

Week 1 Cohort A Patients 1-10

Week 1 involves a full day session, for initial assessment and one to one sessions with each member of the clinical team.

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
0900-1000			Seminar		
1000-1100			New patient carousel		
1100-1200			New patient carousel		
1200-1230			New patient carousel		
1230-1300			Lunch		
1300-1400			New patient carousel		
1400-1500			New patient carousel		
1500-1600			New patient carousel		
1600-1700			New patient carousel		

Cohort A week 2-13 plan

Patients will attend a combination of psychological counselling, physiotherapy, and dietitian sessions based on their individual requirements; this will total between two and six hours of required attendance per week.

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
0900-1000	Psyc Coun A	Dietician One2One A			
1000-1100	Psyc Coun A	Dietician One2One A			
1100-1200	Physio One2one A				
1200-1230	Physio Tele support A	Dietician Tele support A			
1230-1300					
1300-1400	Physio One2one A				
1400-1500	Dietician Group session A			Physio Group session A	
1500-1600					
1600-1700					