



## Your local LD and SMI Care Coordinator

Lindsey is a Learning Disabilities and Severe Mental Illness Care Coordinator with a background of working in education, where she taught and supported varied age ranges to achieve their individual potential. With qualifications in Psychology and a diploma in Special Educational Needs, Lindsey is able to apply her knowledge to help make a difference to others.

### Lindsey says:

“ I am passionate about helping people as I believe each person should have the opportunity to have a happy and full life. ”

The Learning Disabilities and Severe Mental Illness Care Coordinator has been employed by the Selby Town Primary Care Network (PCN) to work in GP practices to support patients.

This leaflet was developed by NHS Vale of York Clinical Commissioning Group on behalf of Selby Town Primary Care Network (PCN).



If you have any queries, please contact your GP practice.

For information go to [valeofyorkccg.nhs.uk/carecoordinators](http://valeofyorkccg.nhs.uk/carecoordinators)

# Learning Disabilities and Severe Mental Illness Care Coordinator



## What is an LD and SMI Care Coordinator?

A Learning Disabilities and Severe Mental Illness Care Coordinator holistically supports patients with learning disabilities and their carers within the community. They ensure patients' Care Plans are agreed and personalised.

## What is defined as 'learning disabilities and severe mental illness'?

A learning disability is a permanent condition which affects intellectual function and impacts on everyday activities.

Mental illness is a range of emotional and psychological distress. This can be experienced by any person at any time but can be managed or overcome through treatment.

## How can the LD and SMI Care Coordinator help me?

The role provides an accessible point of contact for guidance, support and navigation whilst working closely with health, social care and voluntary agencies. Some of the support you can expect includes:

- **Help to improve your health and wellbeing whilst living with a learning disability and/or severe mental illness**
- **A personalised care and support approach with you and your family/carers**
- **Ensuring your health and social care is planned and organised around your needs and preferences**
- **Supporting you to access your annual health checks which are important because they can identify undetected health conditions early, ensure the appropriateness of ongoing treatments and promote health, for example through screening and immunisation.**
- **Improvement to holistic care with help accessing specialist teams, social care and local voluntary groups.**



## How do I make an appointment to see the LDI and SMI Care Coordinator?

You can phone Lindsey directly on 01757 244984. Alternatively, call the Care Coordinator team on 01757 244980.

## Will I need to see the LDI and SMI Care Coordinator on a regular basis?

The number of times you regularly access the LD and SMI care coordinator will depend on your individual personalised care plan and needs. A discussion with you and your family/carers will ensure appropriate care is given and what type of ongoing support is needed.

## Why is the LD and SMI Care Coordinator based in the GP surgery?

The LD and SMI care coordinator works closely with the whole team within the GP surgery. They work closely with the clinical staff to seek advice and guidance on different aspects of your care where necessary.