

- **NYCC**
Children &
Families Service
- **HDFT**
Healthy Child
Programme
- **CYC**
Local Area Teams
- **CYC**
Healthy Child
Service





Niall McVicar

Head of Early Help and Local Area Teams



Jon Coates

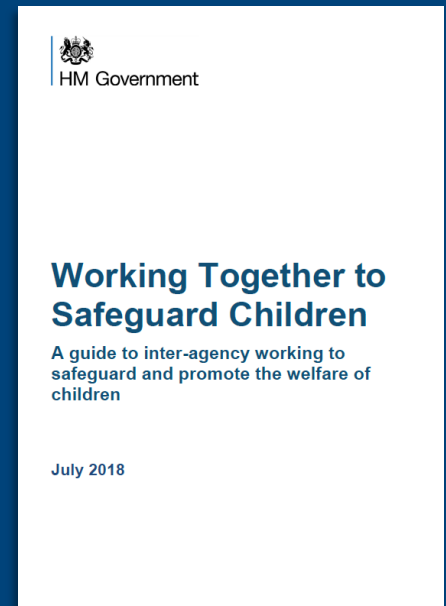
Senior Early Help Consultant



Providing early help is more effective in promoting the welfare of children than reacting later. Early help means providing support as soon as a problem emerges, at any point in a child's life, from the foundation years through to the teenage years.

Effective early help relies upon local organisations and agencies working together to:

- identify children and families who would benefit from early help
- undertake an assessment of the need for early help
- provide targeted early help services to address the assessed needs of a child and their family which focuses on activity to improve the outcomes for the child



Early Help Services

Safeguarding and promoting the welfare of children is **everyone's** responsibility, so early help is also **everyone's** responsibility.



Early Help Strategies

CYC

Sets out how in York we will:

- Support resilient communities and families
- Give children the best start in life
- Provide the right help at the right time
- Manage demand



www.yor-ok.org.uk/earlyhelp



Early Help Strategies

NYCC / NY SAFEGUARDING PARTNERSHIP

Sets out how North Yorkshire will become a place where all children and young people are:

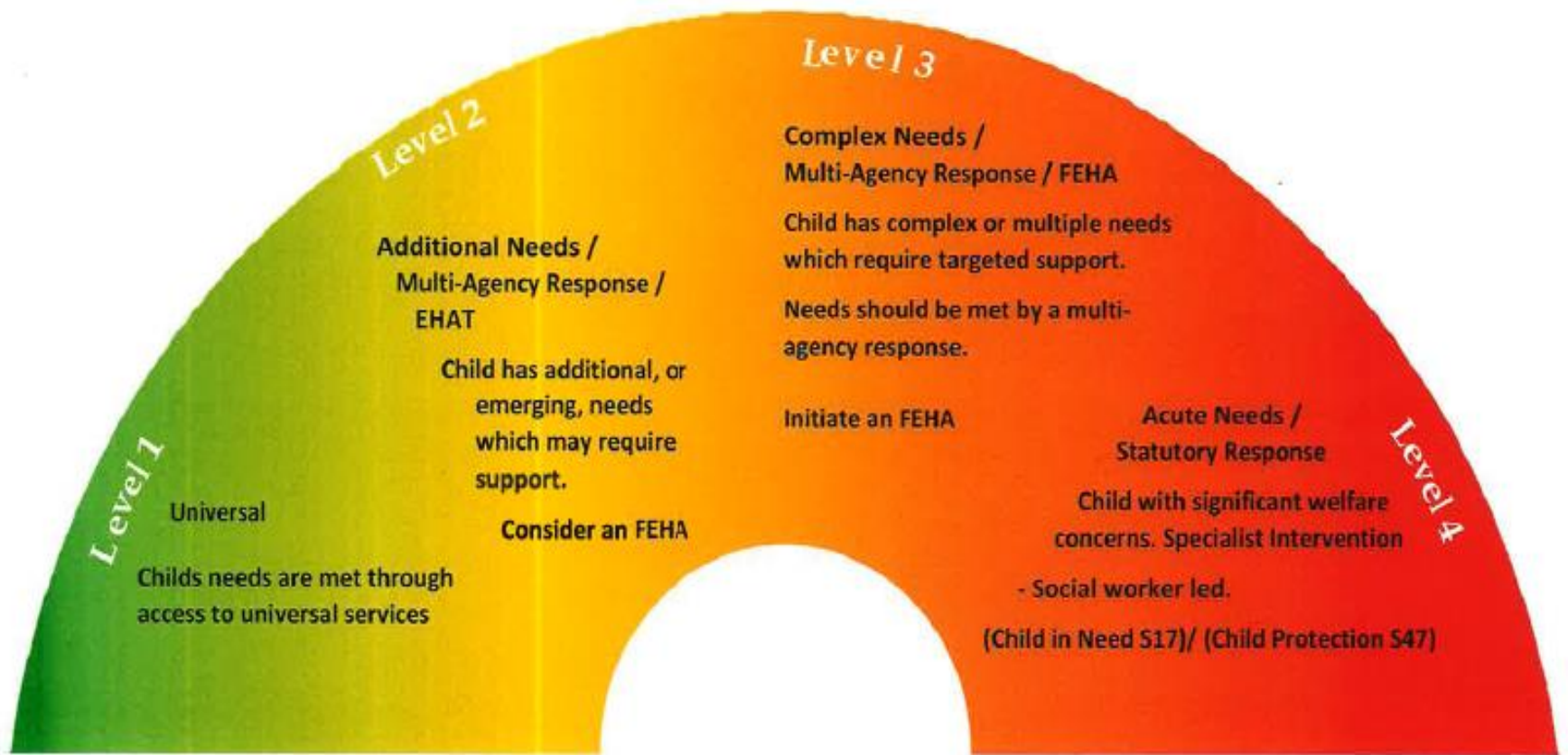
- Happy
- Healthy
- Achieving



www.northyorks.gov.uk/early-help



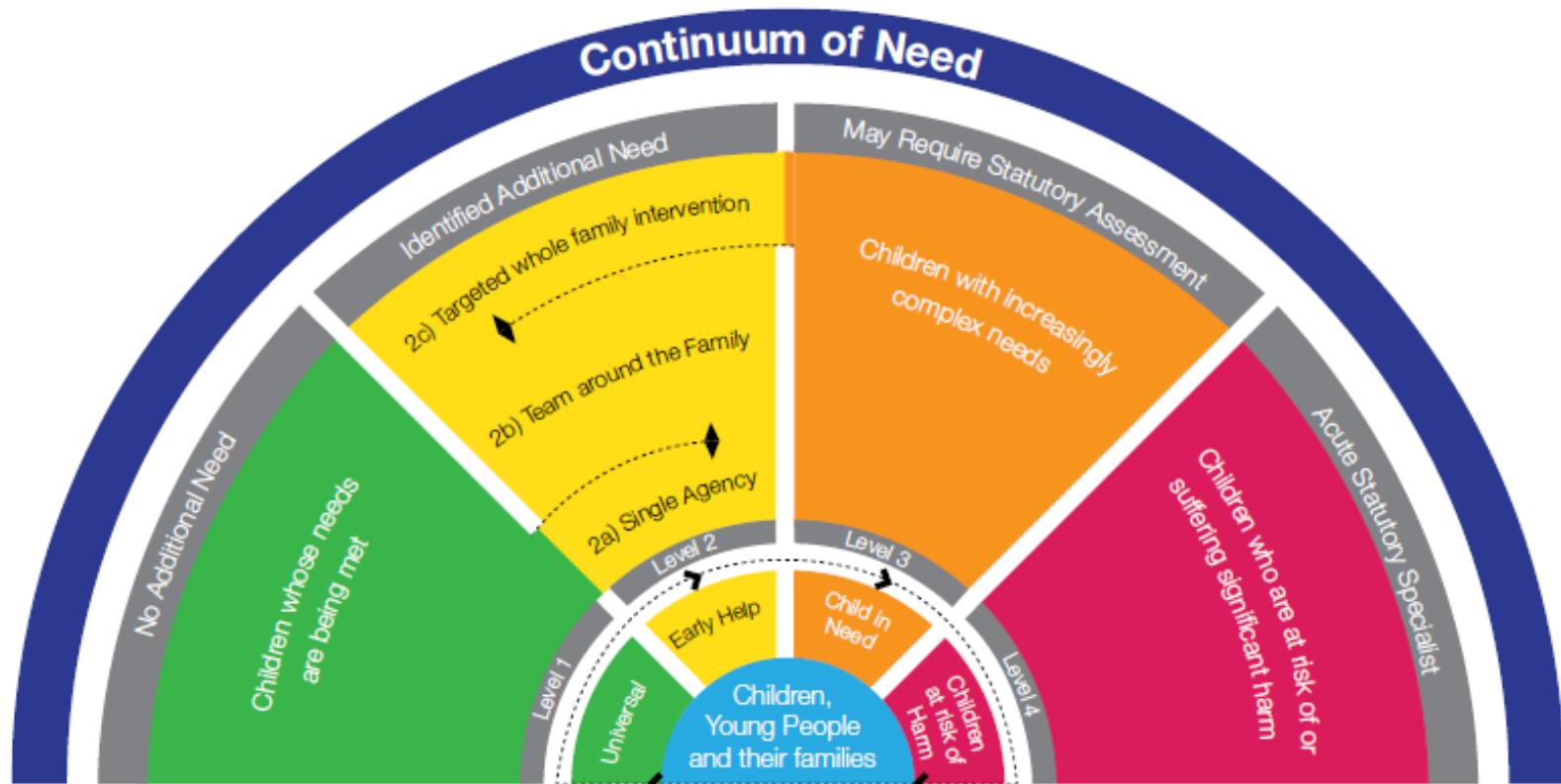
Levels of Need - CYC



Universal services support needs at all levels

Consent - It is important that parental consent is obtained when making a referral for a child in need.
However, consent is not required for a child requiring protection.

Levels of Need - NYCC



If in doubt please discuss with the Early Help Consultant

Locality Teams

CYC

Head of Services in Each Locality – North/East/West

Head of Early Help

- Practice Managers Early Help
 - Local Area Support Practitioners – Hold Early Help cases and support partners (link work)
- Early Help Co-ordinators (MASH)



Locality Teams

NYCC

Head of Services in Each Locality – East/Central/West

Group Manager LAC & Safeguarding

Group Manager Early Help

- Practice Supervisors Early Help
 - Children and Families workers – Hold Early Help cases and interventions within families open to CSC
- Senior Early Help Consultants
 - Early Help Consultants
 - Early Help Practice Co-ordinators
 - Children and Families Support Workers – Group Delivery and Family time

Early Help Champions

Early Help Champions are professionals from across the children's workforce (for example schools, health, police, housing, etc.) who through strong and resilient relationships with children and their families, identify and respond to need at the earliest opportunity.

They complete Early Help Assessments and deliver enhanced support to address assessed needs.

Where necessary the Early Help Champions will co-ordinate Team Around the Family (TAF) meetings, which ensure an appropriate multi-agency response to escalating needs.

Early Help Champions can be supported in their role by dedicated Early Help Consultants (NYCC) or Link Workers (CYC).

Early Help Champion / Lead Practitioner

An Early Help Champion (Lead Practitioner) is someone who is a 'champion' for a child or family. It is not a job role for one person within an organisation.

An Early Help Champion should therefore be someone who:

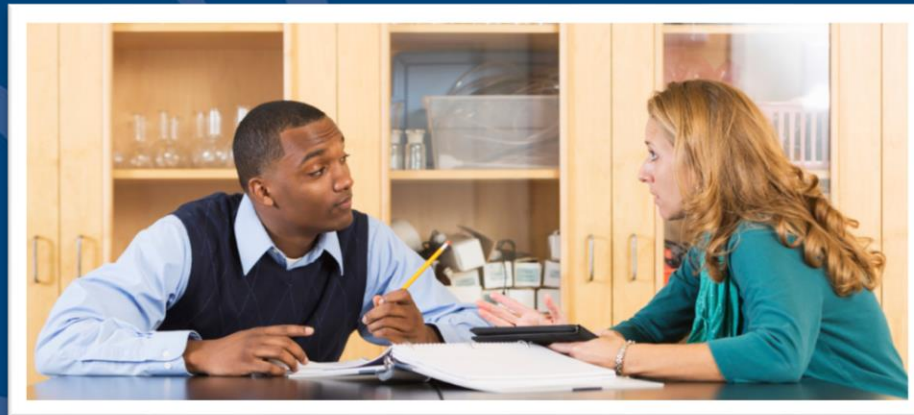
- Has a positive relationship with the child and family
- Understands the issues the child/family are facing
- Wants to make a difference



Early Help Consultants / Link Workers

The core focus is to offer consultancy support to schools and other partners enabling the co-ordinated delivery of early help support to children and their families.

Early Help Consultants will be the main point of contact for schools and will work alongside schools to support the delivery of and deliver early interventions specific to the needs of children and families in the communities.





Early Help Assessment

- Strengths based approach
- Supports good quality referrals
- Consent based
- Key things to consider (Signs of Safety)
 - What are you worried about?
 - What is going well for the child and family?
 - What needs to change or would help this child and family?
 - What are the child's/young person's views?
 - What are the parent's/carer's views?
 - What needs to happen?

Contact Numbers - NYCC

Division	Name
Central (Selby, Richmondshire, Hambleton)	01609 534829
East (Scarborough, Whitby, Ryedale)	01609 534852
West (Harrogate, Knaresborough, Ripon, Craven)	01609 534842

Concerned about a child?

	During Office Hours	Outside Office Hours	E-mail
	01904 551900	Emergency Duty Team 01609	childrensfrontdoor@york.gov.uk
	01609 780780	780780	children&families@northyorks.gov.uk



Russell Dowson
Healthy Child Service Manager



Annie Beedle
0-19 Children's Services Manager

Who provides the Healthy Child Programme?

Responsibility for commissioning transferred from NHS England to local authorities on 1 October 2015.

- Harrogate and District NHS Foundation Trust is the provider service for North Yorkshire.
- City of York Council is the provider for York.



The Healthy Child Programme 0-5

The Healthy Child Programme is the early intervention and prevention public health programme that lies at the heart of our universal service for children and families providing an invaluable opportunity to identify families that are in need of additional support and children who are at risk of poor outcomes in later childhood, including family and environmental factors.

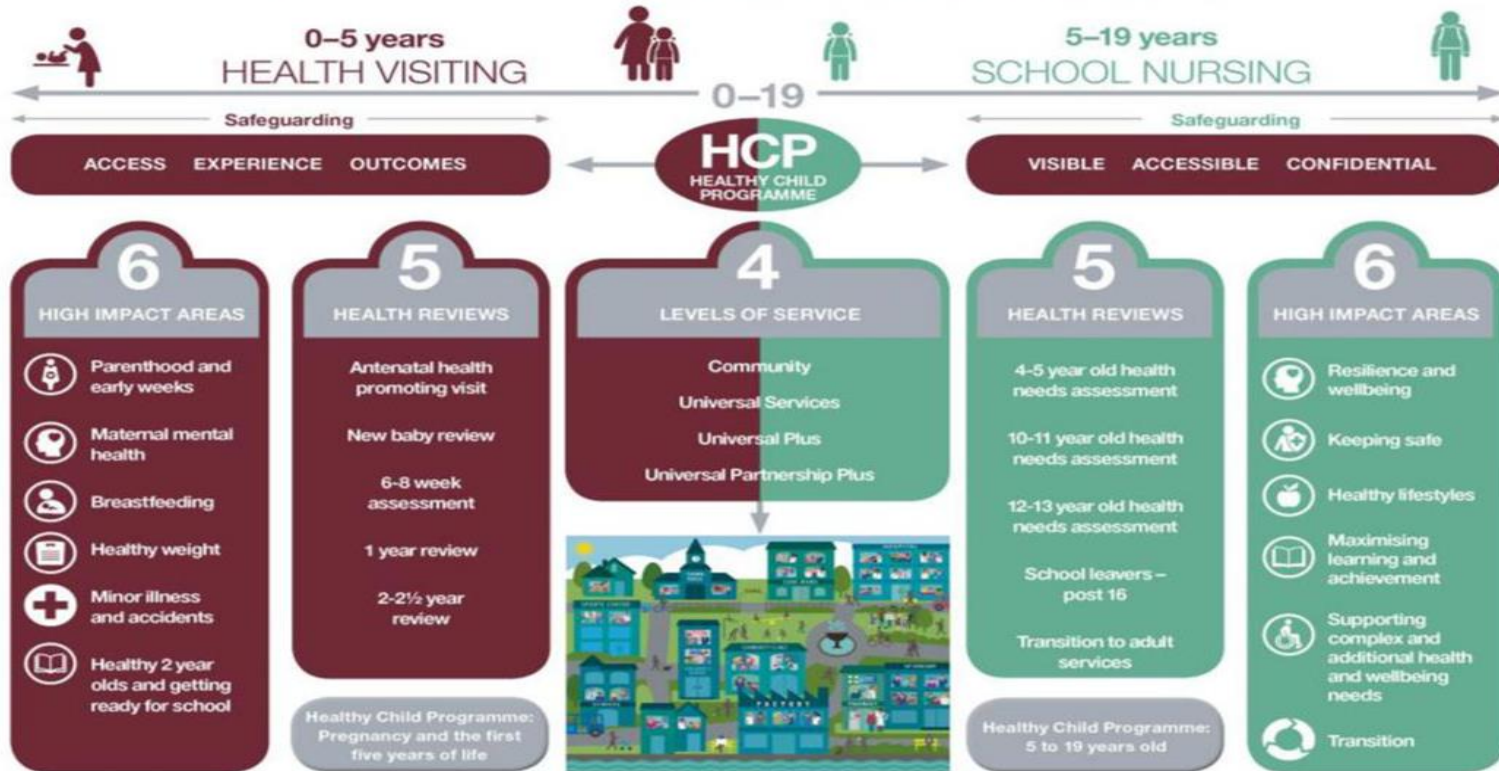


The Healthy Child Programme 5-19

The HCP 5-19 sets out the good practice framework for prevention and early intervention services for children and young people aged 5–19 and recommends how health, education and other partners working together across a range of settings can significantly enhance a child's or young person's life chances.



Healthy Child Programme: The 4-5-6 approach for health visiting and school nursing



The Healthy Child Programme and Early Help

Universal Plus and Universal Partnership Plus support is increasingly being delivered through integrated early help services in a visible and accessible way to families who might be less inclined to access traditional services.



Strengthening Early Help

The Healthy Child Programme needs to adapt in this changing environment, and it is expected that local programmes will provide:

- A major emphasis on parenting support
- The use of new technologies and scientific developments
- The inclusion of changed public health priorities
- An emphasis on integrated services
- An increased focus on vulnerable children and families, underpinned by a model of progressive universalism



How to contact us

North Yorkshire 0 to 19 service

Single point of contact 01609 780780

York

Hobmoor Children Centre (West) 01904 555475

Avenues Children Centre (East) 01904 551760

Clifton Children Centre (North) 01904 552322



Any Questions?



4

Level Health Visiting Service Model

- Community
- Universal
- Universal plus
- Universal partnership plus



5

Universal HV Reviews

- Antenatal visit
- New baby review
- 6-8 week assessment
- 1 year assessment
- 2 to 2 ½ year review



6

High Impact Areas

- Transition to parenthood
- Maternal (perinatal) mental health
- Breastfeeding
- Healthy weight
- Managing minor illnesses & reducing accidents
- Health, wellbeing and development of child age 2 and support to be 'ready for school'



4

Levels of the School Nursing Service Service

- Community
- Universal
- Universal plus
- Universal partnership plus



5

Health Reviews

- 4–5 year health needs assessment
- 10–11 year health needs assessment
- 12–13 year health needs assessment
- School leavers-post 16
- Transition to adult services



6

High Impact Areas

- Building resilience and supporting emotional wellbeing
- Keeping safe, managing risk and reducing harm
- Improving lifestyles
- Maximising learning and achievement
- Supporting additional health and wellbeing needs
- Seamless transition and preparing for adulthood

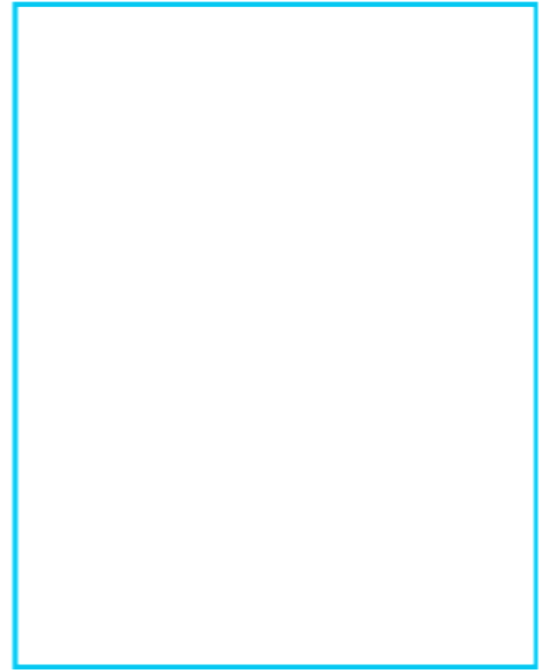


Child's Voice – The Three Houses

House
of Worries

House of
Good Things

House
of Dreams

A large, empty rectangular box with a red border, intended for writing about worries.A large, empty rectangular box with a green border, intended for writing about good things.A large, empty rectangular box with a blue border, intended for writing about dreams.

- What can you do to support the Early Help agenda?
- What support would you need in order to enable you to do this?