

## **North Yorkshire and York Adult Autism and ADHD Assessment and Diagnostic Service**

The North Yorkshire and York Health and Care Partnerships are piloting the introduction of criteria for referral to assessment for adult autism and ADHD, and a new approach to screening for neurodiversity.

These changes are due to the unprecedented demand that has exceeded supply, resulting in unacceptable wait times and the need to prioritise resources towards most at-risk adults.

From Monday 27 March, referrals will be directly through a web-based screening and assessment system called Do-it Profiler. People seeking an assessment can be given access to the Do-it Profiler from their GP.

The pilot is intended to test the new referral process and the Do-it Profiler approach over the next three months.

An outline of Do-it Profiler is available on the following link:

<https://doitprofiler.com/>

The profiler scores responses to the eligibility criteria and will refer those who meet one or more of these directly to The Retreat who will determine their suitability for assessment.

All those who complete the profiler will receive immediate functional guidance and a unique profile describing strengths, challenges, and the skills to develop at home, socially and in the workplace.

Healthwatch York will conduct an independent assessment of the pilot. Feedback is welcome at any time and can be submitted to Healthwatch York on

<https://www.smartsurvey.co.uk/s/YorkAADHDPathway/>

or via email [healthwatch@yorkcvs.org.uk](mailto:healthwatch@yorkcvs.org.uk). All feedback is welcome and will help inform evaluation of the pilot and future commissioning decisions.

For further information on the Do-It Profiler, including technical support, any questions on how friendly it is for Autism and ADHD please contact:

North Yorkshire [hnyicb-ny.engagement@nhs.net](mailto:hnyicb-ny.engagement@nhs.net)

York [hnyicb-voy.contactus.yorkhcp@nhs.net](mailto:hnyicb-voy.contactus.yorkhcp@nhs.net)