



The Recovery College Online website has been developed by Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV) and has two main areas:

- a public area available to anyone worldwide, providing generic, non-Trust specific information on mental health and wellbeing topics.
- an e-learning section providing teaching and learning on a range of mental health topics, available to anyone within the TEWV catchment area as well as those in Northumberland Tyne and Wear NHS Foundation Trust and Cumbria Partnerships NHS Foundation Trust.

Content on both areas of the website has been co-written from different perspectives and includes overview from those with lived experience. There are service user stories on the site along with site information, views and opinions, as well as the training courses, resources and forums specific to individual logins.

We have now launched an area on the website for young people, their families, teachers and other professionals. This can be accessed via the main website.

Log on now at [www.recoverycollegeonline.co.uk](http://www.recoverycollegeonline.co.uk) or if you have any queries in relation to the site, contact us by sending an e-mail to [tewv.vrc@nhs.net](mailto:tewv.vrc@nhs.net)

[www.recoverycollegeonline.co.uk](http://www.recoverycollegeonline.co.uk)



/recoverycollegeonline



@\_RCOnline\_

making a

difference

together