

2023 NORTH YORKSHIRE AND YORK CARE PROVIDER OLYMPICS

01 June- 14 July 2023

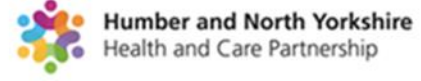


**The Challenge- Host Your
Own Olympic Style Event, and
Get Those in Your Care Active
and Moving. Compete Against
Fellow Providers to Be Our
2023 Olympic Champions!**

Our 2023 Results

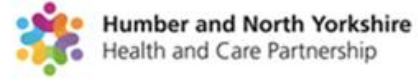
Over 800 individuals from 32 care providers got moving and active as part of the 2023 North Yorkshire and York Care Provider Olympics- With teams from across the area rising to the challenge and competing for our Olympic title while aiming to:

- **Celebrate The Importance Of Physical Activity To Health And Wellbeing Within Our Sector**
- **Showcase Creative and Innovative Activities, And Share Best Practice Between Providers**
 - **Share Resource And Local Opportunities To Get Moving**
- **Highlight The Role of Personalised Care- And How We Can Tailor Activity To The Different Abilities And Wishes Of Residents In Our Settings**



North Yorkshire Sport.

Highlights From Our 2023 Competition



North Yorkshire Sport.

As always, we have been astonished by the creativity, dedication and hard work of teams across our area in going above and beyond to support access to physical activity and movement for those in their care.

Therefore we have decided to give special commendation awards to celebrate excellence demonstrated during the 2023 competition.

Staff Achievement Award United Response York Services



A big well done to all the team at United Response who persevered despite poor weather to host a fantastic Sports Day event in Rowntree Park, bringing together over 50 people from all their services across York to celebrate the importance and benefits of movement for individual with learning disabilities.

Resident Achievement Award

The William Wilberforce Care Home- Pocklington



Congratulations to resident June Camp who was a double event winner in this year's competition- taking victory with fantastic scores in both the Hoopla and beanbag events as part of William Wilberforce's fantastic Olympic Event in Pocklington.

Personalised Care Award Osborne House- Selby

Members of staff alongside physiotherapy have worked together to encourage and regain resident Bryan's after confidence with walking again after a serious fall, taking it one step at a time. They set him a personal challenge to walk the corridor to the dining room. Placing a ribbon across the finish line and he rose to the challenge line and walked into the dining room greeted by residents and staff cheering him on.



Excellence in Hydration Award

Rawcliffe Manor Care Home- York

The team showcased the importance of access to positive hydration with a fantastic hydration station including berry frozen yoghurt made the day before, ice pops, fresh fruit platter and a summer fruits juice fountain!



Most Creative Activities Award

St Bernadettes Nursing Home, Scarborough



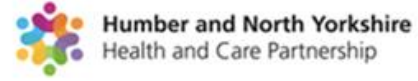
Hosted over 20 different events and challenges ranging from every from staff sack race, to an obstacle course, pentanque, darts and skittles highlighting that all movement big or small has big mental and physical health benefits

Physical Activity in the Community Award

Osborne House- Selby

Osborne House celebrated cross generational movement with a visit to Staynor School as part of their Olympic event to connect residents and pupils in a fantastic day full of activity with events including bowls, curling and boccea.





North Yorkshire Sport.

Let's Find Out How Our 2023 Olympic Contenders Got On!

The Care Provider Olympics Aims to Celebrate and Promote Activity in All It's Different Forms. Our Below Teams Did Things Their Own Way and Didn't Record Scores, But Hosted Some Incredible Events Personalised To The Wishes of Those in Their Care And Highlight Some of The Amazing Creativity We Have in Our Sector



Silver Birches

Osborne House Care Home

Rawcliffe Manor Care Home

Mossdale Residence

St Bernadettes Nursing Home

Gladstone House

Marina Lodge

Pinfold Lodge

Castle House Day Care Service



Most Steps by a Resident Challenge

Older Adults



1st Grimston Court
2nd Riccall House
3rd Kirkwood Hall



Younger Adults and LD



1st The Gravers
2nd Sherbutt House

Balloon Volleyball Rally Challenge

Older Adults



1st Sycamore Hall
2nd Kirkwood Hall
3rd Westwood



Younger Adults and LD



1st Sherbutt House
2nd The Gravers

Paper Plate Discus Challenge

Older Adults



1st Westwood
2nd Sycamore Hall
3rd Kirkwood Hall



Younger Adults and LD



1st United Response York
2nd Harrogate Home Support
3rd MENCAP 2 Abor Close

Hoopla/Quoits Challenge

Older Adults



1st Rambla Nursing Home
2nd William Wilberforce
3rd Riccall House



Younger Adults and LD



1st Cauwood Day Centre
2nd Harrogate Home Support
3rd Sherbutt House

Chair Basketball Challenge

Older Adults



1st Kirkwood Hall
2nd Sycamore Hall
3rd Abbey Lea



Younger Adults and LD



1st Sherbutt House
2nd Harrogate Home Support
3rd MENCAP 2 Abor Close

Beanbag/Ball Catch Challenge

Older Adults



1st Westwood
2nd Tudor House
3rd Kirkwood Hall



Younger Adults and LD



1st Harrogate Home Support
2nd Sherbutt House
3rd The Gravers

Ping Pong Blow Challenge

Older Adults



1st Kirkwood Hall
2nd Sycamore Hall
3rd Tudor House



Younger Adults and LD



1st The Gravers
2nd Sherbutt House

Staff 100M Challenge

Older Adults



- 1st Tudor House**
- 2nd New Lodge**
- 3rd Rambla Nursing Home**



Younger Adults and LD



- 1st Sherbutt House**
- 2nd The Gravers**
- 3rd United Response York**

And Now to Announce Our 2023 Champions!

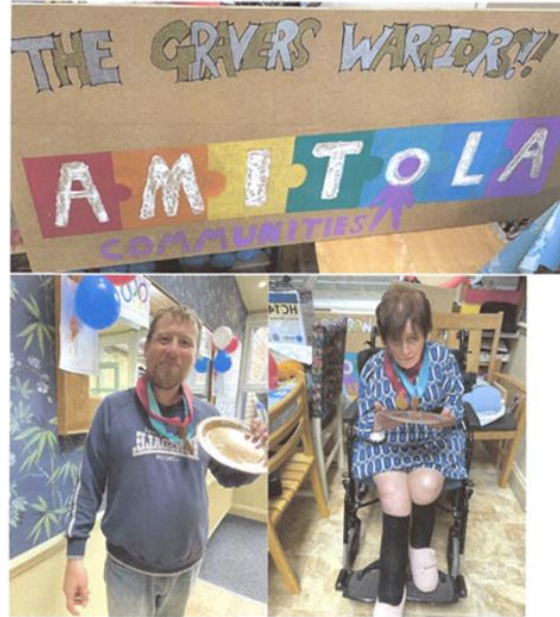


Younger Adults and LD Category



Harrogate Home Support

Younger Adults and LD Category



The Gravers Care Home- York

Younger Adults and LD Category



Sherbutt Residential and Home Care- Pocklington

Older Adults Category



Westwood Residential Care Home- Selby

Older Adults Category



Sycamore Hall- Bainbridge

Older Adults Category



Kirkwood Hall- Leyburn

Our Final 2023 Standings

Younger Adult and LD Category

- 1st- Sherbutt Residential and Homecare
- 2nd- The Gravers Care Home
- 3rd- Harrogate Home Support
- 4th- United Response York Service
- 5th- MENCAP 2 Arbor Close
- 6th- Cauwood Day Care Centre



Older Adult Category

- 1st- Kirkwood Hall
- 2nd- Sycamore Hall
- 3rd- Westwood Residential Care Home
- 4th- Tudor House Care Home
- 5th- Rambla Nursing Home
- 6th- New Lodge
- 7th- Riccall House Care
- 8th- William Wilberforce
- 9th- Hilltop Manor Residential Home
- 10th- Grimston Court Care Home
- 11th- Abbey Lea Residential Home
- 12th- Tree Tops Nursing Home
- 13th- The Orchards

**Congratulations To All Our 2023 Olympians For
Promoting The Importance of Physical Activity and
Driving Forward Wellbeing and Health Creation For All in
Our Care**

We Will Look Forward To Seeing You All in 2024

