

Safeguarding Children and Adults

2019 -20

Jacqui Hourigan – Nurse Consultant for Safeguarding in Primary Care

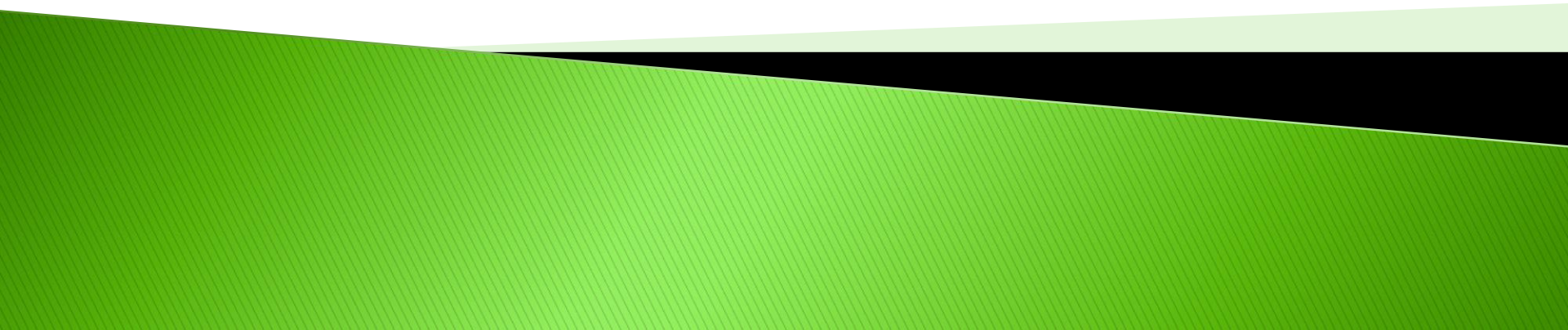
Karen Hedgley & Elaine Wyllie - Designated Nurses for Safeguarding Children

➤ County Lines

➤ Peri natal Mental Health Pathway

**Local perspective , information
sharing and referral processes**

Perinatal Mental Health Service



Perinatal Mental Health and Safeguarding Children

'Up to one in five women and one in ten men are affected by mental health problems during pregnancy and the first year after birth. Unfortunately, only 50% of these are diagnosed. Without appropriate treatment, the negative impact of mental health problems during the perinatal period is enormous and can have long-lasting consequences on not only women, but their partners and children too. However, this is not inevitable. When problems are diagnosed early and treatment offered promptly, these effects can be mitigated'

Perinatal Mental Toolkit: Royal College of General Practitioners

<https://www.rcgp.org.uk/clinical-and-research/resources/toolkits/perinatal-mental-health-toolkit.aspx>


Learning from national case reviews - could this happen here?



- ▶ *Charlotte Bevan had a history of psychosis and was detained 4 times under MHA*
- ▶ *She was prescribed Risperidone*
- ▶ *She stopped her medication in pregnancy so she could breast feed her baby*
- ▶ *She relapsed quickly despite restarting medication and was filmed on CCTV walking off the post natal ward unseen with her 4 day old child*
- ▶ *The bodies of Charlotte and her baby were found at the base of the nearby Avon Gorge cliff in Bristol in Dec 2014*

<http://www.hundredfamilies.org/wp/wp-content/uploads/2018/09/CHARLOTTE-BEVAN-SCR-Dec-14.pdf>

Learning from local significant incidents:

- ▶ Need for much greater awareness around how postnatal illness may present (particularly its fluctuating nature), and its potential impact on infants and children;
 - ▶ Need for clarity about access to specialist advice and support;
 - ▶ Greater understanding of how to assess the impact of parental mental health on children – use of PAMIC assessment tool;
 - ▶ Need for practitioners to share and triangulate information from different sources.
- 

Red Flags in Perinatal Mental Health

History of mental illness

Women with bipolar disorder:

- ▶ More than one in five chance of experiencing postnatal psychosis
- ▶ Almost one in two chance of experiencing severe postnatal depression
- ▶ Refer to a psychiatrist, preferably a specialist in perinatal mental health , **even if they are well**, so a personalised care plan can be made
- ▶ Postpartum psychosis is a **psychiatric emergency** and requires specialist assessment and treatment within 4 hours



Note: 50% of women who get postnatal psychosis have **no** history of mental health problems



- ▶ Women with a history severe depression: 40% risk of a relapse postnatally
- ▶ Detection: If a women consults her GP saying she has a perinatal mental health problem she's almost certainly right. Do not dismiss her or normalise symptoms.
- ▶ Presentations which should prompt urgent psychiatric assessment:
 - Recent significant change in mental state or emergence of new symptoms
 - New thoughts or acts of violent self harm
 - New and persistent expressions of incompetence by the mother or estrangement from the infant.

(RCGP: Judy Shakespeare 1/7/16)

Key safeguarding considerations:

- ▶ Parental mental health problems should not be seen, in and of themselves, as necessarily harmful to children
- ▶ Where there are indicators of an escalation in the severity of mental health problems, any indicators of delusional thought patterns towards the children, or where a parent expresses thoughts of self-harm, or of harming her or his children, these should be taken seriously and should prompt an urgent consideration of the safety of the child

Triennial Analysis of SCRs 2011-2014

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/533826/Triennial_Analysis_of_SCRs_2011-2014_-_Pathways_to_harm_and_protection.pdf




Perinatal Mental Health Team (PNMHT): North Yorkshire and York

- ▶ A specialist mental health team working with expectant and new mums who have current or past **severe** mental illness


- ▶ Work across North Yorkshire and York, split into two hubs
 - York and Scarborough
 - Harrogate and Northallerton

Who do the Team work with.....


Women who have had past or present episodes of:

- ▶ Bipolar Type 1
 - ▶ Psychosis
 - ▶ Severe depression (HBT)
 - ▶ Post-partum psychosis
 - ▶ Admission to Mother and Baby Units
 - ▶ Or develop new and severe MI during the perinatal period that cannot be managed in primary care
- 


Exclusions:

- ▶ Women with a primary diagnosis of substance misuse, Learning Disability or Autistic Spectrum Disorders.
 - ▶ Women with severe and complex mental illness who will not be the primary carer for their baby postnatally. However, women can still be referred for medication advice during pregnancy.
- 

Access to the PNMHT:

- ▶ The Team do not accept direct referrals.
 - ▶ All referrals for women who you think may benefit from input from the North Yorkshire and York PMHT must be made through your Local Integrated Community Teams or, in York and Selby, the Wellbeing and Access Team
 - ▶ It may be more appropriate for a woman to be supported by other parts of the mental health pathway. These teams will refer on to us or co-work with us if needed
- 

Some of the services offered by the PNMHT.....

- ▶ Preconception advice to those with severe mental illness or previous perinatal mental illness.
 - ▶ Psychological Interventions including CBT/EMDR.
 - ▶ Mindfulness/Behavioural activation.
 - ▶ Video Interaction Guidance.
 - ▶ Baby massage and yoga.
 - ▶ Medication review for more complex treatments e.g. antipsychotics, multiple psychotropic, Lithium.
- 

Contacting the Team....

If you have any concerns or queries or if you are unsure if someone will meet our criteria or not.

A duty worker is available Monday to Friday 9-5:

Telephone: **01904 556724**

Email: **TEWV.northyorksperinatal@nhs.net**

County Lines: Emerging Threat and Response

DCI Graeme Wright

Director of Intelligence and Head of Organised and Economic Crime

SOC: A Global Business...





County Lines – National Picture

- A typical county lines scenario is defined by the following components:
 - Urban to County
 - Movement of drugs
 - A branded mobile phone line
 - “Cuckooing”
 - Travel
 - Violence

It's...

- ▶ **Exceptionally violent**
 - ▶ **Lucrative – worth around £700m a year**
 - ▶ **A national issue**
 - ▶ **Happening here**
 - ▶ **A foremost priority for North Yorkshire Police**
- 
- A stack of British banknotes, including £50 and £20 notes, scattered on a dark surface. The notes are fanned out, showing various denominations and colors like blue, green, and brown.

Money



A typical line can make in the region of £3,000 per day with some more prominent lines possibly making in excess of £5,000 per day.

- 720 lines x £3k = £2.1m a day (approx.)
- 849,000 x 7 days = £15m a week
- £15m x 52 = £786m a year.



County Lines – National Picture

85

%

of forces reporting use of knives
among 'county lines' gangs

74

%

of forces reporting use of
firearms among 'county lines' gangs

12

– the age of the youngest
child involved in the 'county
lines' trade in England

Exploitation of vulnerable people

74% of regions reported exploitation of vulnerable people

65% of regions reported exploitation of children

12% of regions reported exploitation of adults with physical disabilities

37% of regions reported exploitation of adults with mental health problems

61% of regions reported exploitation of drug users

Two key areas of vulnerability

Child Criminal Exploitation

Dealers groom children & young people and then force them to do their dirty work – selling and transporting drugs and money between urban areas & county towns

In the main, ours are travelling into North Yorkshire from urban areas (affectionately known as imports) But intelligence shows that local children are also getting drawn into it.

Cuckooing

Dealers use threats of violence to take over a vulnerable person's home - usually social housing properties - to store their drugs and cash and use as base for dealing drugs.

Those targeted are predominantly class A drug addicts *but also include*

- *the elderly*
- *those with mental or physical health impairments*
- *female sex workers*
- *single mothers.*

County Lines – North Yorkshire Police

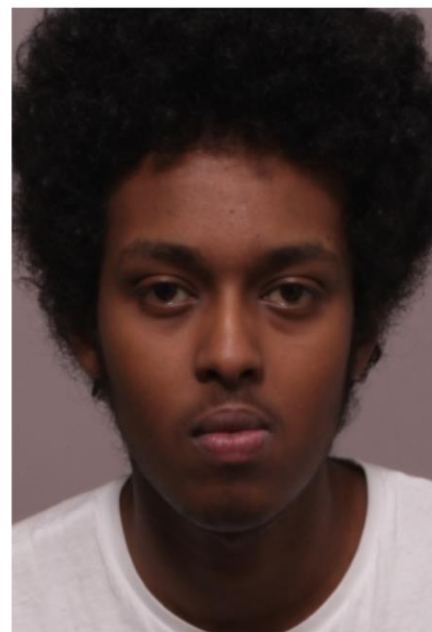
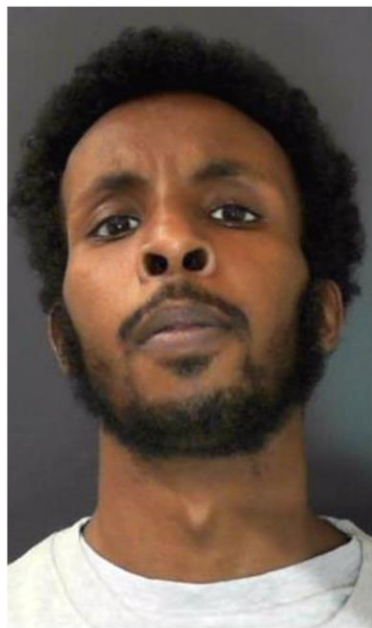


What are we doing about it?

More than **220** arrests
between April and October 2018



- Major operational priority
- Three dedicated teams in each area to disrupt activity
- All known lines subject to live investigation and disruption tactics
- Daily deployment of dedicated staff to disrupt market place
- Use of Automatic Number Plate Recognition
- Cease and desist notices
- Disruption panel working with partners
- Interventions for vulnerable people
- Partnerships with exporting police forces
- Intelligence sharing
- Daily reporting into national Crime Agency
- Engagement with vulnerable people through Neighbourhood Policing Teams



County Lines
drug dealers
sentenced to
more than **58**
years' jail
19 October
2018

JAILED
29 years

JAILED
14 years
9 months

JAILED
15 years

Julian Soares,
23, of Brixton

Guilty of wounding -
causing GBH, supplying
cocaine & heroin &
administering a
noxious substance

Mohamed Abdi, 26,
of Leicester

Guilty of wounding
with intent to cause
GBH and supplying
cocaine

Adirahman Shire,
22, of Leicester

Guilty of wounding
with intent to cause
GBH and supplying
cocaine

If you suspect
drug dealing
where you live
call us 101 or
Crimestoppers
0800 555 111

Scarborough: drug-dealer Harry Lomax jailed for 15 ½ years for stabbing victim with hunting knife

A violent "County Lines" drug-dealer operating in Scarborough was sent to prison for 15 ½ years for causing life-threatening injuries with a Rambo-style hunting knife.

Harry Lomax, 22, from Liverpool, carried out the attack on 22 February 2018. He pleaded guilty at Leeds Crown Court on 15 October 2018.

**JAILED:
15 ½ YEARS**





Leader of the gang

**JAILED
7 years**

Thomas Dean, 28
from Liverpool
guilty of
conspiracy to
supply crack
cocaine & heroin



**JAILED
6 years
9 months**

Adam Harwood, 27
of Liverpool
guilty of
conspiracy to
supply crack
cocaine & heroin



**JAILED
5 years**

Christopher
O'Donoghue, 49,
of Liverpool,
guilty of
conspiracy to
supply crack
cocaine & heroin

The top tier of a Merseyside drug gang who pedalled cocaine & heroin in Scarborough "county lines" operation jailed on 22 October 2018 for over 18 years. A fourth member of the gang was given a suspended 10-month sentence for helping to launder the money they made. Six other "foot-soldiers" working for the gang were jailed in 2017 for total of 17 years, 5 months, making a combined total of **37** years in jail.

#countylines

If you suspect drug dealing where you live call us 101 or Crimestoppers 0800 555 111

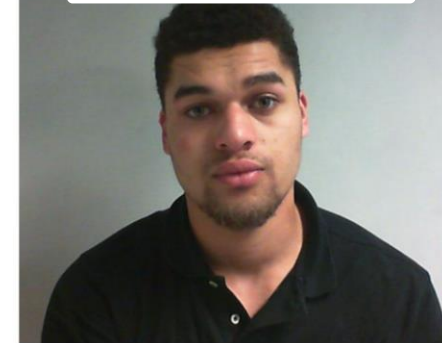
Out-of-town heroin pusher jailed for almost a decade after detectives bring down Scarborough drugs plot

- Heroin pusher arrested when detectives foiled an out-of-town drugs plot in Scarborough was jailed for nine-and-a-half years in August 2018.
- Reece Reynolds, 21, from Larkhill Walk, Gledhow in Leeds, was part of a "county lines" gang.
- Accomplices Jordan Page, 20, of Belle Isle, Leeds, and Jaqueline Hawkins, 50, of Filey, were sent to prison for three-and-a-half years and two years, three months respectively.

Reynolds

JAILED:

9 ½ YEARS



Page

JAILED:

3 ½ YEARS



Hawkins

JAILED:

2 YEARS, 3 months

Raising awareness

- Promotion of the “Trapped” campaign
- Promotion of Harrogate drug awareness video
- Social media campaign
- Media opportunities and promotion of justice outcomes
- Education packs for Youth Officers
- Linked into the National Crime Agency’s National Communications Group
- *View coverage report Oct 2018*

TRAPPED? Find a way out.

“just want my son back home, don't know where he is!”

“I'm trapped, I don't know how to get out.”

“better a sure cage his with shut.”

“He's been missing from school for quite a while.”

October 2018 saw a range of activity across the force in relation to county lines drug dealing

County Lines Lingo

North Yorkshire Police: **Be aware involved in county lines drug dealing if you hear any of them being used by the person you are talking to.**

Watch Tyne Tees report here

Raising awareness of cuckooing

North Yorkshire Police: **Drug dealers are pressurising vulnerable people to use their homes to store & sell drugs.**

Keep an ear out for #countylines lingo. If you hear these terms being used, the person may be involved in or know of county lines drug dealing activity. Report any suspicious activity to the police on 101 or Crimestoppers anonymously on 0800 555 111.

Minster FM

Police arrest teenager in “County Lines” crackdown
15 people are taken into custody after

Harrogate News

15 arrests in “county lines” crackdown
15 people, including a 16-year-old boy from Mersejide have been arrested since the beginning of October as part of the “Trapped” campaign.

The Regional Organised Crime Agency

adopted the Trapped campaign on behalf of all Yath forces

“Trapped” campaign

The “Trapped” campaign is aimed at young people who

Promotion of Crimestoppers’ FEARLESS education pack

North Yorkshire Police: **Do you work or volunteer with children or young people? This educational pack from Crimestoppers’ #Fearless programme can help raise awareness & get them talking. Talking about it could lead to a vulnerable young person being protected.**

Drug dealers are pressurising vulnerable people to use their homes to store & sell drugs

Look out for the signs of ‘cuckooing’ in your neighbourhood & report it:

- Increase in callers to a property
- Increase in vehicles at a property
- Different accents
- Increased antisocial behaviour
- Not seeing the resident for long periods of time
- Windows covered or curtains closed for long periods
- Communal or security doors wedged open

DO NOT approach anyone you suspect is dealing drugs

Call the police on 101 or Crimestoppers anonymously on 0800 555 111
If a person is in immediate danger, always call 999

TOM SHELDRIK
Reporting from York

How you can help

- Information Sharing
- Look for signs of cuckooing
- Ask questions of your vulnerable people
- Don't just focus on the drug community
- The runners are vulnerable too
- Be aware of the risks
- Safeguarding

Signs to look out for

Cuckooing

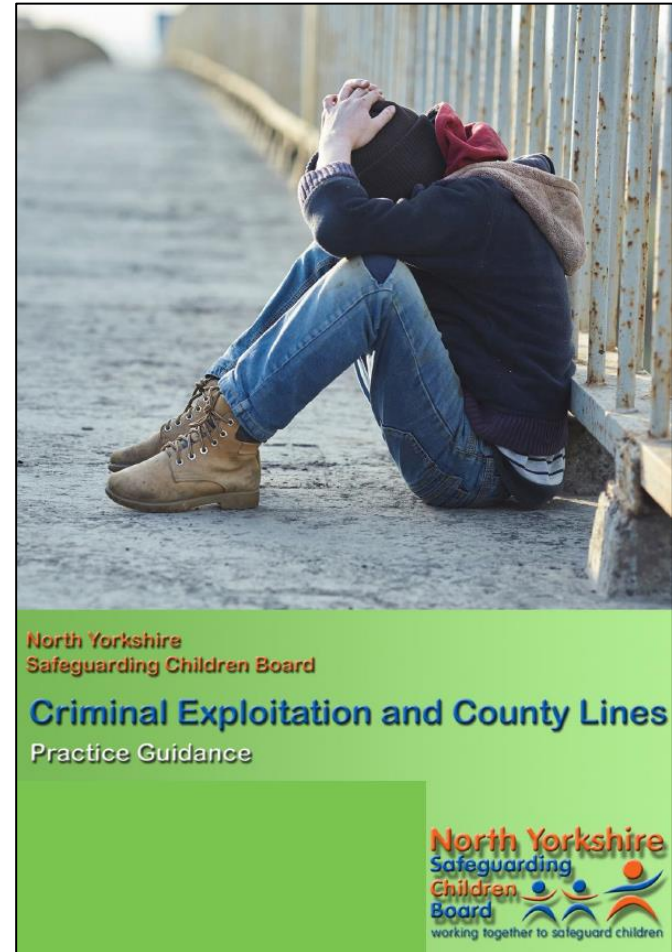
- Social housing
- Increased callers at a property
- Increase in cars pulling up for short periods of time
- Unfamiliar accents at a property
- Increased antisocial behaviour at a property
- Not seeing the resident for long periods of time
- Unfamiliar vehicles at the property
- Windows covered or curtains closed for long periods

Child exploitation

- Persistently going missing from school or home and / or being found out-of-area;
- Unexplained money, clothes, or mobile phones
- Excessive receipt of texts / phone calls
- Relationships with controlling / older individuals or groups
- Leaving home / care without explanation
- Suspicion of physical assault / unexplained injuries
- Carrying weapons
- Significant decline in school results / performance
- Gang association or isolation from peers or social networks
- Self-harm or significant changes in emotional well-being

What to do...

- Seek advice if you are not sure what to do next
- Refer child or young person to Multi-Agency Screening Team
North Yorkshire (01609 780780);
children&families@northyorks.gov.uk
City of York (01904 551900)
childrensfrontdoor@york.gov.uk
- Share information with police via Partnership Information Sharing Form
www.safeguardingchildren.co.uk/resources



Contacts

- **Dr Nigel Wells VoY CCG** nigelwells@nhs.net
- **Jacqui Hourigan** Jhourigan@nhs.net
07920 266404
Nurse Consultant Safeguarding Children and Adults
- **Karen Hedgley** karenhedgley@nhs.net
07946 337290
Designated Nurse for Safeguarding Children
- **Elaine Wyllie** elaine.wyllie@nhs.net
07917 800793
Designated Nurse for Safeguarding Children
- **Christine Pearson** Christine.pearson15@nhs.net
07872 117125
Designated Professional for Adult Safeguarding
- **Olwen Fisher** o.fisher@nhs.net
07970 832926
Designated Professional for Adult Safeguarding)