile phone so I can contact my husband if I get lost or confused when out shopping

I will learn how to use my iPad to send emails to friends and family so I can keep in touch

People with dementia said:

CR was useful - 92.9%

Would recommend to others - 97.6%

Family members said:

CR was useful - 100%

Would recommend to others - 97.1%

CR Practitioners said:

I find CR useful in my work- 84%

In my opinion, CR is a useful approach for people
with dementia - 90%

Case study: Barbara

Goal: I will go to my nearby village by bus independently once a week to my exercise class.

Problem: Barbara had gotten lost whilst using the bus on a couple of occasions and was frightened of going out alone. She is an outgoing person but felt totally isolated and trapped at home.

Motivation: The ideal CR candidate is someone who is struggling with something and are highly motivated to improve.

No 787 bus timetable



Monday to Friday

Fulford to Selby

Departs Fulford

09:35pm

10:35pm

11:35pm

12:35pm

Selby to Fulford

Departs Selby

12:10pm

13:00pm

14:05pm

15:05pm

16:05pm

Saturday

Fulford to Selby

Departs Stillington

09:55pm

10:35pm

11:35pm

12:35pm

Selby to Fulford

Departs Easingwold

12:10pm

13:10pm

14:10pm

15:10pm

16:10pm

Cognitive rehabilitation approach to supporting Brenda

Identify linked goals: needing to locate items needed when going out, e.g. bus pass, purse, handbag etc.

Understand specific difficulties:

Reading the bus timetable

Locating the local bus stop

Keeping items where they can be easily found

Adapt resources if necessary to reduce excess disability

Work on goals separately

Practiced locating items first. Made a list of items and used rehabilitation strategies to aid learning: e.g. fading prompts and expanding rehearsal techniques to remember items needed

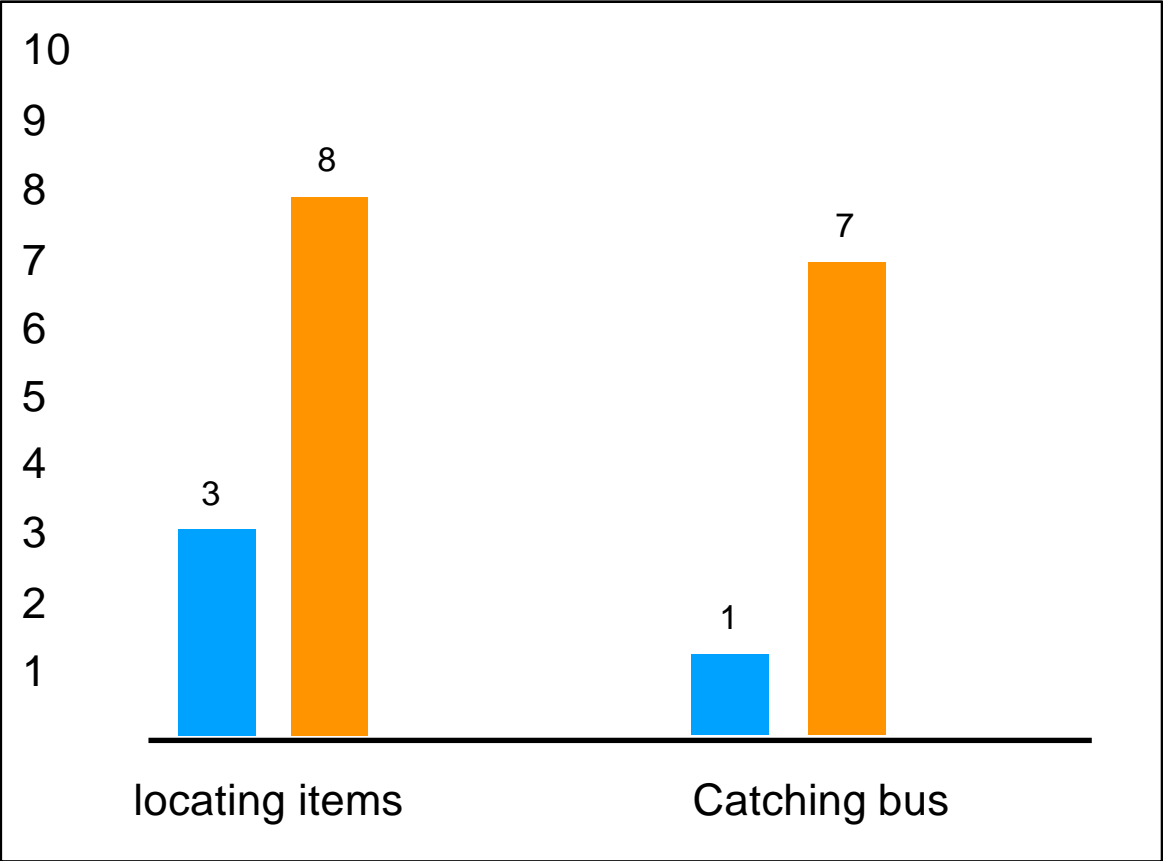
Chose a safe place to locate items and practiced putting them there, whilst speaking aloud, e.g. I am putting my handbag on the back of my kitchen chair.

Then targeted other goal: bus journey

Practiced checking time and bus timetable, then walking to bus stop and back every day (in between practitioner visits). Identifying landmarks and speaking them out loud (multi- sensory approach aids recall)

Once Barbara felt confident we moved onto taking the bus together and back again. Identifying landmarks and speaking them out loud.

Barbara's goal attainments



Goal attainment



Pre intervention



Post intervention

Important principles of cognitive rehabilitation

Errorless learning

Ensures that the learning progresses in small steps, and person is able to have only (or mostly) correct attempts at recalling information.

Person experiences success rather than failure.

Effortful processing

Involves devoting conscious effort and attention to learning, and doing something active with the material. E.g. writing ones own shopping list rather than just thinking about it or being handed it.

Take away



Help locating items that are needed frequently

Identify an important place to keep things

Clear clutter and consider using a bright bowl at agreed place so that items stand out further

Practice placing things there and saying this aloud. Increase the time between practicing

NB: Clients need to want to find their items more easily for this to be suitable goal to practice.

Any questions?

Staff Sourcing Contacts- Provider Update

We have been made aware of providers receiving WhatsApp messages and emails from companies offering to source staff, particularly from overseas, at low rates of pay. We are concerned that relevant guidance and legislation is not being followed by these organisations. Where we become aware of these cases we are sharing the information with statutory partners.

If providers are approached by these companies they can forward details to HASQuality@northyorks.gov.uk or AllAgeCommissioning@york.gov.uk and we will ensure it is shared with statutory partners.

Winter Vaccinations Update



FLU AND COVID CAN KILL
GET WINTER STRONG
GET VACCINATED

Care home workers are being offered the flu and COVID-19 vaccines to protect themselves and those in their care who are most at risk.

Visit our website for full details on how to get your flu and COVID-19 vaccinations.

letsgetvaccinated.co.uk

LET'S GET BETTER.

- Care Home Vaccinations- Progressing at pace. Have all eligible settings now had their visit/received contact from GP Practice?
- All health and social care staff are eligible for COVID-19 Booster and Flu Vaccinations. Feedback from provider. Any challenges in access or further support needed?

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Nutrition and Hydration in Domiciliary Care- Provider Focus Groups (York and Selby Providers)

In partnership with dietician colleagues from York and Scarborough Teaching Hospitals NHS Foundation Trust, we are working developing an offer of nutrition and hydration training available to our domiciliary care sector colleagues in York and Selby. We want to make sure this is designed in with the needs of your service and care staff at it's heart, and are inviting providers to attend one of two focus groups taking place over the coming weeks. This is your chance to share your insight and the content you would like to see from this training, so it is a useful as possible in helping your teams support highest quality nutrition and hydration for those in our care. Focus sessions will be taking place on the below dates and are open to all providers working within the Vale of York area. If you would like to book a place please contact sam.varo@nhs.net- Please note places are limited!

- **Selby: The Summit: Wednesday 29th November 2-4pm**

Are sensory support services in York meeting your needs?

Sensory support services in York provide a wide range of support for adult customers with sight and / or hearing loss. This includes putting people in contact with specialist services.

City of York Council are looking at what services people with sensory needs use now, and what can be done to improve services in the future.

We welcome your feedback if you:

- are living with sensory loss, or
- are a friend or family member of someone with sensory loss; or
- care for someone with sensory loss.

We would really appreciate your help in reaching the right people and supporting them to complete the survey.

Find the survey online at www.york.gov.uk/consultations or scan the QR code below. A paper copy is available through this [link](#).

If you have any questions or need a different way to complete the survey, please contact us at allageconsultation@york.gov.uk or call **01904 551550**.

The survey will close on 8 January 2024.



Achieving Excellence Together in Health and Social Care 2023- Agenda Now Available



When: Friday 01 December 9.00-4.30 at The Principal Hotel, York

The agenda is now available for our upcoming Achieving Excellence Together Conference which is open to all care providers and partner organisations from across North Yorkshire and York, and promises to be an inspiring day sharing the latest development, opportunities to get involved, learning and sharing of best practice across our sector. The agenda will cover how we improve hydration for those in our care together, digital innovation in our sector, supporting safe and timely access to equipment, improving our indoor air quality, cross generational working, participation in research, the role of social care nursing and new roles, developments in palliative care and much more. **It's not too late to register your place to join us.** To book your place please follow this [link](#) where you can join our waiting list should you wish to attend in person, or register to attend the day virtually and be able to fully engage with all the days sessions. For further information please contact sam.varo@nhs.net

Dates for Your Diary

- The Outstanding Society Winter wellbeing - help your team to thrive, not just survive this winter. 16 November 2.00-3.00
- Skills for Care Webinar- Medication from the Regulatory Perspective Part 2. 21 November 10.00-11.00
- Palliative Symptom Management Study Days- Pain Management (Harrogate Providers). 22 November 9.00-1.00
- Achieving Excellence Together in Health and Social Care Conference- 01 December 9.00-4.30
- Skills for Care Webinar- Being prepared for CQC inspection seminar. 12 December 10.00-3.30

Open Floor

- Updates
- Good news stories
- Questions
- Suggestion for Care Connected T/O



let's talk

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Key Contacts – North Yorkshire Council

North Yorkshire Council website [Home | North Yorkshire Council](#)

Dedicated email address for care providers: SocialServices.Contractingunit@northyorks.gov.uk

Quality Team: HASQuality@northyorks.gov.uk

North Yorkshire Partnership website: [Care Connected | North Yorkshire Partnerships \(nypartnerships.org.uk\)](http://CareConnected|NorthYorkshirePartnerships(nypartnerships.org.uk))

NYC Approved Provider Lists for Adult Social Care – FAQs, Webinars can be found [here](#)

Public Health dph@northyorks.gov.uk

Service Development: HASservicedevelopment@northyorks.gov.uk

Jo Holland - joanne.holland@northyorks.gov.uk

Training available NYC, PHE & NYSAB:

<https://safeguardingadults.co.uk/> & <https://www.nypartnerships.org.uk/phtraining>

Workforce

Make Care Matter www.makecarematter.co.uk



Key Contacts and Information – City of York Council

City York Council website - <https://www.york.gov.uk/AdultSocialCare>

Dedicated email address for care providers:

Commissioning and Contracts: AllAgeCommissioning@york.gov.uk - If you require further assistance, please contact All Age Commissioning on Tel: 01904 55 4661

Transformation and Service Improvement: asctransformationteam@york.gov.uk

<https://www.york.gov.uk/ShapingCare> - NEW! Market Position Statement for all providers to view

City of York Council Individual Provider Bulletin is circulated regularly to providers and as/when there is important information to share.

Key Contacts – Health and Adult Social Care

NHS Humber and North Yorkshire ICB: sam.varo@nhs.net

iCG: John Pattinson johnpattinson@independentcaregroup.co.uk To join the iCG [click here](#)

Heather Bygrave- Relationship Team Manager Immedicare hbygrave@immedicare.co.uk

Dreams Team - dreamsteam@eastriding.gov.uk

Skills for Care: Angela.Thompson@skillsforcare.org website: [Home - Skills for Care](#)

Training available

IPC [Home - Infection Prevention Control](#)

NHS Humber and North Yorkshire ICB- [Training and Development Opportunities](#)

Digital Update Newsletter sign up - [Newsletter Signup - Digital Social Care](#)

Workforce

Skills for Care <https://www.skillsforcare.org.uk/Recruitment-retention/Recruitment-and-retention.aspx>

Department of Health & Social Care <https://www.adultsocialcare.co.uk/home.aspx>

The DHSC social care reform [Homepage -](#)

Workforce wellbeing resource finder: [Wellbeing resource finder](#)

