



Referral Support Service

Breast

B08 Nipple Discharge

Definition

Unilateral or bilateral discharge from nipple.

Red flags

Unilateral discharge – whether blood stained or clear. Any associated lump or nipple/skin changes.

Management

If age > 50 yrs and unilateral discharge needs 2WW referral.

If < 50yrs and unilateral discharge refer non urgently. Non-urgent referrals are still part of the "breast symptomatic pathway". These are normally seen within two weeks.

Galactorrhoea – see relevant guideline.

Information to Include in referral letter Symptoms and duration. Any Family history. Relevant PMH.

BILATERAL discharge or Galactorrhoea does **NOT** require referral to Breast surgery. In galactorrhoea patient should be referred to **Endocrinology**.

References

NICE guideline 12 Suspected Cancer recognition and referral updated Jan 2021. Breast Cancer Now.

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