

# Meet our Frailty Care Coordinator



**Montana is a Frailty Care Coordinator, having previously worked as a support worker. She is passionate about helping people to live happier, healthier and more independent lives, inclusive of all needs and abilities. An appointment could help to:**

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*Montana has made a great difference in the holistic support of people living with frailty and contributed to personalised care plans that enable a better quality of life for these patients.*

- Dr Ruth Walker

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- Have a single point of contact to call should any issues arise
- Ensure your care reflects your wishes
- Gain local health and wellbeing support
- Arrange vaccines and referrals to Age UK

Speak to your GP practice about this service.

[valeofyorkccg.nhs.uk/carecoordinators](http://valeofyorkccg.nhs.uk/carecoordinators)

**Selby  
Town**

PCN