



Vale of York
Clinical Commissioning Group

Patient Prospectus 2013-14



The best health and
wellbeing for everyone.

NHS Vale of York CCG area



Our GP Practices

- Beech Grove Medical Practice
- [Beech Tree Surgery](#)
- Clifton Medical Practice
- [Dalton Terrace Surgery](#)
- East Parade Surgery
- [Elvington Medical Practice](#)
- Escrick Surgery
- [Front Street Surgery](#)
- Gale Farm Surgery
- [Gillygate Surgery](#)
- Haxby Group Practice
- [Helmsley Surgery](#)
- Jorvik Medical Group
- [Kirbymoorside Surgery](#)
- Millfield Surgery
- [Minster Health](#)
- MyHealth
- [Old School Medical Practice](#)
- Petergate Surgery
- [Pickering Medical Practice](#)
- Pocklington Group Practice
- [Posterngate Surgery](#)
- Priory Medical Group
- [Scott Road Medical Centre](#)
- Sherburn Group Practice
- [South Milford Surgery](#)
- Stillington Surgery
- [Tadcaster Medical Centre](#)
- Terrington Surgery
- [The Surgery at 32 Clifton](#)
- Tollerton Surgery
- [Unity Health](#)
- Whitby Drive Practice
- [York Medical Group](#)

Introduction

Healthcare is changing. Improved, joined-up systems that support safe and responsive high quality services will provide local people with the opportunity to manage their own health and; when needed, quickly access an integrated system of professional health advice, diagnosis and care.

NHS Vale of York Clinical Commissioning Group (CCG) is leading on this work locally. Made up of GP practices, the CCG is an NHS organisation led by clinicians who see patients every day and understand the needs of the community and the impact that local services have on patients' health.

The CCG serves towns and cities including York, Selby, Easingwold, Tadcaster and Pocklington. The map opposite details the full area which takes in 34 GP practices and a population of nearly 333,000 people.

The CCG is responsible for the monitoring of commissioned healthcare in the Vale of York and the planning and design of many of the health services.

Our main areas of responsibility are:

- Planned hospital care
- Urgent and emergency care
- Rehabilitation care
- Community health services
- Mental health and learning disability services
- Tackling inequality including children's health and wellbeing

Our vision is to achieve **'the best health and wellbeing for everyone.'** Our partners and the strong relationships we have with them are central to the CCG achieving this goal. We will continue to value their support whilst we face up to a number of challenges - notably to achieve a financial balance whilst there is an increasing demand for services. Despite this we have ambitious plans.

Our objectives for 2013-14 are:

- To develop an integrated approach to delivering healthcare
- Commission healthcare based on the needs of individuals and deliver quality outcomes in the most appropriate setting
- Reduce health inequalities
- Support the self-management of health conditions
- Create and maintain change in the transformation of health care

To drive this delivery we will develop our proposals through appropriate decision-making channels at the right time and continue to prioritise healthcare outcomes by engaging with the public.



Dr Mark Hayes
Chief Clinical Officer



Rachel Potts
Chief Operating Officer

A message from the Chairman



Alan Maynard
Chairman NHS
Vale of York CCG

NHS Vale of York CCG will work with acute and mental health hospitals and primary care providers to ensure the provision of high quality care for the local population.

The health of the local community is generally good but significant pockets of deprivation remain. Where this occurs, the people who live in these communities experience a poorer and shorter quality of life, sometimes by as much as ten years. These outcomes are linked with obesity, alcohol consumption and tobacco use.

In collaboration with local authorities we are dealing with these important issues whilst ensuring the delivery of high quality health care services. Our ability to deliver this is constrained by our financial inheritance: a deficit of £3.5 million which we need to confront and deal with as soon as possible. This year the CCG will repay its inherited debt, and pave the way for opportunities to invest next year.

The pursuit of financial stability will lead to changes in service delivery that puts a greater emphasis on community care to reduce expensive hospital admissions and reducing unnecessary outpatient activity too.

In pursuit of these changes, we will strive to enhance both the understanding and support of the local community in this difficult period of austerity.

Our Vision

‘To achieve the best health and wellbeing for everyone in our community’.

Our Mission

To use our clinical knowledge and experience and work with our partners to:

- Commission excellent healthcare on behalf of and in partnership with everyone in our community
- Involve the wider clinical community in the development and implementation of services
- Enable individuals to make the best decisions concerning their own health and wellbeing
- Build and maintain excellent partnerships between all agencies in health and social care
- Lead the local health and social care system in adopting best practice from around the world
- Ensure that all this is achieved within the available resources

Performance and standards

Our key priorities are based on the health needs of local people, the discussions we have with patients and the public and feedback from GPs, other clinicians and partners. The priorities allow us to make positive steps towards improving the health of the Vale of York community by re-balancing the local health economy, education and prevention through effective commissioning. Our transformation programme will ensure that we have the processes in place to achieve outcomes in the following areas:

- Prevent people from dying prematurely
- Enhancing quality of life for people with long term conditions
- Helping people to recover from episodes of ill health or following injury
- Ensuring people have a positive experience of care
- Treating and caring for people in a safe environment and protecting them from avoidable harm

Focused on delivering clinical outcomes and reducing health inequalities we are driving a change in culture and behaviour. Engaging the whole local health and social care system to transform clinical and supporting services our priorities are linked to the National Outcomes Framework, Health and Wellbeing Strategies, Everyone Counts: Planning for Patients 2013/14 and the local Joint Strategic Needs Assessment.



The golden thread that runs through and supports this work are the CCG's cross cutting priorities:

- Reducing inequalities
- Delivering Outcomes Frameworks
- Choice and shared decision making
- Integration of care
- Quality of information
- Promoting growth, innovation and research
- NHS Constitution

Effectiveness, efficiency and value for money

Our strong relationships, constructive dialogue and the close management of healthcare provider contracts are key to the successful delivery of services.

The CCG is proactive in its approach to managing local contracts, and this provides important performance data and information about our service providers for Acute and Community care, Mental Health care and Primary care. To support this work we have also determined three local priorities and targets for 2013-14:

- Reduction in emergency admissions for acute conditions that should not usually require hospital admissions
- Dementia – increased diagnosis rates
- Unplanned hospitalisation for chronic ambulatory care sensitive conditions



Our Governing Body



Dr Mark Hayes
Chief Clinical Officer



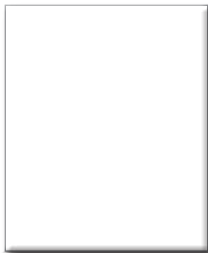
Rachel Potts
Chief Operating Officer



Professor Alan Maynard
Chair



Keith Ramsey
Lay Member and
Audit Committee Chair



Vacant
GP, Council of
Representatives
Member



Vacant
GP, Council of
Representatives
Member



Dr Shaun O'Connell
GP Member



John McEvoy
Practice Manager
Representative



Dr Andrew Philips
GP Member



Dr Tim Maycock
GP Member



Dr Emma Broughton
GP Member



Tracey Preece
Chief Finance Officer



Dr Wendy Barker
Acting Executive
Nurse



Dr Paul Edmundson-Jones
Director of
Public Health and Wellbeing
City of York Council

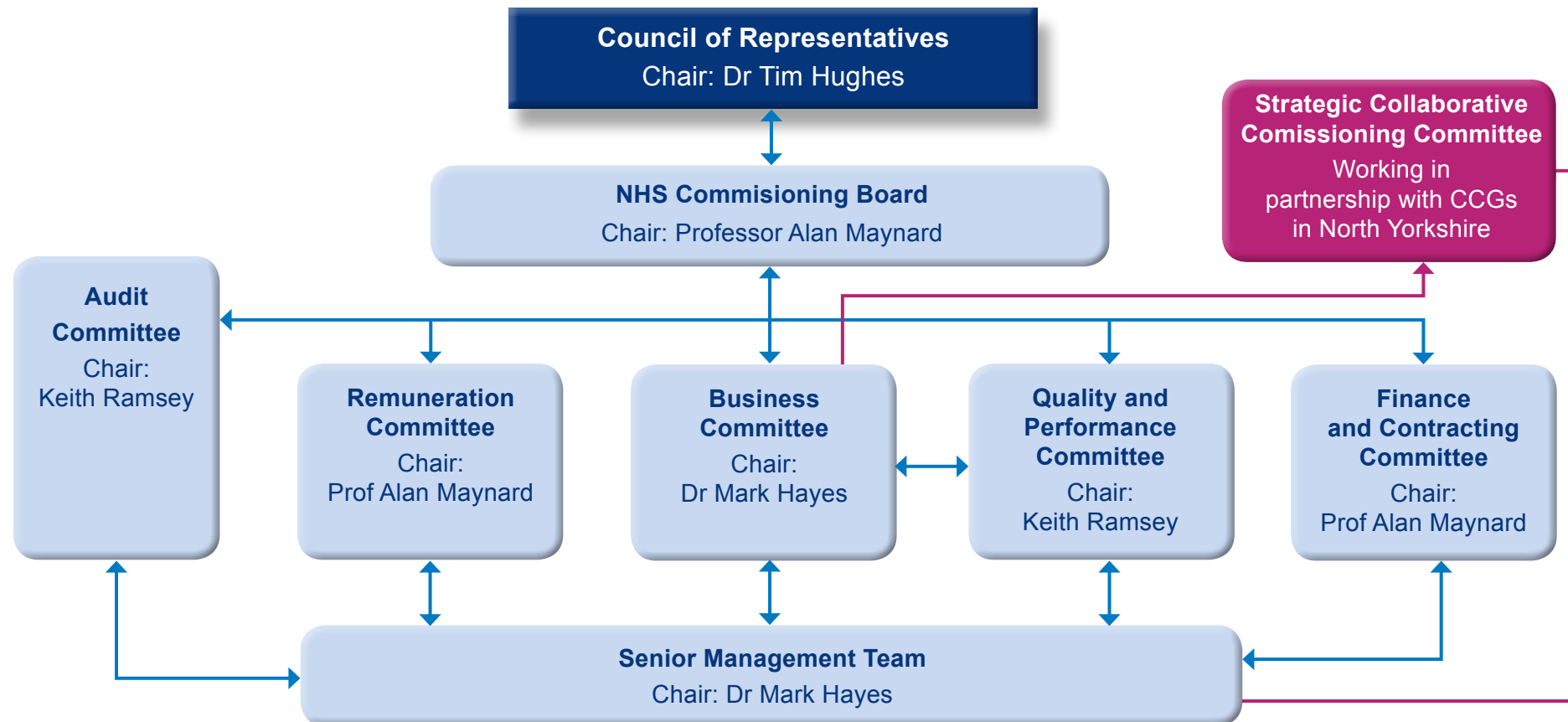


Dr Guy Porter
Secondary Care
Doctor Member



Dr Brian McGregor
Local Medical Committee
Liaison Officer,
Selby and York

NHS Vale of York CCG Governance Structure



Finance

To deliver our priorities, the CCG has set robust budgets. Meeting the requirements of the “Everyone Counts” framework, we have had the platform to develop our Financial Strategy.

Through sound governance measures and strong financial control we will continually review the overall budget plan which will identify key issues and potential major risks.

Throughout the financial planning process we will set realistic budgets and ensure that we provide sufficient resource to meet the CCG’s local priorities.

We will also apply this guiding principle throughout our Quality, Innovation, Productivity and Prevention plan (QIPP) to ensure that whilst challenging, it is deliverable. The main focus will be around the

strategic redesign of services that will enable us to create significant reductions associated with secondary care activity.

Benchmarking data from many sources including, Better Care Better Value; Standard Admission Rates and Programme Budgeting alongside audit data and other reports have provided the evidence for where to target the QIPP savings in the NHS Vale of York CCG area. The QIPP plan includes:

- Urgent Care Programme
- Primary Care
- Prescribing
- Elective Care
- Mental health
- Transactional and New Schemes
- Long Term Conditions (including frail, older people)

Our budget for 2013-14

Every penny in our budget is important; providing vital healthcare services for the Vale of York.

Expressed as pence in the pound, the following represents how we spend each £1.

Service	Total budget
Acute Care	199,998,406
Ambulance Services	13,123,500
Continuing Health Care and Funded Nursing Care	28,050,292
Community Services	25,112,147
Mental Health	39,125,272
Out of hours GP Service and GP costs	2,893,501
Prescribing	45,288,800
CCG Running Costs	8,330,000
Total	364,726,698



Key

Acute Care	55p
Ambulance Services	3.5p
Continuing Health Care and Funded Nursing Care	7.5p
Community Services	7p
Mental Health	11p
Out of hours GP Service and GP costs	1p
Prescribing	12.5p
CCG Running Costs	2.5p

'No decision about me, without me'

- our engagement promise

We want to give everyone the opportunity to have their say about healthcare and help to influence decisions about services. Embracing the concept of 'no decision about me, without me' we are committed to provide the opportunities for the Vale of York community to have a two way conversation with the CCG so they can tell us about their experiences and give us their views about local healthcare.

This conversation will also be open and honest. Throughout our commissioning process, there are key points where we aim to have these discussions:

- When we assess the needs of our local population
- While reviewing the existing provision of services
- When we decide upon what are organisation's priorities
- When we design or re-design services
- Throughout the management and monitoring of performance
- When we need to seek patient views and experiences of local health services.

Our Public and Patient Forums are open meetings giving the public the opportunity contribute to discussions and give their views on local CCG activities. The Public and Patient Engagement Steering Group monitors and oversees our engagement practices and makes sure that our these follow our guiding principles:

- Inclusiveness
- Honesty & Clarity
- Commitment
- Accessibility
- Accountability
- Responsiveness
- Willingness to Learn
- Productivity
- Partnership Approach

Our Values

Throughout our work, our values will underpin everything we do:

- **Communication.** Open and clear at all times, inside and outside the organisation
- **Courage.** To believe that our community can understand complex health issues and be trusted to take part in decision-making
- **Empathy.** We understand that not all illness can be cured. We understand the suffering this causes and we work to reduce it.
- **Equality.** We believe that health outcomes should be the same for everyone. We will reduce unnecessary inequality.
- **Innovation.** We believe in continuous improvement and we will use the creativity of our stakeholders and staff.
- **Integrity.** We will be truthful, open and honest; we will maintain consistency in our actions, values and principles.
- **Measurement.** Successful measurement is a cornerstone of successful improvement.
- **Prioritisation.** We will use an open and transparent process to arrive at value driven choices.
- **Quality.** We strive to be the best that we can be and to deliver excellence in everything we do.
- **Respect.** We have respect for individuals, whether they are patients or staff colleagues; we respect the culture and customs of our partner organisations.

NHS Vale of York CCG constitution



The Constitution sets out the rules and guidelines for how we work and how decisions are made. Because NHS Vale of York CCG is a public body, we work in a way that meets the relevant legal duties and regulations that govern NHS organisations. Our constitution reflects the principal legislation set out in the Health and Social Care Act 2012 and supports the promotion of a comprehensive health service. Being a public document; we provide a copy of the Constitution on our website.

NHS England are responsible for making sure that our Constitution is fit for purpose and approve any changes that are recommended by the Member Practices – the GP Practices that make up the CCG. The Constitution details the NHS Vale of York CCG arrangements for:

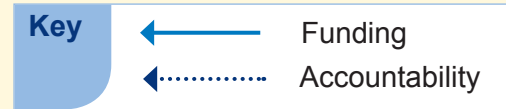
- The local membership of GP practices
- The Vision, Mission and Vales of the CCG
- The legal duties of the NHS
- The decision making structure for the CCG and the 'Scheme of Reservation and Delegation' – that sets out which committees or individuals can make specific decisions
- Roles and responsibilities of the CCG's Council of Representatives, the Governing Body, Committees and senior roles
- Standards of business conduct and managing conflicts of interest. For example how we make sure we are transparent and work solely in the interests of the public.
- Employment regulations and ways of working



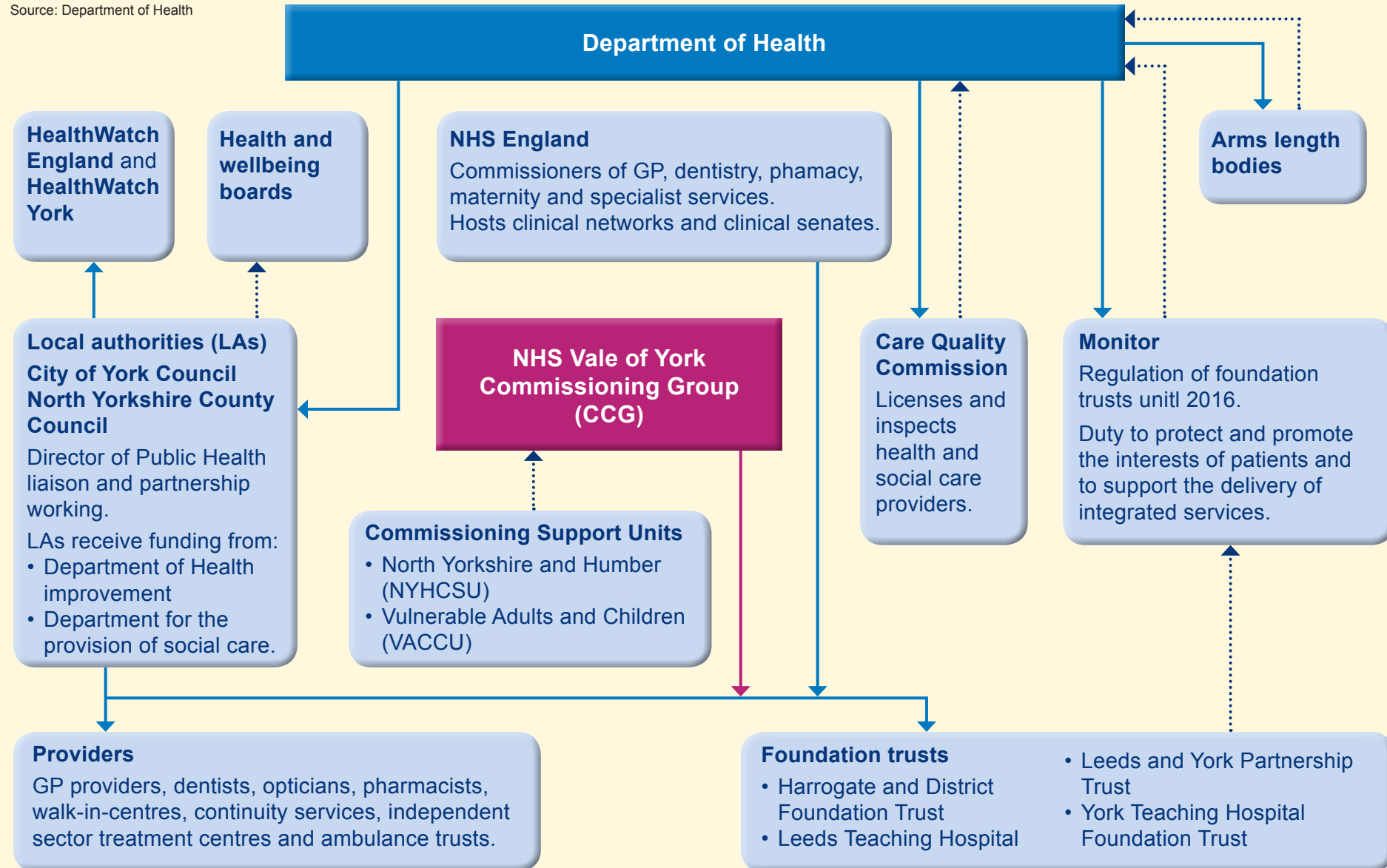
We are committed to ensure quick access to services and through our delivery of the NHS Constitution and work with providers to:

- Provide a comprehensive service, that is available to all
- Provide access to NHS services based upon clinical need, not an individual's ability to pay
- Aspire to the highest standards of excellence and professionalism
- Reflect the needs and preferences of patients, their families and their carers
- To work across organisational boundaries and in partnership with other organisations in the interest of patients, local communities and the wider population
- Be committed to providing the best value for taxpayers' money and the most cost-effective, fair and sustainable use of finite resources
- Be accountable to the public, communities and patients that we serve.

The NHS structure



Source: Department of Health



Let's talk health

Open, honest, two-way conversations - at the right time.

That's how we like to talk. We want to give local people the opportunity to have their say and shape the decisions about healthcare priorities and the services that deliver them.



Get in touch

NHS Vale of York Clinical Commissioning Group
West Offices
Station Rise
York Y01 6GA

Phone 01904 555870

 @valeofyorkCCG

Here's how you can get involved in the discussions:

My CCG	Sign up for NHS Vale of York CCG alerts and receive invitations to take part in opinion surveys and events
Online	www.valeofyorkccg.nhs.uk or email valeofyork.contactus@nhs.net
Your local GP surgery	Join your local Patient Participation Group
Public meetings	Everyone is welcome to join our public meetings
Governing Body meetings	The public are invited to observe the meeting and submit questions
Consultations and events	Get involved and be part of our activities and consultations



If you need this information in another format or language, please phone 01904 555870 or email valeofyork.contactus@nhs.net