**COVID-19 update**

**Information correct as of 3pm 26 June 2020**

**In this edition**

* Updates to the COVID-19 web page
* Changing TIDES Project: BAME health and social care staff co-researchers
* Patient exercise survey reveals positive lifestyle changes

**Attachments**

* none

All information provided in the COVID-19 bulletin is hosted online at <https://www.valeofyorkccg.nhs.uk/rss/home/infections-and-microbiology/covid-19/>

**Updates to the COVID-19 web page**

Useful resources

[The Impact of Face Masks on Communication](https://www.valeofyorkccg.nhs.uk/seecmsfile/?id=4128&inline=1)

**Changing TIDES Project: BAME health and social care staff co-researchers**

The Changing TIDES project is looking for Black, Asian and minority ethnic healthcare and allied healthcare professionals at all levels (e.g. Healthcare Assistants up to Very Senior Management) who are interested in joining a study as co-researchers or advisory board members.

The ESRC-funded Changing TIDES project builds on the existing Wellcome Trust-funded [Tackling Inequalities and Discrimination Experiences in health services (TIDES) study](https://tidesstudy.com/) led by Professor Stephani Hatch at King’s College London. Changing TIDES includes representatives from the NHS England Workforce Race Equality Standard, the NHS Confederation, NHS England and NHS Improvement, and Black Thrive as collaborators. It aims to:

* identify ethnic inequalities in mental health and occupational outcomes amongst NHS staff.
* understand how COVID-19 exacerbates such inequalities, and the processes through which inequalities are produced, maintained and resisted.
* develop a Race Equality Impact Assessment toolkit, as well as education and Virtual Reality training resources targeted at improving BAME staff experiences, retention and relevant NHS policies.

All necessary training and support for the role will be provided, and individuals will be paid for their time. For more information about the roles or the study more generally, please contact [tides@kcl.ac.uk](mailto:tides@kcl.ac.uk).

**Patient exercise survey reveals positive lifestyle changes**

A recent survey of patients at Haxby Group's 11 surgeries has revealed a silver lining to lockdown - more than 28% of the 5,000 patients who responded, said they were exercising more. Find out how we can embrace this change to patients' behaviour to improve patient care. <https://bjgplife.com/2020/06/08/a-covid-19-silver-lining-a-positive-impact-on-lifestyle/>