

Dementia Together

Care Connected

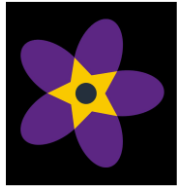
Wednesday 20 September 2023



CITY OF
YORK
COUNCIL



Humber and North Yorkshire
Health and Care Partnership



City of York Dementia Strategy

Dementia Together

2022-2027



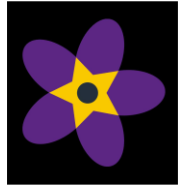
Strategy launched in September 2022 by a partnership of local organisations.

The strategy seeks to transform the approach to dementia in York.

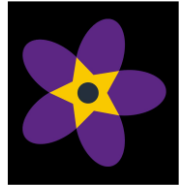
Priority of the York Health and Wellbeing Board as it provides the framework within which local services can deliver improvements to dementia services

Who's it for?

People of York, people leading local health and social care organisations and the health and care workforce, and community, voluntary and social enterprise organisations – in short, everyone involved in drawing on and offering support for people with dementia.



York – Dementia Key Facts



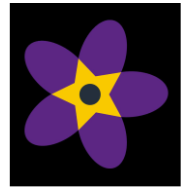
- The Dementia Diagnosis Rate for York is 53% against a national target of 66.7%
- There are an estimated 3190 people over 65 living with dementia in York
- Of those, 1690 have received a diagnosis
- It is estimated that two-thirds of people living with dementia in York are living in the community whilst one-third are living in care
- By 2030 there will be an estimated 3860 people in York with dementia
- The cost of dementia care in York by 2030 will be £171m
- It is estimated that 1 in 20 people over the age of 60 and 1 in 5 people over the age of 80 have a form of dementia.
- It is estimated that 40% of older people in general hospital have dementia, their length of stay is twice that of people without dementia.
- A quarter of delayed discharges are in people with dementia and 10% of readmissions within 30 days are for people with dementia.



What People Told Us



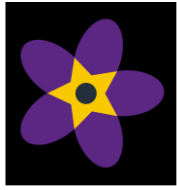
- Some people reported having ‘no formal support: people generally had to source information themselves’, ‘just given leaflets and left to fend for themselves.’
- Opportunities to feel connected to others, learn from others and peer support
- People wanted opportunities for banter, activities, trips, outings, physical and verbal contact, singing groups, musical connections and food
- Opportunities to participate in research - bring hope
 - A clear and simple ‘pathway’
- Information and guidance in one place and easy to access
- Education and awareness all round to create dementia friendly communities
- Opportunities for age-appropriate activities
 - Respite for carers
 - Able to plan for the future
- A dementia one-stop shop with support all under the same roof
- Information about finding a care home to give carers a break
 - Regular physical and mental health



Five Key Aims



- **Preventing well**; the risk of people developing dementia is minimised
- **Diagnosing well**; timely and accurate diagnosis
- **Supporting well**; support plan and review within the first year
- **Living well**; people with dementia can live normally in safe and accepting communities
- **Dying well**; people with dementia die with dignity in the place of their choosing



Working Together



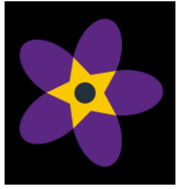
- Strategy developed between City of York Council, The York Health and Care Partnership, Healthwatch York, local community and voluntary providers, Tees Esk and Wear Valleys NHS Trust and The York Hospital
- Through face-to-face conversations, online surveys and focus groups with people who have experience of living with dementia in York
- Able to better understand how York can become a better place to live, with better quality services for people with dementia and their carers
- Delivery plan of action
- Workstreams across health and care to progress action
- The strategy is a living document, which will be subject to regular review



Issues and Blockages



- New referrals to the memory service are exceeding pre-pandemic levels but with no corresponding increases in diagnosis rates
- Resource capacity is a key issue
- Barriers related to recruitment
- Reduction in register sizes due to deaths or people moving out of area is impacting on recovery rates
- Stigma – people declining automatic opt-in to pre-diagnostic support
- Education and awareness all round to create dementia friendly communities
- Public awareness and understanding of dementia and when/how to seek help
- Difficulties in navigating/accessing primary care; Accessibility of GP practices and availability of appointments
- Physical investigations/routine screening not being action or undertaken correctly resulting in referral back to the GP from memory service
- Waits for CT scanning



Performance Framework



Dashboard / Data:

Key statistical data monitored regularly.

Exception Reporting:

- Escalated to the Steering Group if requiring review or action.
- Updates to the Ageing Well Partnership.

Themed monthly meetings:

- Of the Dementia Together Delivery Group focusing key issues of the Dementia Well Pathway - generates challenge and actions – for example the hospital pathway.

Peer review:

- We seek to enhance the performance of the strategy and share learning – 4 planned events throughout the year.

Network:

- Ensure that the voices of people with dementia, their families and carers are heard through the development of a network.



Positive Progress Updates



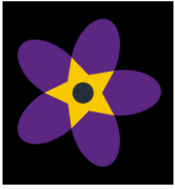
- Increased referrals to the memory service now on average 85 per month – far exceeding pre-pandemic levels
- Automatic opt-in to commissioned post-diagnostic support from the Memory Service provided by Dementia Forward
- 921 active cases held by Dementia Forward and receiving DSW support including 68 people with Young Onset Dementia
- Acomb Garth Dementia Hub – an integrated health and social care offer at the new community care centre – Talking Point staff attending weekly
- Dedicated space for information and advice about Dementia on Live Well York
- Dementia Pathway being developed on Live Well York website to provide information, advice and resources across dementia pathway



Positive Progress Updates



- Brain Health Café – average attendance 12 people - includes targeted support for people awaiting memory assessment.
- York Learning activities.
- Dementia Support Workers and a specialist dementia nurse via Dementia Forward. The service includes a helpline, community hubs and wellbeing activities including for young onset dementia.
- Developed links with St Leonard's Hospice to deliver tailored Advance Care Planning to professionals.
- Professionals' workshop to improve the crisis and hospital response across health, social care and the voluntary sector for people living with dementia - work is underway to develop the findings and identify new work streams.
- John's campaign to support extended visiting rights for family carers of patients with dementia at York hospital.
- Training for ward 37 staff in dementia and delirium



Discussion Points



- We know we have a lot of people living in the city including in care homes with undiagnosed dementia:

How do we make their journey through crisis and hospital intervention more effective?

What support is offered to people who are discharged from hospital with delirium to monitor cognition and prevent deterioration?

What measures are currently in place to promote person centred care, safety and wellbeing for people with diagnosed/undiagnosed dementia? How can we enhance this?

Why do we think people admitted to hospital with dementia stay in longer than the norm, where are the delays, how do we record them, and how can we reduce them?

What are your thoughts about diagnosing dementia in hospital?

An appropriate hospital discharge is one that is coordinated properly, is timely, and involves the person and their family in the process as much as possible:

What information do you receive and are there gaps?

How do we monitor failed discharges and re-admissions for people living with dementia?

In your experience, what are typically the reasons for a prompt return to hospital – are some of these preventable?



Celebrate with us!



Join us to mark the first year of York's 'Dementia Together' strategy

When: Monday 25 September, 10-4pm

Where: New Earswick Folk Hall, York

Anyone living with dementia, their carers and families, professionals and volunteers, are invited to a special anniversary event.

Local health and social care, community and voluntary organisations will offer a wide range of information, advice and support, as well as fun taster sessions.

Further online events will take place on Thursday 28 September, 9-4.15pm, if you can't make it in person.

See the event timetable [here](#). Some of the sessions have limited spaces, so check out what's on soon to avoid missing out!

You can find out more about the strategy and other resources [here](#) or contact asctransformationteam@york.gov.uk if you have any questions.

A poster advertising the event can be found through this [link](#). We would encourage York providers to please display and share this poster with their teams, families and visitors.

Mark the first year of York's dementia strategy!

Join this special anniversary event on:

Monday 25 September, 10-4pm
at New Earswick Folk Hall

If you can't make it in person, join us online on
Thursday 28 September 9am – 4.15pm

For more information, visit:

livewellyork.co.uk/DementiaTogether



Scan here

