



North Yorkshire Sport.

2023 NORTH YORKSHIRE AND YORK CARE PROVIDER OLYMPICS

01 June- 14 July 2023



The Challenge- Host Your Own Olympic Style Event, and Get Those in Your Care Active and Moving. Compete Against Fellow Providers to Be Our 2023 Olympic Champions!



Getting Moving Together- Who Will be Crowned our 2023 Champions?

We're entering the final fortnight of our Summer Olympic Challenge, and providers across North Yorkshire and York are rising to the challenge and hosting some incredible events to get those in their moving and challenge for our 2023 title! We've now got an incredible **37** different providers taking part in the competition and promoting the importance of physical activity and movement to those in our care. Joining the competition this week are our teams from Treetops, Pinfold Lodge and Castle House Day Centre in Scarborough, as well as GrimsTeam from Grimston Lodge in York.

Can we make it do the big 40 for 2023? It's not too late to get your provider signed up and moving this summer. All you need to do is complete and return our [registration form](#).

This week's bulletin includes some very exciting news, as well as updates from some incredible events hosted by our Mossdale Marvels, Gravers Warriors, Osborne House and Abbey Lea. Have you hosted your event? Don't forget to send us your photos and scores so we can share in next weeks edition.



We're Been Shortlisted- Nursing Times Awards 2023!

We're delighted to announce the amazing work of our Olympic athletes and teams from across North Yorkshire and York has been recognised and shortlisted for this year's Nursing Times Awards. The awards are designed to recognise celebrate innovation, excellence, and person-centred working across the sector.

The team will be presenting to the judging panel in September before the winners will be announced at the awards in October. The successful shortlisting is a reflection on the amazing creativity and dedication of your teams in supporting those in your care to take part in person-centred physical, and the way you risen to the challenge to make the competition such a success.

Meet Our 2023 Olympic Contenders!

Older Adults Category	
Abbey Lea Care Home (Selby)	The Tudor Titans (Selby)
Hambleton Heroes (Thirsk)	5 Whitby Road "The Pikes Warriors" (Pickering)
Carentan House (Selby)	Silver Birches Going for Gold (Filey)
New Lodge "Best Bar None" (York)	Osborne House (Selby)
Kirkwood Hall (Leyburn)	Sycamore Hall (Bainbridge)
Firth House (Selby)	Apple Tree House "The Granny Smiths" (York)
William Wilberforce "The A Team" (Pocklington)	Team Larpool Lane (Whitby)
Rawcliffe Manor Rockets (York)	Hilltop Hurricanes (Sherburn in Elmet)
The Mossdale Marvels (York)	Rambla Nursing Home (Scarborough)
St Bernadettes "St B" (Scarborough)	Westwood Winners (Selby)
Marina Lodge (Scarborough)	Gladstone House (Scarborough)
The Orchards (Northallerton)	Riccall Warriors (Selby)
GrimsTeam (York)	Treetops (Scarborough)
Pinfold Lodge (Scarborough)	
Younger Adults and LD Category	
Sherbutt Dib Dabs and Lemons (Pocklington)	Botton Community (Whitby)
United Response "Speedster Union" (York)	The Gravers "Amitola Warriors" (York)
Cauwood Crusaders (Malton)	Copperclay Mews (Easingwold)
Harrogate Home Support (Harrogate)	MENCAP 2 Abor Close (York)
Castle House Champs (Scarborough)	



Back to School for Osborne House

Residents from Osborne House in Selby travelled to nearby Staynor Hall Primary School as part of their sports day, and there were smiles all round as they joined pupils in taking part in a game of curling and boccia together. The event shows some of the amazing links our care providers have with their local community, and it's fantastic to see different generations coming together to have fun and get moving. Well done to everybody at the home and school who made this fantastic event possible.



The Gravers in Action!

The results are in from The Gravers in York who held a fun filled day full of physical activity and managed to take part in our full list of medal events including everything from balloon volleyball, paper plate discuss and chair basketball. Their Olympians submitted a very impressive set of the scores. The team finished as runners up in our Younger Adults and LD category last year, will go one better and raise our trophy for 2023?



Mosssdale Marvels Moving Together

It's been a jam-packed week of movement and activity at Mosssdale Residence in York, with the team and residents taking part in everything from balloon volleyball to hoopla, staff and resident egg and spoon race and creating some fabulous looking Olympic torches together. Keep your eyes peeled for some more photos from our Mosssdale Marvels.



Sprinting to the Finish with Abbey Lea

Our team from Abbey Lea in Barlby are always one of our most competitive teams, and their staff and residents have been taking part in a fantastic range of events already this summer to get moving and challenge for our title. This has included bed basketball to include their bed bound residents, and fantastic 100M race involving both staff and their maintenance contractors who wore rainbow wigs to celebrate LGBT month. Further photos and scores to follow from the home who will be strong contenders to be this year's champions!

How to Register Your Provider, and Keep up to Date with Our 2023 Competition

To register to take part in the fun all you need to do is complete our registration form and return to sam.varo@nhs.net. This can be found in our 2023 competitors guide below, which is crammed full of ideas on how to fill you event. Don't miss your chance to join the fun and get staff and residents moving! Further information including highlights from our 2022 competition can be found through [our website](#).

This years closing ceremony and awards presentation will take place on **Thursday 27 July 3.00-4.00** and an invite has been sent to all competing providers.