

# COVID-19



# Vaccination and Pregnancy

Doctors and midwives recommend ALL pregnant women have their COVID vaccination. It is the best protection against COVID for you and your baby.

## COVID-19 in pregnancy

Most will have no symptoms or have mild cold/flu symptoms however....

- Getting covid after 28 weeks is more risky for you and your baby
- There is a higher risk of problems in your pregnancy including an increased risk of pre-eclampsia
- There is a greater risk of premature birth
- Pregnant women with COVID are more likely to need to go into hospital, or even need intensive care

### What the data says

- There is no evidence that the vaccine is harmful in pregnancy
- There is no evidence the vaccine can affect yours or your partner's fertility
- UK vaccines are not 'live', so cannot give you the virus
- Pfizer and Moderna were given to 130,000 pregnant women in USA with no safety concerns
- You are still able to breastfeed after your vaccination

### Women who are at higher risk of severe disease

- Clinically extremely vulnerable (CEV)
- Underlying medical condition e.g. diabetes
- BMI 25 or more
- Age 35 or more
- Over 28 weeks pregnant



### Ways you can avoid catching COVID

- Get both your vaccinations
- Meet outside or open windows and doors for indoor visitors
- Wear a face covering in crowded places and on public transport
- Wash your hands with soap regularly and for at least 20 seconds
- Ask people you live with to stay cautious and follow the above



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For more information please scan the code. or visit [www.rcog.org.uk/covid-vaccine](http://www.rcog.org.uk/covid-vaccine)

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