




Key messages

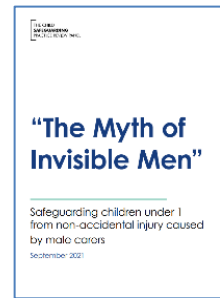
These are key messages for Primary Care practitioners regarding children, young people and adults at risk of harm: **October 2021**

<p>1.</p>	<p>Training and Competences in Safeguarding:</p> <p>All health staff who encounter adults with care and support needs, and /or children and their families have an individual responsibility for ensuring that they have the competences to recognise abuse and neglect and are aware of the actions to take if they have concerns about a safeguarding issue.</p> <p>Following initial Level 3 safeguarding training this means to maintain your competency every 3 years you need to complete a minimum of:</p> <ul style="list-style-type: none"> • 8 hours (Adult Level 3 safeguarding) and • 12 hours (Children's Level 3 safeguarding) • With 50% being participatory learning <p>(Please note safeguarding Lead GP's need to complete a minimum of 16 hours of children's Level 3 over the three-year period)</p> <p>For further information please see the RCGP Supplementary guide to safeguarding requirements for all Primary Care staff available here</p> <p>The CCG Primary Care Hot topics level 3 safeguarding training is updated yearly and supports you towards achieving competency. You can also complete your safeguarding hours through supervision within your practices, reading research, attending safeguarding meetings and reflecting on this or accessing further training. Please see the links below for further safeguarding training available:</p> <ul style="list-style-type: none"> • Children: Please see the NYSCP and CYSAB website for details on their multiagency training and also their online safeguarding training. • Adults: Please see the NYSAB and the CYSAB website for their training offer. • Domestic Abuse virtual training via IDAS is available here • Modern Slavery, exploitation and human trafficking e-learning here • PREVENT e-learning from the home office see here
<p>2.</p>	<p>Mental Capacity Toolkit: https://mentalcapacitytoolkit.co.uk/</p>  <p>This free learning toolkit aims to support practitioners in their understanding and duties under the Human Rights Act and Mental Capacity Act.</p>   <p>It is modular based learning (8 modules in total) and seeks to embed MCA knowledge through short reflective exercises. It takes around 15 mins to complete each one and would be a great Practice exercise within your safeguarding meetings.</p> <p>Any learning completed can add to Level 3 safeguarding competencies.</p>



3. [The Myth of Invisible Men: Father's report](#)

This is the UK's Child Safeguarding Practice Review Panel's in-depth and hard-hitting report. The "Myth of Invisible Men" report shines a light on the rare but tragic phenomenon of fathers and father-figures who kill or injure babies (not by accident).



It recommends that the engagement of fathers must be embedded in prospective and current programmes and that professionals must have the will and capacity to 'see', and where necessary seek out, fathers who are struggling in order to then provide individualised support to the small number who may present a risk to babies

For support for father's online, see links below:



On-the-go wellbeing support is available to new and expectant fathers in North Yorkshire. [DadPad](#) is free to download and provides on-the-go advice to help fathers enjoy their babies, feel more confident and support their mental and emotional wellbeing. Dads' can download the app for free by visiting www.thedadpad.co.uk/app



'ManDad': Online support community for dad's
ManDad provides a unique service by reaching Men who are struggling with their mental health, self-confidence, parenting, and sense of community. ManDad provides a safe space for Dads to connect, learn, grow, develop themselves, and work on becoming better parents. The website is free to access.

[ICON](#) resources and information videos for parents



4. [Young Peoples Drug and Alcohol Teams:](#)

York Services

Changing Lives:

- 1:1 support for young people (under 18) who use drugs and/or alcohol
- 1:1 support for 18–21-year-olds who use drugs and/or alcohol
- 1:1 support for 11–18-year-olds who are affected by parental substance use.



A free and confidential service for young people who need support around drug and alcohol use; all that is asked is that the young person lives within the City of York and is willing to meet with the service.



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Please see the [webpage](#) and the attached updated referral form.

M-PACT: Support for Whole Families affected by parental substance misuse

- Aims to improve the well-being of children and families affected by **parental substance misuse**.
- The programme runs over a period of 10 weeks and supports families with children aged 8-17 years to address areas such as communication and develop coping strategies

whilst putting children at the heart. It also helps to educate family members on what addiction is and the impact it has.

- For referrals, please call **Oak Tree's: 01904 621776** or **Blossom Street: 01904 464680** and ask about **M-PACT**
- See leaflets attached.



Childrens
leaflet.pdf

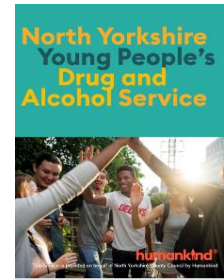


Parents leaflet.pdf

North Yorkshire

Humankind:

- The service delivers evidence based structured drug and alcohol treatment for young people aged **10-18 years** (up to 25 where SEND need dictates).
- Humankind is contactable via the **SPOC 01723 330730** (option 2) or Freephone **08000 14 14 80** (option 2).



The **referral form** and **Service Leaflet** are attached below and website is [here](#):



NY Young People's
Service generic leaflet.pdf



NY YP referral
form.docx

York and North Yorkshire

Adfam: Support for Adult Family Members

- Adfam is providing support to **adult family members** (and friends/carers) of those with substance use problems. This support is delivered via one to one and group sessions.
- Referral is via the website: <https://adfam.org.uk/yorks>



5.

Survive: Support for individuals who have experienced sexual trauma

- Survive offers specialist counselling and support work to men and women across **York and North Yorkshire** who have experienced sexual trauma as well as their parents, partners, carers, friends and other family members.
- **The helpline is open every Monday between 4pm and 7pm on freephone 0808 145 1887.**
- The helpline complements Survive's existing counselling, trauma therapy and support work services.



<https://www.survive-northyorks.org.uk/>



Best Wishes
Nicky, Alison
and Claire



