

Referral Support Service

GY22 Vulval Disorders

Gynaecology

Definition

Commonly present with pruritis and pain

*benign small cysts/lumps not causing symptoms do not require treatment or referral which includes Bartholin's cysts.

Exclude Red Flag Symptoms

Vulval ulceration or increasing lesion of vulval skin-refer Suspected Gynaecological Cancer 2WW fast track referral proforma

General Points

See flow chart

Management - see links to conditions below

- Exclude [vulval candidiasis](#)
- Examine vulval, perianal area, vagina, cervix.
- Look for any evidence of systemic illness by examining rest of skin and oral mucosa
- Commonest vulval disorders are:
 - [Lichen sclerosus](#) - for management see below
 - [Atrophic vulvovaginitis](#)

Referral Information

Indications for referral

- Lesions or conditions not responding to management below

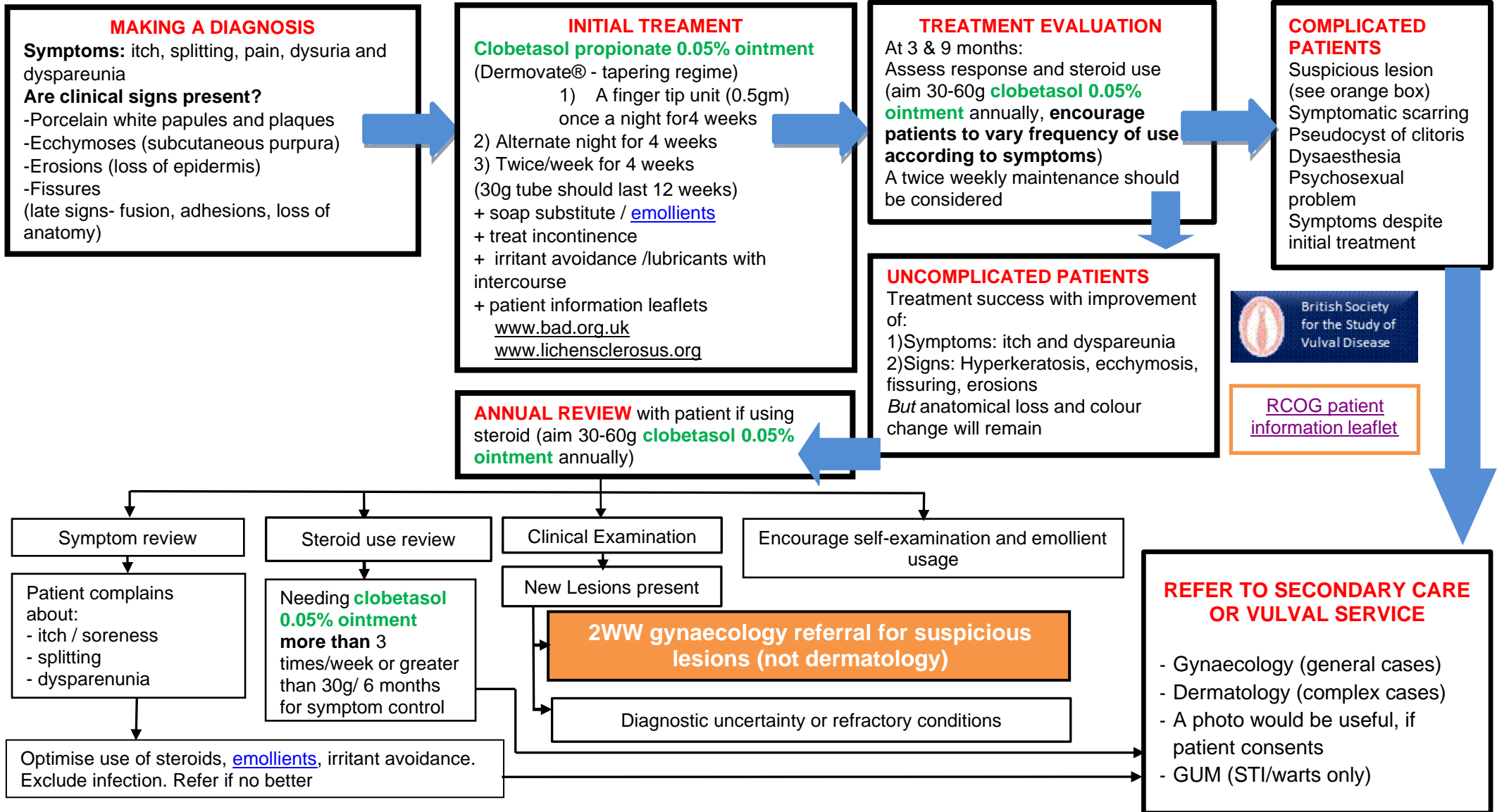
Information to include in referral letter

- Description of vulva and any lesion
- Smear history
- Relevant past medical/surgical history
- Current regular medication
- BMI
- Smoking Status

Investigations prior to referral

- Consider TFT/HbA1c
- Consider vulval swabs

VULVAL LICHEN SCLEROSUS- GUIDANCE FOR HEALTH CARE PROFESSIONALS (HOSPITAL TEAM OF GP SPECIALIST INTEREST)



Referral Criteria

- Lesions or conditions not responding to management above
- Detail treatments tried, duration, problems etc and results of suggested investigations

Patient information leaflets/ PDAs

- <http://patient.info/health/vulval-problems-leaflet>
- [British Association of Dermatologists - Patient Information Leaflets \(PILs\) \(bad.org.uk\)](http://www.bad.org.uk)
- [Skin conditions of the vulva patient information leaflet \(rcog.org.uk\)](http://www.rcog.org.uk)

References

- British Association for Sexual Health and HIV BASHH- Guideline on Management of Vulval Conditions
<http://www.bashh.org/documents/UK%20national%20guideline%20for%20the%20management%20of%20vulval%20conditions%202014.pdf>

Responsible Consultant: Miss Claire Oxby

Responsible GP: Dr Jacqui Caine

Responsible Pharmacist: Faisal Majothi

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