

WHEN ARE BONE SCANS NECESSARY?

DO

- ✓ Measure BMD to assess fracture risk in people aged under 40 years who have a major risk factor, such as a history of multiple fragility fracture, major osteoporotic fracture or current or recent use of high-dose oral or high-dose systemic glucocorticoids (more than 7.5 mg prednisolone or equivalent per day for 3 months or longer)
- ✓ Measure BMD to assess fracture risk in people aged over 50 years of age with a history of fragility fracture

DO NOT

- ✗ Measure BMD within a two year time interval as unlikely to provide meaningful clinical information
- ✗ Routinely measure BMD to assess fracture risk without prior assessment using FRAX (without a BMD value) or QFracture

CONSIDER

- ? Following risk assessment with FRAX (without a BMD value) or QFracture, consider measuring BMD with DXA in people whose fracture risk is in the region of an intervention threshold for a proposed treatment, and recalculate absolute risk using FRAX with the BMD value
- ? Consider BMD measurement at the end of a course of treatment e.g. 3-5yrs of oral bisphosphonate in high risk patient e.g. significant ongoing risk factors that are likely to need further treatment after a treatment break

If uncertain re: interpretation of results or whether a DXA scan is required, please ask using Advice and Guidance

Referral Support Service

The Referral Support Service area on the CCG website contains lots of useful information including (but not limited to) - CCG clinical thresholds, referral information and guidance documents, IFR documentation and process and links to external resources.

The specialties covered are:

- Allergy
- Cancer
- Cardiology
- Chronic Pain
- Complementary Medicine
- Dermatology
- Diagnostics (Radiology/ Pathology)
- Endocrinology
- ENT
- GI and Liver
- Gynaecology
- IVF
- Learning Disability
- Lifestyle Management
- Living Well Service
- Mental Health
- Neurology
- Ophthalmology
- Orthopaedics
- Podiatry
- Rheumatology
- Sleep Medicine
- Surgery –Breast
- Surgery – not otherwise specified
- Surgery – Plastic
- Surgery – Vascular
- Urology

You can access all the necessary information at www.scarboroughryedaleccg.nhs.uk/rss-srccg



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