## Liver Disease and Liver Blood Tests: A guide for Primary Care

LBT's are a poor diagnostic test and a poor exclusion test for chronic liver disease

1 in 3 adults drink alcohol in a harmful fashion or above safe limits Most chronic liver disease is asymptomatic until liver failure occurs

>95% chronic liver disease in UK is due to Alcohol, non-alcoholic fatty liver disease (NAFLD) and Hepatitis B or C

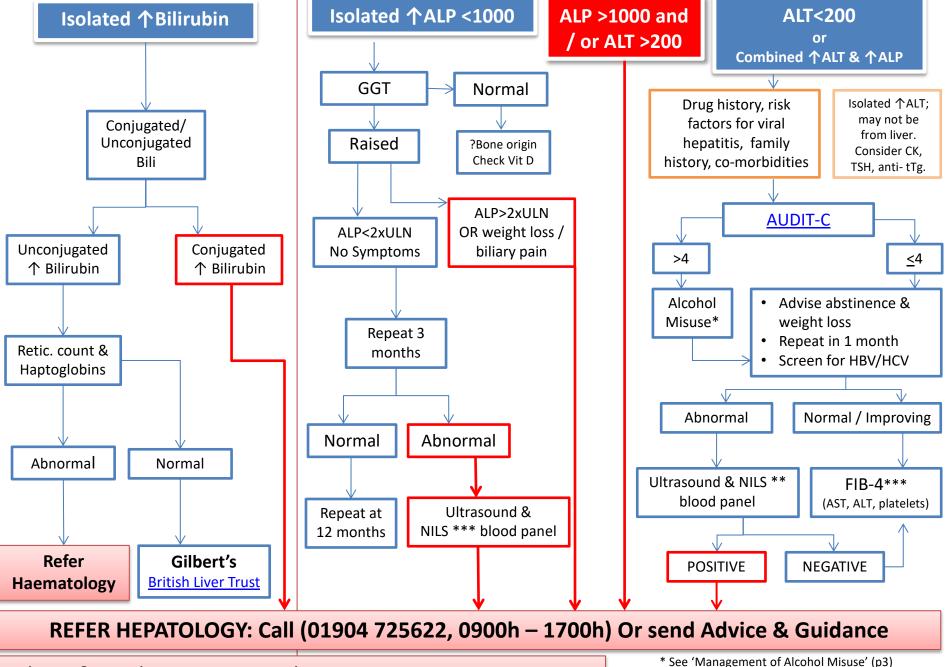
1 in 4 adults have fatty liver disease

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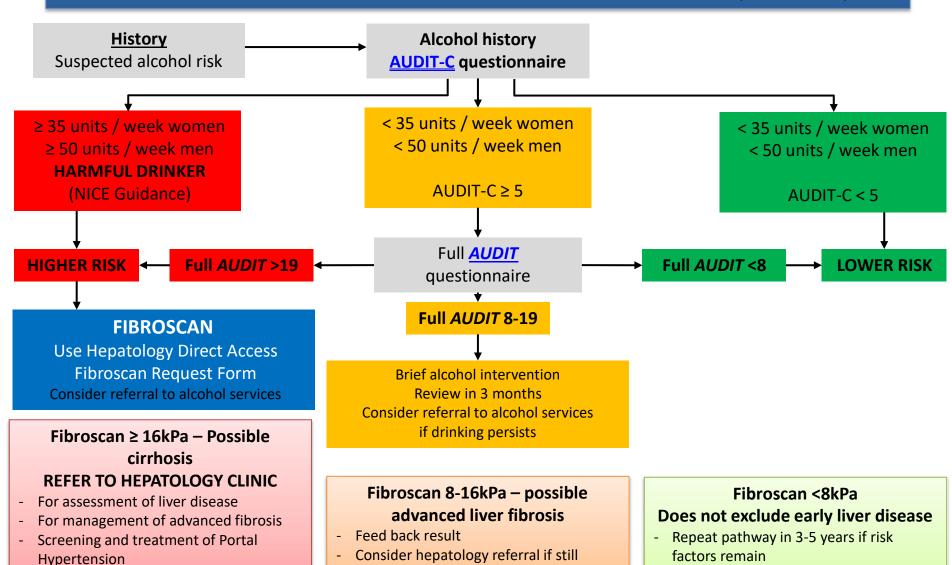


Advice & Guidance to Hepatology – typical response within 72h \*\*\* See Management of NAFLD (p4)

<sup>\*\*</sup> NILS = Non-Invasive Liver Screen (via ICE)

## **Management of Alcohol Misuse**

Ref: Newsome PN, et al. Gut 2018; **67**:6-19



drinking harmfully

HCC screening and management

## Management of NAFLD

Ref: Newsome PN, et al. Gut 2018; 67:6-19

