

Protected Learning Time for Primary Care

15 October 2019

11 workshop choices and descriptions

Link to book your place: <https://pltOctober2019.eventbrite.co.uk/>

Workshop	
1	<p>Adverse Childhood Experiences and trauma informed practice</p> <p>Content: This session builds on the key note speech by Dr Warren Larkin at the July PTL. ACES are a significant factor in ill health across all ages, and using approaches that accept understand of those experiences has the potential to achieve better outcomes. Claire Snodgrass will take the key messages from the speech and discuss how to identify risk factors, how to respond where risk factors are present, and developing trauma informed approaches. Claire's area of practice is in children and young people, but the principles are applicable across all ages.</p> <p>Presented by: Dr Clare Snodgrass, Clinical Director TEWV, Children and Young People North Yorkshire and York.</p>
2	<p>Antibiotic prescribing: How can you reduce your reliance on antibiotics in this era of multiply resistant bacteria</p> <p>This interactive discussion will involve working with groups to explore how to reduce use of antimicrobials using guidelines, near patient testing and appropriate use of the Microbiology Lab. The session will also cover how inappropriate testing can drive inappropriate antibiotic use.</p> <p>Presented by: Dr Neil Todd, Clinical Director for Hull York Pathology Service and Clinical Microbiologist. York Teaching Hospital NHS Foundation Trust.</p>
3	<p>Breast cancer: Mastalgia, breast lumps and gynaecomastia. A Primary Care Guide to management of all things breast</p> <p>Dr Jenny Piper breast surgeon at York Teaching Hospital will run a practical session on management of common breast disease and presentations and introduce the new breast care guidelines for RSS.</p> <p>Presented by: Dr Jenny Piper, Consultant Breast Surgeon, York Teaching Hospital NHS Foundation Trust.</p>
4	<p>Dealing with over-diagnosis – the Goldilocks principle and “just enough” medicine</p> <p>Taking a new look at how we can use extended expert generalist skills to tackle emerging problems of over diagnosis, problematic polypharmacy and too much medicine. Using practice based evidence to inform new tools for practice</p>

	Presented by: Joanne Reeve, GP and Professor of Primary Care research
5	<p>Diabetes – from diagnosis to treatment</p> <p>Content: Diabetes back to basics from diagnosis to treatment – overview of Management Algorithm and treatment strategies in diabetes</p> <p>Presented by: Vijay Jayagopal, York Teaching Hospital NHS Foundation Trust.</p>
6	<p>Early Help and Healthy Child programme: Getting the best start in life</p> <p>The workshop will look at preventative and early interventions services for children, young people and families in the City of York and North Yorkshire areas. This includes a range of universal interventions delivered to the whole population, as well as targeted interventions and support to those with identified need and the most vulnerable.</p> <p>We invite you to discussions on how Early Help Services and Healthy Child Programmes (Health Visiting and School Nursing Services), and Primary Care can work more closely together to give every child the best start in life.</p> <p>Presented by: Jon Coates, Senior Early Help Consultant (Central), Children and Families North Yorkshire County Council and Russell Dowson, Healthy Child Service Manager North Team, City of York Council</p>
7	<p>FIT (Faecal Immunochemical Test) workshop</p> <p>This workshop will support you to find out more about the roll out of the Faecal Immunochemical Test (FIT).</p> <p>As implementation in York will be effective from October 2019, we would like to invite at least one representative from each GP practice to attend this session which will cover:</p> <ul style="list-style-type: none"> • FIT implementation/process • Communication of FIT results to GPs and patients <p>Presented by: Dr James Turvill, Consultant Gastroenterologist at York Teaching Hospital NHS Foundation Trust and Mr Praminthra Chitsabesan, Colorectal Surgeon and Lead for York Teaching Hospital NHS Foundation Trust.</p>
8	<p>Management of injuries to non-independently mobile children and local learning: Safeguarding session</p> <p>The aim of this session is to provide primary care professionals working with children and families with a knowledge base and action strategy for the assessment and management of children who are not independently mobile and who present with injuries or bruising.</p> <p>It is acknowledged that identifying abuse is particularly challenging and professional judgement and responsibility must be exercised at all times. Any injury to a child who is not independently</p>

	<p>mobile should be treated as a matter of enquiry and concern. Discussion will particularly relate to local learning and management of bruising in babies.</p> <p>Presented by: Jacqui Hourigan, Nurse Consultant Primary Care, Janette Griffiths Named Nurse Primary Care and Karen Hedgley Designated Nurse for Safeguarding</p>
9	<p>Menopause Matters</p> <p>This session focuses on the risks and benefits of HRT and practical prescribing.</p> <p>Presented by: Dr Clare Spencer , GP partner at the Meanwood Group Practice and GPwSI in menopause and gynaecology</p>
10	<p>No Dip – a project to change the diagnosis of Urinary Tract Infections in over 65 years of age. For nurses and HCAs.</p> <p>This session will inform HCAs and nurses about a project to change the way a Urinary Tract Infection (UTI) is diagnosed in patients over 65 years of age which has started in care homes in Vale of York and Scarborough and Ryedale CCGs. The project aim is to stop the use of urinalysis testing sticks as a diagnostic tool for identifying UTIs in over 65 year olds, and utilise a symptom assessment tool in combination with hydration support resources for care home staff.</p> <p>This has been developed and successfully implemented in other areas of the UK and demonstrated positive outcomes for patients, including a reduction in admissions to hospital and a reduction in antibiotic prescribing. Understanding and engagement by all practice staff is vital for success.</p> <p>The assessment tool could be used for all patients to assess for UTI as it is based on clinical presentation rather than a urinalysis dip stick which in the over 65s can be an unreliable diagnostic tool. It has been adapted for use on SystemOne and should be available on EMIS soon. The assessment tool records and communicates clinical symptoms in a clear standardised format based on both best practice and national guidance for primary care clinicians to then review the assessment form and respond back to the home with a recommendation.</p> <p>Presented by: Jo Raper Lead CCG Nurse for Infection and Prevention Sharon Oyston- Team Lead for Community Infection Prevention team.</p>
11	<p>Travel advice: conditions and vaccinations</p> <p>Please note: This session is a promotional session sponsored by Sanofi Pasteur and the speaker has been funded by Sanofi Pastuer.</p> <p>This is two part (2 hour in total) workshop run by Sanofi and will cover the latest updates on travel advice, conditions and vaccinations. This will include risk assessment, disease awareness and available/current vaccines. The session can be shaped by you, so if there is anything you would like the workshop to cover please email voycg.engagement@nhs.net.</p> <p>Presented by: Yvonne Gibney, Independent Travel Health Specialist Nurse</p>