



Tuesday 03 January 2023

What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

[Please click here to bookmark these pages](#)



Fever of
37.8°C
or above



New onset or acute worsening of one or more of these symptoms:

- cough
- hoarseness
- runny nose or congestion
- shortness of breath
- sore throat
- wheezing
- sneezing
- chest pain
- loss or change of taste/smell



Sudden
decline in
physical or
mental ability

Reminder of Suspecting Potential Influenza Outbreaks in Care Homes

Influenza is currently circulating in the community, with an increased number of cases and outbreaks seen in care homes in recent weeks. A [Poster](#) is available showing when providers should contact the Health Protection Team for suspected outbreaks of influenza. We would encourage providers please report early so that testing can be arranged if you become aware of a possible outbreak. Your local Health Protection team can be contacted on phe.yorkshirehumber@nhs.net or **0113 386 0300**



UNIVERSITY of
BRADFORD

Del-COrS Study- Development of Core Outcome Sets for Effectiveness Trials of Interventions to Prevent and/or Treat Delirium in Long Term Care

The University of Bradford are to hear from health and care professionals, survivors of delirium and family members to complete a survey, which will inform the study aim to develop international consensus on a core outcome set for research studies which assess interventions to prevent or treat delirium. A core outcome set (COS) is an agreed set of outcomes that all such studies should seek to measure. If all future interventions for delirium report these outcomes, it makes it easier to compare their effectiveness, and combine data for similar interventions to identify benefits and harms that are otherwise too small to be detected. This supports clinical staff to more rapidly identify the best interventions for the condition.

Further information on the study is available below- and to get involved please contact:grussell2@bradford.ac.uk

[Study Overview and Invitation](#)

[Flyer for Health and Care Professionals](#)

[Flyer for Service Users and Families](#)

SEPSIS IN ADULTS IS A SERIOUS CONDITION

that can initially look like flu, gastroenteritis or a chest infection. Sepsis affects more than 250,000 people every year in the UK.

The UK Sepsis Trust registered charity number (England & Wales) 1158843

Seek medical help urgently if you develop any or one of the following:

Slurred speech or confusion
Extrême shivering or muscle pain
Passing no urine (in a day)
Severe breathlessness
It feels like you're going to die
Skin mottled or discoloured

JUST ASK
"COULD IT BE SEPSIS?"
IT'S A SIMPLE QUESTION, BUT IT COULD SAVE A LIFE.

Think Sepsis

A reminder that while high temperatures above 37.8 can be an indicator for potential sepsis, it's also important to be vigilant of low temperatures below 36 which can also be an indicator for severe infection. Sepsis is a life-threatening reaction (sometimes called septicaemia or blood poisoning) to an infection when your immune system overreacts to an infection and starts to damage your body's own tissues and organs. It's important to trust your own instincts when you suspect someone in your care may have sepsis. Should you have any concerns about an individual please don't hesitate to contact Immedicare for those services who have the service in place, or 999 for those who don't.

There is guidance on [red flag symptoms to look for](#) available on the national NHS website including guidance around sepsis for those with learning disabilities.

Need to know



Share Your Thoughts About Working in Social Care

North Yorkshire County Council, in conjunction with the NHS Humber and North Yorkshire Integrated Care Board are running a short survey among the social care workforce to learn more about your experiences of working in social care. We want to understand what is good and we need to do more of, and what things we need to address – things that would make your experience of working in social care better.

Your responses will shape the workforce plans for the North Yorkshire region but will have a really local impact – we're a diverse county and a diverse group of people, so what works for some, won't work for others – we're looking for big ideas, small ideas and everything in between. **Click [here](#) to access the survey.**



Care Relationships Between Support Staff and Adults with a Learning Disability Research Study

Participants being sought for this study between run by the University of Kent to understand care relationships and inform care practice and staff and resident outcomes. They want to hear the thoughts of staff on what makes their relationships with people they support positive , how positive relationships are established, the Impact they have on people's lives and what factors can facilitate or hinder good care relationships.

The study is looking to hear from paid care or support workers and personal assistants working in adult learning disability long-term social care residential settings (EG: care home, supported living, homecare). There will be a short online questionnaire prior to an online or in person interview lasting approximately 1hr 15 minutes. For more information please follow this [link](#) or contact: gm518@kent.ac.uk

Learning and Development Opportunities



York Carers Awareness Training

When: Wednesday 25 January 2023
10.30-12.30 via Zoom

This offers an introduction to York Carers Centre and how they can identify and support unpaid carers:

It is an opportunity for professionals to learn more about York Carers Centre and the support available for unpaid carers across the city.

1. Increase understanding of carers, their role and its effect on their lives.
2. Opportunity to explore how we as professionals working in the health and social care field can help to: identify carers early; recognise them as 'partners' in care; help carers to maintain their own health and wellbeing.

To book your place please contact sam.varo@nhs.net



T34 Syringe Driver Training

Further information on upcoming training sessions available to nursing staff across the patch to support in using syringe drivers can be found below:

- [Vale of York Area \(York and Scarborough NHS Teaching Hospitals Foundation Trust/St Leonard's Hospice\)](#)
- [Scarborough and Whitby \(St Catherine's Hospice/Project ECHO\)](#)
- [Harrogate \(Harrogate District NHS Foundation Trust\)](#)

Further Information



Skills for Care- Yorkshire and Humber and the North East Themed Local Area Briefings

Your local Skills for Care Team are running a series of virtual events to support the adult social care workforce to lead, deliver and grow. The events are aimed at registered managers, deputy managers and those with a responsibility for learning and development working for an adult social care provider. Upcoming Events include:

Leadership

Wednesday 25 January 2023, 13:30 - 15:00

CQC and Quality improvement

Wednesday 22 March 2023, 13:30 - 15:00

For more information please follow this [link](#)



**Department
of Health &
Social Care**

Get Nominating- Chief Nurse for Adult Social Care Awards

Last year, Deborah Sturdy (Chief Nurse for Adult Social Care England, Department for Health and Social Care) launched an awards programme which are an opportunity to recognise the outstanding contribution made by social care staff. The awards are designed to celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues.

Further information on the award including the nomination criteria can be found through this [link](#). We would encourage providers to have a think about staff meet these criteria and deserve recognition. We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

This bulletin is produced by York Health and Care Partnership

Do you have.....

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care Meeting?**

If so please contact sam.varo@nhs.net