

## Referral Support Service

## Gynaecology/Sexual Health

**GY06**

### **YorSexual Health (YSH) – Contraception and Sexual Health**

YSH are the regional provider of sexual health and HIV treatment Services. We offer a wide range of services encompassing contraception, STI screening and treatment, HIV support, counselling and MESMAC.

**Clinic Opening Times: Please see website for the clinic location and times**

<https://www.yorsexualhealth.org.uk/>

#### **STI Screening**

Postal kits can be accessed directly by patients via the YSH website including:

- Online access for chlamydia kits for under 25s.
- Online self-test STI postal kits for all ages (includes chlamydia, gonorrhoea, syphilis and HIV).
- [click here for details](#)

A mixture of virtual consultation and appointment booked clinics are available for sexual health screening and contraception. Patient Information leaflets are available on the [website](#).

Comprehensive publication from BASHH about treating STI in Primary Care [click here for details](#).

North Yorkshire antibiotic prescribing guideline for Primary care [click here for details](#).

#### **Complex contraception referrals:**

Referral letter to accompany any complex contraception patients.

#### **Difficult /failed IUC referrals**

Information to include in referral letter:

- Reason for referral
- Type of IUD/IUS
- Duration of use
- Threads visible or not
- If threads not seen whether had USS to confirm in-utero IUC?
- Bridging contraception if IUC expired
- 7/7 abstinence if IUC in date
- Relevant medical/surgical/gynecological history
- Cervical smear history

## **Deep implant referrals**

Information to include in the referral letter

- Where inserted?
- In date or expired?
- Any part of the implant palpable or not?
- If completely impalpable, any attempts previously to localize the implant?
- Previous failed attempts at removal and any resulting complications?
- Bridging contraception if implant expired

If there has been a failed attempt at removal, please allow at least 6 weeks before another attempt to allow time for all tissue reaction to settle down.

### **Exclusions:**

YSH will not fit 52 mg LNG-IUS insertions for non-contraceptive indications.

### **Useful Websites for Contraception Advice for Professionals:**

- UKMEC - comprehensive online document to cover all types of contraceptives with patient eligibility and contraindications to use [Click here.](#)
- [FSRH clinical Standards](#) - covers a range of latest contraceptive guidelines for specific groups e.g. young people, aged over 40, overweight and obese patients, IBD and cardiac patients and contraception after pregnancy.
- [sexwise.org.uk/](http://sexwise.org.uk/)

### **Other websites and useful resources**

- [British Association for Sexual Health and HIV](#)
- Management of Thrush and Recurrent Thrush: [patient UK leaflet](#)

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No drugs in the guidance

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